



Good Health & Well-Being

Ensure healthy lives and promote well-being for all at all ages.



SDG - 3

Galgotias University
Sustainability Report

2024-25



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GOOD HEALTH & WELL-BEING

Galgotias University firmly believes that access to nutritious food and sustainable agriculture is fundamental to building a just, equitable, and progressive society. In alignment with Sustainable Development Goal 2 – Zero Hunger, the University is committed to fostering awareness, innovation, and action toward eradicating hunger and promoting food security for all. Through student-led initiatives, community outreach, and academic collaborations, Galgotias University actively promotes sustainable farming practices, responsible consumption, and nutritional literacy. Programs such as food donation drives, campaigns against food waste, and partnerships with local NGOs empower students to contribute meaningfully toward ending hunger in nearby communities.

Workshops on sustainable agriculture, organic farming, and technology-driven food solutions further inspire learners to think beyond classrooms – applying knowledge to create scalable, real-world impact. At the heart of these efforts lies the University's belief that ensuring every individual's right to adequate food is not only a humanitarian goal but also a pathway to peace, prosperity, and resilience. Together with students, faculty, and community partners, Galgotias University continues to nurture a culture of empathy, innovation, and sustainability – working toward a future where no one goes hungry and every life thrives with dignity.

Reclaiming Values: Integrating Spirituality into Modern Education

The Department of Computer Science and Engineering, Galgotias Polytechnic, in collaboration with the Heartfulness Institute, Hyderabad, organized a 3-day workshop from April 23–25, 2025, titled "Reclaiming Values: Integrating Spirituality into Modern Education – A Timely Imperative." Guided by Mr. Jas Kamal Jit Singh Bhuie, a certified Heartfulness Trainer, the sessions included meditation, mindfulness practices, and discussions on ethical living. Coordinated by Dr. Rajeev Sharma and convened by Dr. Mohit Gaharwar, the event emphasized value-driven education for holistic growth. Participants reported improved focus, inner peace, and commitment to sustainability, making the workshop a transformative step toward integrating spirituality with academics.



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Faculty Development Program by Art of Living

July 2024, Galgotias University hosted a transformative four-day Faculty Development Program in collaboration with the "Art of Living" organization. Faculty from SCSE, SCAT, SOLE, School of Education, and School of Basic Sciences participated in sessions featuring Sudarshan Kriya, yoga, meditation, and discussions on Indian culture.

Led by senior Art of Living faculty, the program fostered emotional well-being, positive thinking, and effective student-teacher relationships. Dr. Dhruv Galgotia emphasized its role in stress relief and joyful living, highlighting its deep roots in Indian traditions and values.



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Expert Talk on "Artificial Intelligence in Clinical Research"

The Department of Pharmacy, School of Medical & Allied Sciences, Galgotias University, organized an Expert Talk on "Artificial Intelligence in Clinical Research" on April 24, 2025. The session was delivered by Mr. C.S. Mujeebuddin, Founder and Director, ClinoSol Research Pvt. Ltd., Hyderabad. He discussed AI applications in clinical trials, patient recruitment, drug discovery, and data analysis, while also addressing challenges of ethics and data privacy.

The session was anchored by Ms. Neha Sharma with support from Dean Prof. S.K. Abdul Rahaman. Students gained valuable insights into AI-driven innovations and emerging career opportunities in the healthcare and research sectors.



Educational Visit to Trained Nurses Association of India (TNAI)

On December 20, 2024, the Galgotias School of Nursing organized an educational visit to the Trained Nurses Association of India (TNAI) under the guidance of Dr. Lekha Bist (Dean). A total of 66 students from B.Sc. Nursing 1st and 3rd semesters, along with 5 faculty members, participated in the visit.

The session provided insights into TNAI's history, contributions to nursing education, and support for nurses' professional growth. Students interacted with TNAI members and learned about Continuing Nursing Education (CNE), research initiatives, and membership benefits.

The visit proved to be an informative and enriching experience for all participants.



Bridging Science and Innovation: Galgotias Students at NDRI, Karnal

On National Science Day (28th February 2025), 41 students from B.Tech Biotechnology, B.Tech Food Technology, and B.Sc. Clinical Nutrition and Dietetics, along with 6 faculty members from Galgotias University's School of Biosciences & Technology, visited the National Dairy Research Institute (NDRI), Karnal. The visit offered hands-on exposure to modern agriculture, dairy innovations, and food processing technologies. Students explored labs including Animal Biotechnology, Agronomy Biochemistry, Microbiology, and Dairy Chemistry, gaining insights into genetic improvements, sustainable practices, food safety, and quality control. Interactions with NDRI scientists inspired research aspirations, aligning with Galgotias University's vision of experiential learning and industry-academia collaboration.





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5th International Symposium on Next Generation Science and Technology: Empowering Youth for Viksit Bharat

On 28th February 2025, the Department of Life Sciences, School of Biosciences and Technology, Galgotias University, in collaboration with Universiti Teknologi Malaysia and Pulse Foundation, organized the 5th International Symposium on Next Generation Science and Technology. Aligned with the theme "Empowering Indian Youth for Global Leadership in Science and Innovation for Viksit Bharat", the event featured distinguished talks by experts including Dr. Pravin Kumar (IUAC, Delhi), Dr. Shruti Agrawal (Pulse Foundation), and Dr. Sumit Murab (IIT Mandi).

The symposium also included interactive discussions, oral presentations, and certificate distribution, offering participants valuable exposure to cutting-edge research and innovation.



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Awareness Drive on Social Scheme – UP Mukhyamantri Bal Seva Yojna

On 09th January 2025, the Legal Awareness Cell and Pro Bono Club of the School of Law, Galgotias University, organized an awareness drive at Bihari Lal Inter College, Dankaur, to promote the UP Mukhyamantri Bal Seva Yojna.

The initiative aims to support children facing orphanhood, abandonment, or financial hardship by offering access to education, healthcare, and financial aid.

Volunteers explained the scheme's benefits, eligibility, and application process. The interactive session encouraged student engagement, enhanced legal literacy, and fostered social responsibility, empowering students to spread awareness and contribute to building a more inclusive and equitable society.



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Expert Session on Use & Application of Critical Care Equipment (Mechanical Ventilator)

On 21st January 2025, Galgotias School of Nursing conducted an expert session on the use and application of mechanical ventilators under the guidance of Dr. Lekha Bist, Dean, SON.

The session, led by Mr. Tarun Saini, Nursing Officer at Lok Nayak Hospital, focused on ventilator evolution, core components, technological advancements, and practical challenges. Participants learned about ventilator setup, calibration, monitoring, and troubleshooting.

The event provided valuable insights into modern respiratory care, promoting interactive learning and professional development among nursing students. It was a successful and enriching session that highlighted the importance of innovation in critical care.



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National Youth Day Seminar: Youth Empowerment Towards Nation Building

To mark National Youth Day, the Legal Aid Clinic and Pro Bono Club of the School of Law, Galgotias University, organized a seminar on 11th January 2025, focusing on youth empowerment and nation-building. Honoring Swami Vivekananda's vision, the event aimed to inspire students to embrace education, discipline, and service.

Esteemed speakers—Dr. Devika Sharma, Colonel Sandeep Sharma (Retd.), and Dr. Rodney D. Ryder—shared valuable insights on leadership, legal careers, and national service. Engaging discussions and a vibrant Q&A session encouraged students to explore their role in societal development. The event successfully instilled motivation, awareness, and a sense of responsibility among participants.



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Time & Stress Management Session at Galgotias University

On 25th July 2024, the School of Hospitality and Tourism at Galgotias University, in collaboration with HCL Healthcare, organized a session on Time and Stress Management for students. Conducted by psychologist Ms. Indu Chauhan, the session focused on overcoming procrastination, setting SMART goals, and managing academic stress through mindfulness and relaxation techniques. Students learned the importance of balance, resilience, and maintaining a healthy routine.

The interactive format encouraged open dialogue, making the session both engaging and impactful. The initiative reflects Galgotias University's dedication to enhancing student well-being and holistic development.



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Launch of Digital Shakti Phase 5 by National Commission for Women and Cyberpeace Foundation

On 5th July 2024, faculty and students from the School of Liberal Education, Galgotias University, attended the launch of Digital Shakti Phase 5.0 by the National Commission for Women at Vigyan Bhavan, New Delhi.

The event aimed to empower women and girls with cyber skills and awareness of emerging technologies like AI and Blockchain. Engaging discussions on cyber wellness and women's safety online provided valuable insights.

The experience enriched students' understanding and inspired active contribution toward creating a safer digital ecosystem.



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Inner Peace Unlocked: Sahaja Yoga Session at Galgotias University

As part of Yoga Week celebrations, the School of Computer Application and Technology at Galgotias University organized a special session on Sahaja Yoga on 14th June 2025. Conducted by experts from the Sahaja Yoga Foundation, the session guided students and faculty through simple yet profound meditation techniques to awaken inner energy (Kundalini) and achieve thoughtless awareness.

The interactive workshop emphasized mindfulness, stress management, and emotional balance, leaving participants with a sense of calm and clarity. With enthusiastic participation, the event fostered holistic well-being, aligning with the university's commitment to mental health and overall student development.



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Bridging Ayurveda with AI and Neuroscience: A Step Toward Future Healthcare

The School of Computer Application and Technology, Galgotias University, organized an expert talk on "Latest Trends of Neuroscience and AI in Ayurveda" on 13th June 2025 in Room C-101. The session was delivered by Dr. Neha Mahajan, an eminent Ayurvedic practitioner and researcher. She highlighted the integration of Neuroscience and Artificial Intelligence with Ayurveda, focusing on personalized healthcare, herbal drug discovery, and wellness platforms like NutrifyGenie.

The talk emphasized Ayurveda's three pillars—food, sleep, and energy balance—while showcasing government initiatives and AI-driven innovations. The interactive session enriched students and faculty, inspiring interdisciplinary learning and holistic healthcare approaches.



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Placement Counselling Session for BPT Students

The School of Allied Health Sciences, Department of Physiotherapy, Galgotias University, organized a Placement Counselling Session on 16th June 2025 at the Old Auditorium for final-year BPT students. Esteemed speakers, Dr. Rajesh Pal and Dr. Dheerja Babbar, guided students on resume building, interview preparation, internships, and specialized career pathways in physiotherapy.

The session bridged academic knowledge with professional requirements, highlighting global certifications and entrepreneurial opportunities.

An engaging Q&A addressed individual queries on clinic setups and career growth. Students found the session highly motivating and practical, gaining confidence for job placements. The event concluded successfully with positive feedback.



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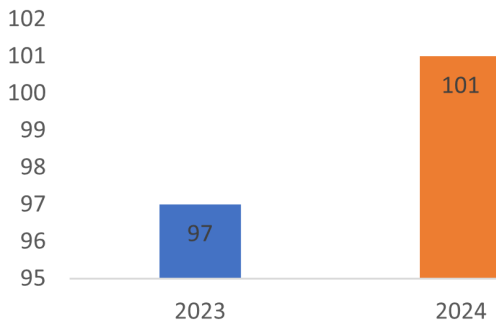


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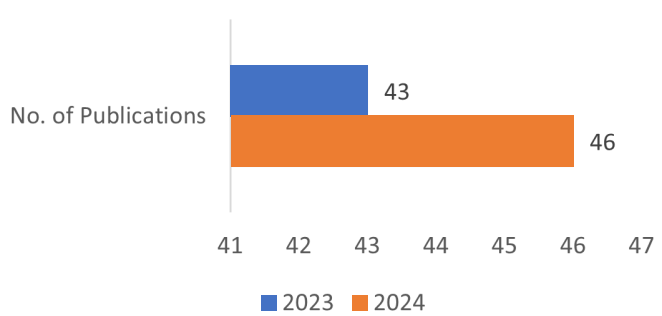
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Research & Innovation Improvements

GU Events (SDG 3)



GU Publication (SDG 3)



Celebrating Indian Army Day with a Blood Donation Camp

To honor the courage and sacrifice of the Indian Army, Galgotias University organized a blood donation camp on 15th January 2025 in collaboration with the NCC unit, Legal Aid Clinic, and Pro Bono Club.

The event began with a tribute to soldiers, followed by an impactful camp that saw enthusiastic participation from students, faculty, and NCC cadets.

Under expert medical supervision, donors underwent health checks and contributed selflessly to save lives. The event fostered a spirit of patriotism, service, and social responsibility, reinforcing the value of collective action in honoring national heroes through meaningful community service.



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True education transcends classrooms; it's about empowering lives, uplifting communities, and creating a ripple of lasting change.

