



WORKSHOP ON PERSONALITY DEVELOPMENT AND SOFT SKILLS BY 'FRANKFINN'

The “*Personality Development and Soft Skills*” workshop was organized on 23rd August 2022 Tuesday, by Department of Management, Galgotias University. The purpose of the session was to encourage students to incorporate positivity within their lifestyle and develop a positive personality, professional grooming, and healthy lifestyles.

The session commenced at 12:30 pm (Room no. A-206) by welcoming the guests from *Frankfinn*.

Guests & Speaker:

1. Ms. Monica Bose, Personality Development Trainer, Frankfinn;
2. Ms. Hena Sarkar, Grooming and Aviation Trainee, Frankfinn and
3. Mr. Harinder Singh Jeet, National delivery and placement incharge, Frankfinn .

The speakers addressed the students on personality development and soft skills.

Ms. Monica Bose, the guest, educated students on the value of personality and optimism in their lives, individual's characteristics, style, behavior, mindset, attitude, his/her own unique way of perceiving things and seeing the world. She explained that, personal growth is critical for decreasing stress and conflict. Personality development enables people to smile even in times of crisis or unfavorable conditions. It is a dynamic process that is influenced by external circumstances and life-altering experiences. She added that, Personality development entails expanding one's capacities, cultivating one's talent, developing new skill sets, addressing one's deficiencies, and transforming them into strengths. One, as an individual, have unique skill sets. The potential is multifaceted, and investing in personality development allows one to capitalise on the individual strengths. Individual personality development increases your potential and facilitates the realization of dreams and aspirations. To be a more captivating individual, person must develop both inner and outside selves. Uncontested is the significance of personality development in both personal and professional life.

Business success is a pretty complicated process. Being in the business of skills development, we are aware that preparation and output are essential for success. Technical skills are essential, but so are grooming and presenting abilities. Students were introduced to grooming by Ms. Hena Sarkar.

She told students that, grooming measures one's intelligence in defining one's identity to what one was seeking among a group of individuals, the perfection to which one could read the value of gathering by shaping him/herself to the ambience of the situation, which in a social setting depended on the reason for the gathering. So, what began as a necessity to cover our bodies and define ourselves to our culture grew into a means of self-expression.

In the end, the session was concluded with the vote of thanks to the guests.





ATTENDANCE



Galgotias University
Department of Management
Bachelors of Business Administration

Attendance Report for Soft Skills & Personality Development by "Frankfinn"

Sl No	Admission Number	Name of Student
1.	20SLAM1020009	AARON ROBERT SONII
2.	20SLAM1020062	ANJALI VARUGHESE
3.	20SLAM1020035	DEVASHISH PATHAK
4.	20SLAM1020023	PRITYANSHU SAXENA
5.	20SLAM1020060	PRITYANSHU DUBEY
6.	20SLAM1020065	ASHOK S. KUMAR
7.	20SLAM1020010	SHUBHANGI RAJ VERMA
8.	20SLAM1020006	PRAPTIKA ROY
9.	20SLAM1020033	Amanya Shukla
10.	20GSOB1010407	Sneha Kashyap
11.	20GSOB1010244	Ankit Kumar
12.	20GSOB1010225	Gulshan Kumar
13.	20GSOB1010400	Aditi Kumari
14.	20GSOB1010361	Deeksha Sharma
15.	20GSOB1010136	Alok Ranjan
16.	20GSOB1010324	Adarsh Kumar
17.	20GSOB1010272	Radha Kumari
18.	20GSOB1010268	Shivu Kumari
19.	20GSOB1010243	Aman Kumar
20.	20GSOB1010289	Gaurav Tripathi
21.	20GSOB1010247	Abhishek Kumar Singh
22.	20GSOB1010013	Deeksha Singh
23.	20GSOB1010156	Yash Pratik
24.	20GSOB1010208	Gaurav Gupta
25.	20GSOB1010073	VIVEK KUMAR
26.	20GSOB1010480	Tushar Jainwal
27.	20GSOB1010479	UTKARSH KUMAR
28.	20GSOB1010470	Sakib Ansari
29.	20GSOB1010255	Chirag Singhania
30.	20GSOB1010336	Aman Singh
31.	20GSOB1010050	Anumay Prasad
32.	20GSOB1010089	Gaurav Tripathi
33.	20GSOB1010121	Amrit Samiya
34.	20GSOB1010052	Ramandeep Khur
35.	20GSOB1010097	Kunal Kishor
36.	20GSOB1010112	Raj Kumar
37.	20GSOB1010230	Ankit Singh

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 Sakib
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 Amrit
 Ramandeep
 Kunal
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 Ankit

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Sl No	Admission Number	Name of Student
38	20650B1010028	Prince Rathi
39	20450B1010359	Shaurya Singh
40	2021AM1020001	Monika
41	20650B1010274	Suma Kumari
42	20650B1010341	Abhinav Sharma
43	20650B1010330	Abhishek Pandey
44	20650B1010184	Shahank Maheshwari
45	20650B1010895	Ansh Arya
46	20650B1010456	Vaishali V. Waise
47	20650B1010290	Alida Khem
48	20680B1010071	Alok Upadhyay
49	20650B1010321	Shamim Hassan
50	20650B1010061	Gautam Arya
51	20650B1010060	Himanshu Yadav
52	20650B1010464	Souvik Samal
53	20650B1010458	Niranjana Mishra
54	20650B1010197	Siddhant Singh
55	20650B1010354	Asmit Sengar
56	20450B1010308	Sumit Kumar Pandey
57	20450B1010340	Atul Prakash
58	20450B1010374	Jshu Chaudhan
59	20450B1010355	Harshit Timali
60	20450B1010057	Rahul Anand
61	20450B1010339	Yashu Mishra
62	20450B1010110	Adnan Ahmad
63	20650B1010322	Anurag Nandan
64	20650B1010334	Atul Prakash
65	20650B1010335	Abhishek Lohani
66	20SLAM1020021	Uday Gupta
67	20SLAM1020031	Mitali Saini
68	20SLAM1020011	Adnan Haider
69	20SLAM1020015	Harsh Agrawal
70	20SLAM1020024	Rimsim Sharma
71	20SLAM1020016	Anurag Bansal
72	20SLAM1020005	Jasmit Singh
73	20SLAM1020014	Mehin G. Varghese
74	20SLAM1020061	Christy P. Shrivastava
75	20SLAM1020020	Sweetie Saha
76	20SLAM1020089	Tushar Saini
77	20SLAM1020003	Jaya Adlakha

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