

B.A. (Hons) With Research in Psychology 2026-27 (4 Year Program)

Minor in Health and Sports Psychology

1 YEAR - Certificate

SEMESTER-1

Sl No	Course Name	Course Category	Course Type					
				Course	L	T	P	
1	Psychology: Concepts and Contexts	ERP	Integrated	Major-1	100	3	0	1
2	Foundation of Contemporary Psychology	ERP	Theory	Major- 2	100	4	0	0
3	Introduction to Health Psychology	ERP	Comprehensive	Minor 1	100	2	0	1
4	/ Climate Justice: Institutions, Naratives and Social Change/Analysing C /Academic Writing and Compositions/ / Fundmentals of Economics/ Psychological First Aid	ERP	ERP	MDC-1	100	3	0	0
	Communicative Language Skills-I	ERP	ERP	AEC-I	100	1	0	1
	Universal Human Values and Professional Ethics	ERP	ERP	SEC-1	100	2	0	1

tal Credits

SEMESTER-2

Sl No	Course Name	Course Category	Course Credits/Blended/ Comprehensive	Course Type				
					Course	L	T	P
1	Think Like a Researcher	ERP	Major 3	100	Theory	4	0	0
2	Physiological Psychology	ERP	Major 4	100	Theory	4	0	0
3	Vedic Psychology and Well-being	ERP	Minor 2 (IKS)	100	Theory	4	0	0
4	Perspectives on Trauma Studies/ Couselling Psychology : Cricis Intervention and Suicide Prevention/ Entrepreneurship & Social Innovation Business Economics/ Human Rights	ERP	MDC-2	100	Theory	3	0	0
	Communicative Language Skills-II	ERP	AEC-II	100	ntegrated	1	0	1
	Emotional Intelligence	ERP	SEC-2	100	Theory	3	0	0
	Data and Digital Literacy	ERP	VAC-1	100	Project	1	2	0
				Total				

2 YEAR- Diploma

SEMESTER-3

Sl No	Course Name	Course Code	Course Category	Course Type				
					Course	L	T	P
1	Statistics in Psychological Research-I	ERP	Theory	Major-5	200	4	0	0
2	Social Psychology	ERP	Theory	Major-6	200	4	0	0
3	Health Behavior and Lifestyle Management	ERP	Comprehensive	Minor-3	200	2	0	1
4	Welfare Schemes and Policies in India : Critical Analysis/ Corporate Social Responsibility Personality Development/	ERP	MDC-3		200	1	0	1
5	Hindi/ Intellectual Property Rights	ERP	AEC-3		200	2	0	0
6	Project Based Learning (Practical)	ERP	SEC-3		200	0	0	6
7	AI and Cognitive Systems	ERP	VAC-2		200	1	1	0

SEMESTER-4

Sl No	Course Name	Course Code	Course Category	Course Type	Course	L	T	P
					L			
1	Cognitive Psychology	ERP	Theory	Major-7	200	4	0	0
2	Environmental Psychology	ERP	Comprehensive	Major 8	200	4	0	0
3	Chronic Illness and Psychological Adjustment			Minor-4	200	4	0	0
4	Introduction to Clinical Psychology/ Human Resource Development	ERP	Generic Elective-1	Major 9	200	2	0	2
5	Research Paper Writing	ERP	AEC-4	Theory	200	2	0	0
7	Prompting and AI Tools	ERP	VAC-3	Theory	200	1	1	0
	* Innovative Leadership (those opting for BA (H) in 3 years	ERP	Not for 4 year program	Theory	200	2	0	0

20

3 YEAR- Degree

SEMESTER-5

Sl No	Course Name	Course Category	Course Type	Course	L	T	P

2	Statistics in Psychological Research-II	ERP	Theory	Major-10	300	4	0	0
3	Diagnostic/ Organizational Change and Development/ Social Cog	ERP	Major-Elective 2 (Major-13	Major11	300	4	0	0
4	Introduction to Neuropsychology	ERP	Theory	Minor-5	300	4	0	0
5	Internship	ERP	Internship		300	0	0	0

6	AI-Driven Data Visualization and Storytelling	ERP	VAC-4	VAC	300	1	1	0
	* Entrepreneurial Psychology (those opting for BA (H) in 3 years)	ERP	Not for 4 year program		300	4	0	0

SEMESTER-6

Sl No	Course Name	Course Category	Course Type	Course	L	T	P
1	Entrepreneurial Psychology	ERP	Major 12	300	4	0	0
2	Therapeutic Intervention/ Training and Development/ Psychology of	ERP	Major Elective 3	300	4	0	0
3	Medical Psychology/ Consumer Behaviour & Advertisement Psychology	ERP	Major Elective 4	300	4	0	0
4	Psychology of Gender	ERP	Integrated	300	3	0	1
5	Pain Management and Palliative Care	ERP	Theory	300	4	0	0
	Total						

* Dissertation (Those opting for BA (H) in 3 years) ERP Not for 4 year program

4 YEAR- Degree with Honours

SEMESTER-7

Sl No	Course Name	Course Category	Course Type	Course	L	T	P
1	Perspectives of Counselling Practice/ Measurement and Assessment	ERP	Major-Elective 5 (Major 17)	400	4	0	0
2	Areas of Counselling/ Employee Selection Process/ Race, Gender	ERP	Major-Elective 6 (Major 18)	400	4	0	0
3	Ethics and Professional Standards	ERP	Major	400	4	0	0
4	Community Health and Preventive Psychology	ERP	Theory	400	4	0	0
5.1	Psychology and Media		Theory	400	4	0	0
							20

SEMESTER-8

Sl No	Course Name	Course Category	Course Type	Course	L	T	P
2	Hospital and Rehabilitation Psychology	ERP	Theory	400	4	0	0
	Positive Psychology	ERP	Theory	400	4	0	0
3	Dissertation	ERP	Project	400	0	0	1
	or						
3.1	Forensic Psychology	ERP	Theory	400	4	0	0

3.2	Social Sensitivity Skill	ERP	Theory	Theory	400	4	0	0
3.3	Psychology in Action	ERP		Theory	400	0	0	0

Students are not undertaking research (due to CGPA below 7.5) then they will be doing 3 theory courses in lieu of Dissertation/Project

Year	Semester	Credits	
I Year	Sem I	20	
	Sem II	22	
II Year	Sem III	22	
	Sem IV	20	
III Year	Sem V	18	
	Sem VI	20	
IV Year	Sem VII	20	
	Sem VIII	20	
Total Credit		162	

Major Elective Basket -I						
Sl No	Course Name	Course Code	Course Category	Employment	Course Level	
			(Integrated/Blended/ Comprehensive)			
						L
1	Introduction to Clinical Psychology	ERP	Comprehensive	Employment	300	2
2	Human Resource Development	ERP	Integrated	Employment	300	3
3	Applied Social Psychology	ERP	Theory	Employment	300	4
Major Elective Basket -II						
Sl No	Course Name	Course Code	Course Category	Employment	Course Level	
			(Integrated/Blended/ Comprehensive)			
						L
1	Psychodiagnostic	ERP	Theory	Employment	300	4
2	Organizational Change and Development	ERP	Theory	Employment	300	4
3	Social Cognition	ERP	Theory	Skill Development	300	4

Major Elective Basket -III						
Sl No	Course Name	Course Code	Course Ca	Empl	Course Level	
			(Integrated/Blended/ Compre			
						L
1	Psychotherapeutic Interv	ERP	Theory	Empl	300	4
2	Training and Developmen	ERP	Theory	Empl	300	4
3	Psychology of Persuasion	ERP	Theory	Skill De	300	4
Major Elective Basket -IV						
Sl No	Course Name	Course Code	Course C	Empl	Course Level	
			(Integrated/Blended/ Comp			
						L
1	Specializations in Clinical	ERP	Theory	Empl	300	4
2	Consumer Behaviour & A	ERP	Theory	Empl	300	4
3	Group Behaviour	ERP	Theory	Skill De	300	4
Major Elective Basket -V						
Sl No	Course Name	Course Code	Course C	Empl	Course Level	
			(Integrated/Blended/ Comp			
						L
1	Perspectives of Counsellin	ERP	Theory	Empl	300	4
2	Measurement and Assess	ERP	Integrate	Empl	300	3
3	Psycho-social Rehabilitati	ERP	Theory	Empl	300	4
Major Elective Basket -VI						
Major Elective Basket -VI						
Sl No	Course Name	Course Code	Course C	Empl	Course Level	
			(Integrated/Blended/ Comp			
						L
1	Areas of Counselling	ERP	Theory	Entrep	300	4
2	Empl oyee Selection Proc	ERP	Integrate	Empl	300	3
3	Race, Gender and Culture	ERP	Theory	Skill De	300	4

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