

Value Added Course on Personality Enhancement

Value-added course on personality enhancement was conducted by the school of education in collaboration with trainers of the school of lifelong learning. Mr. Ashish Johri and Ms. Meenakshi Dabas, trainer with SLLL conducted different sessions on personality of the course coordinated by Dr. Ishrat Naaz of School of Education, Galgotias University.





Personality Enhancement Programme (PEP) is an effort to update the base knowledge set of our B.Ed. students through intensive value-added sessions experience for a smooth school to college transition. The balanced value-added course helps the students to communicate effectively to collaborate with their peers after critical deliberations on their future course of action. Stress Management helped the students to balance their emotions and time to new geographical and people environs. Visualization, Brainstorming, Individual Practice, Group Rehearsals, Role Plays, Discussions, Digraphs, focus mapping, presentations and whole lot of group and individual activities mark the Talent development for enhanced performance in the entire



programme.

Students are enthralled to work on their skill sets. They learn to explore new facets of their personality and commit to improve their skill sets by practicing with peers. Student engagements through confidence walks, extempore and presentations bring a sea change in students.



School of Education

Brochure

Value Added Course

Personality Enhancement





"Success is a journey and it is not the destination. Disappointments,

Rejections, Unsuccessful

attempts and Criticisms are not failures to the Successful people.

Failures are the part of success.

Winners use failures as stepping stones to success.

This is the only difference between people who win and people who don't!"

Course Code	Course Name				
VEDU1004	Personality Enhancement				
L-T-P-C	0-0-0-0				
Area	Value Added Course				
Contact Period Hours	30				
Offered Semester:	Fall Session 2021-22				
Target Learners:	Bachelor of Education (B.Ed.) and Master of Education (M.Ed.) students of third semester				
Resource Person:					
Mr. Ashish Johri and Ms. Meenakshi Dabas					
SLLL, Trainer, Galgotias University					
Course Coordinator:					
Dr. Ishrat Naaz					

The value-added education courses aim to provide additional learner centric graded skill oriented technical training, with the primary objective of improving the employability skills of students. The main objectives of the value-added program are to provide students industry. It helps to improve employability and understanding of the expectations of skills of students. These courses bridge the skill gaps and make students industry ready. Such courses provide an opportunity to students to develop inter-disciplinary skills.

Assistant Professor, School of Education, Galgotias University



COURSE OBJECTIVES

- 1. To understand the importance of personality development as a professional
- 2. To promote the strategies for personality development.
- 3. to discover the multifaceted influence of the personality of the employees upon organizational effectiveness.
- 4. To bring about personality development with regard to the different behavioural dimensions.
- 5. To develop effective communication skills.

Assessment: Based on Rubric.

Certificate: Digital Certificate will be issued to successful students

SCHEDULE OF THE PROPOSED ACTIVITIES

Day	Date	Activity	Time	
1	15-11-2021	Concept of Personality development, Significance of personality development. The concept of success and failure: What is success? - Hurdles in achieving success - Overcoming hurdles -	9:00 a.m. to 1:00 p.m.	
2	16-11-2021	Factors responsible for success – What is failure - Causes of failure.	3:30 p.m. to 4:30 p.m.	
3	17-11-2021	Aspects of Personality Development: Body language, Problem-solving	3:30 p.m. to 4:30 p.m.	
4	18-11-2021	Aspects of Personality Development: Conflict and Stress Management, Decision-making skills.	3:30 p.m. to 4:30 p.m.	



5	20-11-2021	Aspects of Personality Development: Leadership	3:30 p.m. to 4:30 p.m.
		and qualities of a successful leader	
6	22-11-2021	Aspects of Personality Development: Character	9 a.m. to 1 p.m.
		building, Team-work, Time management, Work	
		ethics	
7	23-11-2021	Aspects of Personality Development: Good	3:30 p.m. to 4:30 p.m.
		manners and etiquette.	
8	24-11-2021	The communication process; Common barriers	3:30 p.m. to 4:30 p.m.
9	25-11-2021	7 C's of Communication; Effective	3:30 p.m. to 4:30 p.m.
		communication.	
10	26-11.2021	Attitude: Concept, Significance, Factors	3:30 p.m. to 4:30 p.m.
		affecting attitudes,	
11	27-11-2021	Attitude: Positive attitude, Negative attitude, Ways	3:30 p.m. to 4:30 p.m.
		to develop positive attitude - Differences between	
		personalities having positive and negative attitude	
12	29-11-2021	Motivation: Concept, Significance, Importance	9 a.m. to 1 p.m.
		of self- motivation, Factors leading to de-	
		motivation.	
13	30-11-2021	Employability Quotient: Resume building	3:30 p.m. to 4:30 p.m.
14	01-12-2021	Employability Quotient: The art of	3:30 p.m. to 4:30 p.m.
		participating in Group Discussion	
15	02-12-2021	Facing the Personal (HR & Technical)	3:30 p.m. to 4:30 p.m.
		Interview -Frequently Asked Questions	
16	03-12-2021	Psychometric Analysis	3:30 p.m. to 4:30 p.m.
17	04-12-2021	Mock Interview Sessions	3:30 p.m. to 4:30 p.m.
18	06-12-2021	Internship preparation	9 a.m. to 1 p.m.