

NOTICE

Date: 18-12-2025

All students are hereby informed that the School of Nursing is organizing Industry Visit on 23-12-2025 from 10:00AM – 01:00PM.

All Students are expected to attend the visit. Your Participation and engagement are highly encouraged.

Details of Industrial Visit are as follows:

23-12-2025 from 10:00AM – 01:00PM

Venue: IHBAS Hospital, Dilshad Garden, Delhi

Event Coordinator: Mr. Adil Hussain

Contact No: 9717143024

Contact for any query related to this event.

Dean

Dr. Lekha Bist

Galgotias School of Nursing



INDUSTRY VISIT TO

Institute of Human Behaviour and Allied Sciences (IHBAS) Hospital



23TH
December,
2025

10:00
AM

IHBAS Hospital
Dilshad Garden, Delhi



INSTITUTION'S
INNOVATION
COUNCIL
(Ministry of Education Initiative)



Event Report

Title of Activity*

Industry Visit to IHBAS

Organized by (School/Centre Name)*	Galgotias School of Nursing
Date*	23-12-2025
Time*	10:00 AM – 1:00 PM
Poster*	
YouTube/Facebook Link: (if live)	

<i>steamed or video posted on FB/YT)</i>	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.instagram.com/p/DTxCNp8E3eD/?igsh=MWVicGc1bGNoaHFmYg==

No. of participants * <i>(only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)</i>	50
SDG	
Photograph-1	

Photograph-2



Photograph-3



Photograph-4



Description (min 150 to max 800 words) *

An industry visit to the *Institute of Human Behaviour and Allied Sciences (IHBAS) Hospital*, Dilshad Garden, Delhi, was successfully organized on **23rd December 2025** by Galgotias University for students of psychology and allied disciplines. The visit commenced at **10:00 AM** and aimed to provide students with first-hand exposure to the practical functioning of a leading tertiary-care mental health and neurosciences institution in India. The initiative was undertaken as part of experiential learning to bridge the gap between classroom-based theoretical knowledge and real-world clinical practice.

IHBAS is a renowned autonomous institute under the Government of NCT of Delhi and is recognized for its comprehensive services in psychiatry, neurology, neurosurgery, clinical psychology, psychiatric social work, and rehabilitation sciences. The visit offered students an opportunity to understand the multidisciplinary approach adopted by mental health professionals in addressing complex psychological and neurological disorders.

Upon arrival, the students were formally welcomed by the hospital authorities and faculty members of IHBAS. An introductory session was conducted to familiarize the students with the history, vision, and mission of the institute. The resource persons elaborated on the organizational structure of the hospital and highlighted the role of various departments in delivering integrated mental health care. Emphasis was laid on the importance of evidence-based practice, ethical standards, and patient-centric care in psychiatric settings.

During the visit, students were given detailed insights into different psychiatric disorders such as mood disorders, anxiety disorders, schizophrenia, substance use disorders, and neurodevelopmental conditions. The experts discussed diagnostic procedures including clinical interviews, psychological assessments, and the use of standardized psychometric tools. Students also learned about treatment modalities such as pharmacotherapy, psychotherapy, behavioral interventions, and psychosocial rehabilitation. The role of teamwork among psychiatrists, clinical psychologists, psychiatric social workers, nurses, and occupational therapists was highlighted as a key component in effective mental health treatment.

A significant part of the visit focused on understanding the functioning of inpatient and outpatient services at IHBAS. Students were briefed about patient admission procedures, case documentation, treatment planning, and follow-up mechanisms. The hospital's emphasis on confidentiality,

	informed consent, and ethical considerations while dealing with vulnerable populations was strongly emphasized. This exposure helped students appreciate the sensitivity and responsibility required while working in mental health care settings. The students were also introduced to the rehabilitation services offered by IHBAS, which play a crucial role in the long-term recovery and social reintegration of patients. Discussions were held on vocational training, family counselling, community outreach programs, and awareness initiatives conducted by the institute to reduce stigma related to mental illness. These interactions broadened the students' understanding of mental health beyond clinical treatment, highlighting the social and community dimensions of psychological well-being. Interactive sessions with mental health professionals allowed students to ask questions and clarify their doubts regarding career pathways, professional challenges, and future opportunities in the field of psychology and allied sciences. The professionals shared their experiences, offering valuable guidance and motivation to the students. This interaction proved to be highly inspiring and informative, encouraging students to pursue ethical and compassionate practice in their future careers. The industry visit to IHBAS was a highly enriching experience that significantly enhanced the students' practical understanding of mental health care systems. It enabled them to observe the application of theoretical concepts in real-life clinical settings and develop a deeper appreciation for the complexities involved in psychiatric care. The visit also helped foster empathy, awareness, and professionalism among the students, which are essential qualities for mental health practitioners. Overall, the visit achieved its educational objectives by providing meaningful exposure to a premier psychiatric institution and reinforcing the importance of holistic, multidisciplinary, and ethical approaches in mental health care. The experience was both informative and impactful, leaving a lasting impression on the students and contributing positively to their academic and professional development.
Attendance sheet*	Offline event
Report Submitted by <i>(write faculty coordinator name)</i>	Mr. Adil Hussain

S.No.	Name	Signature
1	Jean Paul Kabwe	Ab
2	Aakriti Yadav	Aakriti
3	Abdul Khan	Abdul
4	Abhinav Kumar	Ab
5	Abhishek Singh	Abhishek Singh
6	Agam Atttri	Agam Atttri
7	Anisha Raj	Anisha
8	Arzoo	Arzoo
9	Asif Ali	Asif Ali
10	Atul .	Atul
11	Deeksha	Deeksha
12	Dev Bhati	Dev Bhati
13	Gagan Kumar	Gagan Kumar
14	Harika	Harika
15	Imran	Imran
16	Jaikishan .	Ab
17	Jyoti Negi	Jyoti
18	Kajal Thakur	Ab
19	Kritika Sharma	Kritika
20	Kuldeep .	Kuldeep
21	Madhuri .	Madhuri
22	Manpreet Sehrawat	Manpreet
23	Md Alam	Ab
24	Md Ali	Ab
25	Md Raza	Man
26	Mehak Arora	Mehak
27	Mohd Shadab	Shadab
28	Monajir Hassan	Ab
29	Muskan Singh	Ab
30	Nahid Jauwad .	Ab
31	Nishtha Kumari	Nishtha
32	Nitin .	Nitin
33	Payal .	Payal
34	Prabhat Kumar	Ab
35	Praveen Raj	Praveen Raj
36	Priyanshu Kumar	Priyanshu Kumar . .

37	Raunak Naurez	Raunak
38	Rishav Jha	Rishav Jha
39	Ritesh Gautam	Ritesh
40	Riya Raj	Riya Raj
41	Rohit	Rohit
42	Rohit Ranjan	Rohit Ranjan
43	Saif Shakil	Ab
44	Saksham Malhotra	Saksham
45	Sakshi Singh	Sakshi
46	Saloni	Saloni
47	Sanjana Saini	Ab
48	Sarita	Sarita
49	Shantanu Kumar	Shantanu Kumar
50	Shivam Sharma	Shivam Sharma
51	Shivani Sharma	Shivani Sharma
52	Shreyasi .	Shreyasi
53	Shubham Kumar	Ab
54	Sneha Pal	Ab
55	Sonu Kumar	Sonu Kumar
56	Suhani .	Suhani
57	Sumit .	Sumit
58	Vivek Anand	Vivek Anand
59	Zaid Arkam	Zaid Arkam