

GALGOTIAS UNIVERSITY

Syllabus of B.Sc.Nursing

Galgotias School of Nursing
Name of School:
Nursing
Department:
2018-19
Year:

School of Nursing

Vision- To be globally recognized for the state-of-art value based nursing education, nursing service and multidisciplinary research to meet the health care needs of country.

Mission-

- 1. Establish state of art infrastructure and simulation laboratories for providing nursing education, research and practice so that the nurses can provide safe and quality care to the patients in all settings.
- 2. Promote professionalism by fostering ethical and value driven education by aligning curriculum as per National health goal.
- 3. Collaborate with health care and community health institutions to impart practical training for nurses to work effectively in their professional career at national and global level.
- 4. Organize outreach programs for wellness of vulnerable groups of society for socio-economic development of the country.

Program Educational Objectives- B.Sc. nursing students after obtaining graduation degree in nursing will be able to achieve the following objectives after few years of their professional career:

PEO 1: Have a successful career in nursing education, nursing service and innovative research and assume responsibilities as professional, competent nurses to provide preventive, promotive, curative and rehabilitative services in line with the National Health goals to all the section of the society at all levels by utilizing evidence based Nursing practice.

PEO2: Utilize latest trends and emerging technologies and demonstrate critical thinking skills in making decisions in all situations in order to provide quality and safe patient care.

PEO3: Demonstrate leadership and managerial skills and participate effectively as members of the health team in the delivery of health care in hospital and community setting.

PEO4: Practice within the framework of code of ethics and professional conduct and acceptable standards of practice within the legal boundaries of profession.

PEO5: Communicate effectively with individuals, groups and multidisciplinary team in order to promote effective interpersonal relationship and team work towards advancement of self, profession and nation.

PEO6: Able to perform in global work environment and adapt their values and culture

PEO7: Capable of conducting research in nursing education, nursing service and community health nursing in order to provide evidence based nursing care.

PEO8: Capable of achieving higher career ladder by acquiring higher education in nursing to occupy higher position and status in nursing education, nursing research, nursing administration and nursing service.

Program Specific Objectives- Upon graduation, students will be able to:

1. Assess and identify the health needs and problems of adopted community in rural India and plan, organize and implement health education/awareness programs for upliftment of underprivileged and vulnerable groups of society as a part of National development activities.

- 2. Demonstrate some of the basic procedures, basic life support and advanced life support training to all the faculties, students and responsible members of the community by using a state of art advanced simulation laboratories and CPR simulator models.
- 3. Participate in National heath programmes, disaster management, epidemic outbreak or any emergency event in the country.

Program Outcomes- On completion of the four years B.Sc. Nursing programme the graduates will be able to:

- 1. Engage in advance nursing practice based on the integration of knowledge from nursing, physical, biological, behavioral, humanity sciences including alternative system of medicine and ethical principles and professional code of conduct.
- 2. Demonstrate understanding of life cycle and other factors which effect health of individuals and groups.
- 3. Provide nursing care based on steps of nursing process in collaboration with the individuals and groups.
- 4. Demonstrate critical thinking skills in making decision in all situations in order to provide safe quality patient care.
- 5. Utilize health information system and state of art advanced technologies and simulation labs to support lifelong learning, ensure safe practice environment, optimize health care outcomes and promote patient self management in his daily activities.
- 6. Provide promotive, preventive, curative and restorative health services in line with the national health policies and programmes.
- 7. Collaborate with multidisciplinary health team and communicate effectively with individuals and groups, and members of the health team in order to promote effective interpersonal relationship and team work in order to achieve better health outcomes of the people.
- 8. Demonstrate leadership and managerial skills in nursing education, practice and innovative research to improve health care quality, safety and better patient outcome.
- 9. Design and apply culturally responsive patient centered, evidence based activities for health improvement of population in order to promote socio economic development of nation.
- 10. Provide population focus care incorporating the concept of health promotion, disease and injury prevention in all the settings of health care delivery system.
- 11. Participate in advancement of profession by attending continuing education program, conducting workshop, attending national and international nursing conferences pursue further professional advanced studies and engage in lifelong learning.
- 12. Conduct need based research studies in nursing education, nursing service and community health nursing and utilize the findings in providing evidence based nursing care in the hospital and community setting.

PAGE

Curriculum

		1	l st year	•					
SI.		N. fd. C					Asse	ssment Patter	'n
No	Course Code	Name of the Course	L	Τ	Р	С	IA	CAT	ETE
1		ANATOMY AND					10	7.5+7.5	75
	BSCN1001	PHYSIOLOGY	4	0	0	4			
2		NUTRITION AND					10	7.5 + 7.5	75
	BSCN1002	BIOCHEMISTRY	3	0	0	3			
<mark>3</mark>		NURSING FOUNDATIONS					10	7.5+7.5	75
4	BSCN1003	(THEORY)	9	0	7	16	10		
4	BSCN1004	PSYCHOLOGY	2	0	0	2	10	7.5+7.5	75
5	BSCN1005	MICROBIOLOGY	2	0	0	2	10	7.5+7.5	75
6	BSCN1006	ENGLISH	2	0	0	2	10	7.5 + 7.5	75
7		INTRODUCTION TO					10	7.5+7.5	75
	BSCN1007	COMPUTERS	1	0	1	2			
<mark>8</mark>		NURSING FOUNDATIONS			8	8	100	NA	100
	BSCN1008	(PRACTICAL)	0	0	clinical		1 - 0	10-	
Tota			23	0	16	39	170	105	625
<u></u>			^{[nd} yea	r			1.		
SI	Course	Name of the Course			D	C		ssment Patter	1
No	Codee			T	P	C	IA	CAT	ETE
1	BSCN2001	SOCIOLOGY theory	2	0	0	2	10	7.5+7.5	75
•		PHARMACOLOGY,	0				10	7.5+7.5	75
2	BSCN2002		% 3	0	0	2			
	BSCIN2002	GENETICS theory MEDICAL SURGICA	-	0	0	3	10	7.5+7.5	75
3	BSCN2003	NURSING-I (THEORY)	7	0	0	7	10	1.5+1.5	15
	DSCI12003	COMMUNITY HEALT		0	0	1	10	7.5+7.5	75
4	BSCN2004	NURSIN-I (THEORY)	3	0	0	3	10	1.511.5	15
			<u>k</u>				10	7.5+7.5	75
5		EDUCATION					10		, c
	BSCN2005	TECHNOLOGY theory	3	0	0	3			
					12		100	NA	100
6		MEDICAL SURGICA			clin				
	BSCN2006	NURSING-I (PRACTICAL)	0	0	ical	clinical			

7	BSCN2007	COMMUNITY HEALTH NURSIN-I (PRACTICAL)	0	0	3 clin ical	3 clinical	NA	NA	NA
		Total	1 8	0	15	33	150	75	475
	<u> </u>	IIIr	d yea	r					
CLN							As	sessment Patt	ern
Sl No	Course Code	Name of the Course	L	Т	Р	С	IA	САТ	ETE
1	DCCDJ2001	MEDICAL SURGICAL				4	10	7.5	75
2	BSCN3001	NURSING-II (THEORY) CHILD HEALTH	4	0	0	4	10	7.5	75
2	BSCN3002	CHILD HEALTH NURSING (THEORY)	3	0	0	3	10	1.5	15
3		MENTAL HEALTH	5	0	0	5	10	7.5	75
	BSCN3003	NURSING (THEORY)	3	0	0	3	10	1.5	
4		MIDWIFERY &			-		10	7.5	75
		OBSTETRICAL NURSING							
	BSCN3004	(THEORY)	1.5	0	0	1.5			
5		NURSING RESEARCH &					10	7.5	75
	BSCN3005	STATISTICS theory	1.5	0	0	1.5	10		
6	BSCN3006	ENVIRONMENTAL STUDIES theory	15	0	0	15	10	7.5	75
7	BSCIN3000	STUDIES theory MEDICAL SURGICAL	1.5	0	0	1.5	50	NA	50
/		NURSING-II			4.5	4.5	50	INA	50
	BSCN3007	(PRACTICAL)	0	0	clinical				
8		CHILD HEALTH			4.5	4.5	50	NA	50
	BSCN3008	NURSING (PRACTICAL)	0	0	clinical	clinical			
9		MENTAL HEALTH			4.5	4.5	50	NA	50
	BSCN3009	NURSING (PRACTICAL)	0	0	clinical	clinical			
10		MIDWIFERY &					NA	A NA	NA
	BSCN3010	OBSTETRICAL NURSING		0	3	3			
	DSCHOU	(PRACTICAL)**	0 14.	0	clinical	clinical			
		Total	14. 5	0	16.5	31	21	0 90	600
		IVtl	h yea	r			·		
Sl								Assessment Pa	ttern
No	Course Code	Name of the Course	L	Т	P	С		A CAT	ETE
1		MIDWIFERY &	1					0 7.5+7.5	75
		OBSTETRICAL NURSING							
	BSCN4001	(THEORY)	1.5	0	0	1.5			
2		COMMUNITY HEALTH		_	_	_	1	0 7.5+7.5	75
	BSCN4002	NURSING-II (THEORY)	3	0	0	3			

3		MANAGEMENT OF NURSING SERVICES &					10	7.5+7.5	75
	BSCN4003	EDUCATION (THEORY)	2	0	1	3			
4		MIDWIFERY &					50	NA	50
		OBSTETRICAL NURSING		0	3	3			
	BSCN4004	(PRACTICAL)	0	0	clinical	clinical			
5		COMMUNITY HEALTH			2.5	2.5	50	NA	50
	BSCN4005	NURSING-II (PRACTICAL)	0	0	clinical	clinical			
6	BSCN4006	INTERNSHIP	0	0	19 (1150 hours clinical posting)	19 (1150 hours clinical posting)	100 50(re searc h proje ct)+5 0(Cli nical Eval uatio n)	NA	NA
		Total	6.5	0	25.5	32	230	45	325

PINK-EMPLOYABILITY

GREEN-SKILL DEVELOPMENT

School of Nursing

List of Electives

Elective-1

Sl	Course	Name of the Electives			Asses	Assessment Pattern			
No	Code	Name of the Electives	L	Т	Р	С	IA	CAT	ETE
1									
2									
3		NA							
4		INA							
5									
6									

School of Nursing Elective-2

Sl	Course	Nome of the Elective	Asses		sment Pattern				
No	Code	Name of the Elective	L	Τ	Р	С	IA	CAT	ETE
		NA							



PAGE

Detailed Syllabus

School of Nursing

Anatomy & Physiology					
BSCN1001					
10+2 with PCB 55%					
Anatomy physiology lab					
with models, charts, log					
book, Group projects,					
Video film, Anatomy &					
Physiology Atlas.					
NA					
L T P C					
4 0 0 4					

Course Objectives

- **1.** To enable students to acquire knowledge of normal structure of human body system
- **2.** To enable students to acquire knowledge of normal functions of each body system
- **3.** To identify any deviations from normal to abnormal
- **4.** To apply knowledge of anatomy and physiology to treat disease conditions in hospital settings.

Course Outcomes

	Describe anatomical terminology,
CO1	organization of human body, structure of cell
	& tissues and its implications in nursing.
CO2	Explain & demonstrate normal structure
02	(Anatomy) of various human body systems.
CO3	Explain & demonstrate normal functions
COS	(physiology) of various human body systems
	Identify and demonstrate the alteration in
CO4	anatomical structures in diseases and practice
	of nursing.
	Identify and demonstrate the alteration in
CO5	physiological parameters in diseases and
	practice of nursing.

Continuous Assessment Pattern

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

Course Content:

Unit-1 Introduction to Anatomical terms						
organization of the human body and Cell						
Physiology						
5 + 4						
hours						
Anatomy						
Human Cell structure. Tissues – Definition, Types,						
characteristics, classification, location, functions &						
formation. Membranes and glands – classification and						
structure						
Physiology						
Cell Physiology. Tissue formation, repair.						
Membranes & glands – functions						
Alterations in disease .Applications and implications in						
nursing						
Unit-2 The Skeletal System						
6+4 hours						

Anatomy

Bones – types, structure, Axial & Appendicular Skeleton, Bone formation and growth, Description of bones, Joints classification and structure

Physiology

Bone formation & growth. Bones – Functions and movements of bones of axial and appendicular skeleton, bone healing, Joints and joint movement Alterations in disease. Applications and implications in nursing

Unit-3 The Muscular System

7+4 hours

Anatomy

Types and structure of muscles, Muscle groups **Physiology**

Muscle movements, Muscle tone, Physiology of muscle contraction, levels and maintenance of posture , Alterations in disease, Applications and implications in nursing

Unit-4 The nervous System 6+7 hours

Anatomy

Structure of neurologia & neurons, Somatic Nervous system, Structure of brain, spinal cord, cranial nerves, spinal nerves, peripheral nerves

Autonomic Nervous System –Sympathetic, parasympathetic, Structure, location

Physiology

Functions of Neurolgia & neurons, Stimulus & nerveimpulse- definitions and mechanism,

Functions of brain, spinal cord, cranial and spinal nerves

Cerebrospinal fluid-composition, circulation and function Reflex arc, Reflex action and reflexes, Automatic functions –Pain: somatic, visceral and referred, Automatic learning and biofeedback

Alterations in disease, Applications and implications in nursing

Unit-5 The Sensory Organs 6+4 hrs

Anatomy

Structure of skin, eye, ear, nose tongue, (Auditory and olfactory apparatus)

Physiology

Functions of skin, eye, ear, nose, tongue, Alterations in disease, Applications and implications in nursing

Unit -6 Circulatory and lymphatic system 7+8 hrs

Anatomy

The Circulatory System: Blood – Microsoft structure, Structure of Heart, Structure of blood vessels- Arterial & Venous System, Circulation: Systemic, pulmonary, coronary, Lymphatic System, Lymphatic vessels & lymph, Lymphatic tissues: Thymus gland, Lymph nodes, Spleen, Lymphatic tissues

Physiology

Blood formation, composition, blood groups, blood coagulation, Hemoglobin: Structure, Synthesis and breakdown, Variation of molecules, estimation, Functions of Heart, Conduction, Cardiac cycle, circulation-Principles, Control, factors influencing BP and Pulse, Alterations in disease, Applications and implications in nursing

Unit -7 The Respiratory System 5+6 hrs

5+01

Anatomy

Structure of the organs of respiration, Muscles of respiration: Intercostals and Diaphragm

Physiology

Functions of respiratory organs, Physiology of respiration, Pulmonary ventilation, Volume

, Mechanics of respiration, Gaseous exchange in lungs, Carriage of oxygen & carbon-dioxide, Exchange of gases in tissues, Regulation of respiration

Alterations in disease, Applications and implications in nursing

Unit – 8 The Digestive System

6+6 hrs

Anatomy: structure of Alimentary tract and accessory organs of digestion

Physiology

Functions of organs of digestive tract. Movements of alimentary tract, Digestion in mouth, stomach, small intestines, Large intestines, Absorption of food. Functions of liver, gall bladder and pancreas. Metabolism of carbohydrates, protein and fat.

Unit – 9 The Excretory system (Urinary) 4+5 hrs

Anatomy

Structure of organs of urinary System: Kidney, Ureters, urinary, bladder, urethra, structure of skin.

Physiology

Functions of kidneys, ureters, urinary bladder & urethra. Composition of urine. Mechanism of urine formation. Functions of skin. Regulation of body temperature. Fluid and electrolyte balance

Unit -10 The Endocrine system

4+5 hrs

Anatomy

Structure of Pituitary, Pancreas, thyroid, Parathyroid, thymus and adrenal glands

Physiology

Functions of Pituitary, pineal body, thymus, Thyroid, parathyroid, pancreas, Suprarenal, Placenta and ovaries & Testes

Unit – 11 Reproductive System including breast 4+5 hrs

Anatomy

Structure of female reproductive organs, Structure of male reproductive organs, Structure of breast, Alterations in disease.

Physiology

Reproduction of cells – DNA, Mitosis, Meiosis, spermatogenesis, oogenesis. Functions of female reproductive organs; Functions breast, Female sexual cycle. Introduction to embryology. Functions of male reproductive organs, Male function in reproduction, Male fertility system. Alterations in disease. Applications and implications in nursing.

Unit – 12 The Lymphatic and immunological system 2 hours

Circulation of lymph. Immunity. Formation of T-cells and B cells. Types of Immune response. Antigens. Cytokines. Antibodies

Suggested Reading

Text Book (s)

1. Cohen – Memmler's Structure & Function of Human Body, 2009, LWW.

2. Waugh – Ross & Wilson Anatomy & Physiology, 2008, Elsevier.

3. Tortora – Anatomy & Physiology, 2007, Wiley

Reference Book (s)

- 1. Chaurasia Human Anatomy, 2005, CBS Publishers
- 2. Standring Gray's Anatomy, 2006, Elsevier
- 3. Snell Clinical Anatomy by Regions, WK.

Name of The	NUTRITION					
Course	&BIOCHEMISTRY					
Course Code	BSCN1002					
Prerequisite	10+2 with PCB 55%					
Co-requisite	Nutrition &Biochemistry lab,					
	charts, log book, Group projects,					
	Video film, Cooking,					
	preservation of food					
Anti-requisite	NA					
	L T P C					
	3 0 0 3					

Course Objectives

- 1. To enable students to acquire knowledge of the classification, functions, sources and recommended daily allowances of food in health and disease conditions.
- 2. To enable students to acquire knowledge in metabolism of Fat, Carbohydrates and Proteins.

- 3. Describe the classification, functions, sources and recommended daily allowances (RDA) of Fats, carbohydrates, proteins, and water. (N)
- 4. To assist the students to acquire knowledge of the normal biochemical composition and functioning of human body and understand the alterations in biochemistry in diseases for practice of nursing. (B)
- 5. To apply knowledge of nutrition and biochemistry to treat disease conditions in hospital settings.

Course Outcomes

	(N) Describe relationship between bealth and				
	(N) Describe relationship between health and				
CO1	nutrition				
	(B) Describe structure, composition and				
	functions of cell and its membranes;				
	differentiate between prokaryote and				
	eukaryote cells.				
	(N) Describe classification, functions,				
	sources and recommended daily allowances				
	(RDA) of carbohydrates, fats, proteins,				
CO2					
	(B) Explain the composition and metabolism				
	of carbohydrates, lipids, amino acids and				
	proteins, vitamins and minerals.				
	(N) Describe balanced diet, cookery rules and				
	preservation of nutrients, plan and prepare				
~~~	therapeutics diets and balanced diet for				
CO3	different age groups and disease conditions.				
	(B) Describe immunochemistry and role of				
	nurse to correct the immune system of people				
	(N) Describe the role of nurse in various				
	National nutritional programs, assessment of				
<b>CO4</b>	nutritional status of vulnerable group and				
	nutritional status of vulnerable group and nutritional education.				
	(N) Identify and recognize any deviation/nutritional deficiencies in different				
CO5					
	age groups/sick individuals and take				
	corrective measures.				

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

Unit-1 Describe the relationship between nutrition & Health (N) Introduction To Biochemistry (B) 4+3 hrs

**Nutrition:** History, Concept, Role of nutrition in maintaining health, Nutritional problems in India, National nutritional policy, Factors affecting food and nutrition: socio-economic, cultural, tradition, production, system of distribution, life style and food habits etc. Role of food and its medicinal value, Classification of foods, Food standards, Elements of nutrition: macro and micro Calorie, BMR.

**Biochemistry:** Definition and significance in nursing, Review of structure, Composition and functions of cell Prokaryote and Eukaryote, cell organization, Microscopy.

**Unit-2** Carbohydrates(N)

2+6 Hrs

Cell membrane (B)

Nutrition: Classification, Calorie Value, Recommended daily allowances, Dietary sources, Functions, Digestion, absorption and storage, metabolism of Carbohydrates.

**Biochemistry:** Structure and functions of Cell membrane: Fluid mosaic model tight junction, Cytoskeleton, Transport mechanism: diffusion osmosis, filtration, active channel, sodium pump, Acid base balance-maintenance & diagnostic tests, Ph buffers.

Unit-3 FATS (N)

2+6 hrs

metabolism of Carbohydrates (B)

Nutrition: Fats: Classification, Caloric value, Recommended daily allowances, Dietary sources, Functions, Digestion absorption and storage, metabolism, Malnutrition: Deficiencies and over consumption.

**Biochemistry:** Composition and metabolism of Carbohydrates: Types, structure, composition and uses: Monosaccharide, Disaccharides, Polysaccharides Oligosaccharides, Metabolis: Pathways of glucose: Glycolysis, Gluconeogenesis: Cori's cycle, Tricarboxylic acid (TCA) cycle, Glycogenolysis: Pentose phosphate, Pathways (Hexose monophosphate) Regulation of blood glucose level, Investigations and their interpretation.

**Unit-4 Vitamins(N)** 

2+4 hrs

metabolism of Lipids (B)

**Nutrition:** Vitamins: Classification, Recommended daily allowances, Dietary sources, Functions Absorption, synthesis, metabolism storage and, excretion, Deficiencies, Hyperminosis.

**Biochemistry:** Composition and metabolism of Lipids (B): Nomenclature, Roles and Prostaglandins, Metabolism of fatty acid Breakdown, Synthesis, Metabolism of triacylglycerols, Cholesterol metabolism:, Biosynthesis and its Regulation Bile salts and bilirubin ,Vitamin D, Steroid hormones. Lipoproteins and their functions: VLDLs- IDLs, LDLs and HDLs Transport of lipids Atherosclerosis, Investigations and their interpretations

Unit-5Daily calorie requirement for differentcategories of people(N)3+6 hrs

Composition and metabolism of Amino acids and Proteins (B)

**Nutrition: Energy:** Unit of Energy – Kcal Energy requirements of different categories of people, Measurements of energy ,Body Mass Index (BMI) and basic metabolism, Basal Metabolic Rate (BMR) - determination and factors affecting BMR.

Biochemistry: Composition and metabolism of Amino acids and Proteins. Types, structure. composition and uses of Amino acids and Proteins, Metabolism of Amino acids and Proteins ,Protein synthesis, targeting Glycosylation and Chromatography, Electrophoresis Sequencing, Metabolism of Nitrogen ,Fixation and Assimilation, Urea Cycle, Hemes and chlorophylls, Enzymes and coenzymes; Classification, Properties, Kinetics and Investigations inhibition. Control. and their interpretations.

Unit-6 Vitamins (N)

4+2 hrs Composition of Vitamins and minerals(B)

**Nutrition:** Vitamins: Classification, Recommended daily allowance, Dietary sources, Functions: Absorption, synthesis, metabolism, storage and excretion, Deficiencies Hypervitaminosis.

**Biochemistry:** Composition of Vitamins and minerals, Vitamins and minerals: Structure, Classification, Properties, Absorption, Storage & transportation, Normal Concentration, Investigations and their interpretation.

#### Unit-7 Minerals (N)

#### 4+3 hrs

**Nutrition:** Classification ,Recommended daily allowances, Dietary sources, Functions, Absorption, synthesis, metabolism storage and excretion, Deficiencies, Over consumption and toxicity

**Biochemistry:** Immune response, structure & classification of Immunoglobulin's, Mechanism of antibody production, Antigens- HLA typing, Free radical & antioxidants, Specialized proteins- collagen, elastin, keratin, myosin, lens protein, Elecrophoretic & quantitative determination of immunoglobulin's-ELISA. Etc., Investigations & their interpretation.

Unit-8 Sources, functions and requirements of water & electrolytes (N)

3 hrs

Water & electrolytes: Water: Daily requirement, regulation of water metabolism, and distribution of body water, Electrolytes: Types, sources, composition of body fluids, Maintenance of fluid & electrolyte balance, Over hydration, dehydration and water intoxication, electrolyte imbalances.

#### Unit-9 Cookery rules and preservation of nutrients (N) 5 hrs

* Principles, methods of cooking and serving, ,Preservation of nutrients ,,Safe Food handlingtoxicity, Storage of food, Food preservation, food additives and its principles, prevention of food adulteration Act (PFA), Food standards, Preparation of simple beverages and different types of food.

#### Unit-10 Balanced diet ((N)

7 hrs

Balanced diet: Elements, Food groups, Recommended Daily allowance, Nutritive value of foods, Calculation of balanced diet for different categories of people, Planning menu, Budgeting of food, Introduction to therapeutic diets: Naturopathy – diet.

### Unit-11 Role of nurse in nutritional programmes (N) 4 hours

National programmes related to nutrition: Vitamin A deficiency programme, National iodine deficiency disorders (IDD) programme, Mid-day meal programme, Integrated child development scheme (ICDS), National and International agencies working towards food/nutrition ,NIPCCD, CARE, FAO, NIN, CFTRI (Central food technology and research institute) etc., Assessment of nutritional status, Nutrition education and role of nurse

#### School of Nursing

#### **Suggested Reading**

Text Book (s)

- Nutrition and Biochemistry for Nurses ,2nd Edition Authors: Venkatraman Shreemathy Sucheta P Dandekar ,Paperback ISBN: 9788131235850 ,eBook ISBN: 9788131240205 Imprint: Elsevier Published Date: 20th May 2015
- 2. Text book of Biochemistry for Nurses , year: 2011

Reference Book (s)

- 1. Medical Biochemistry for nurses as per INC, DR. SHWETA SINGH, Kumar publisher
- 2. Nutrition and health for nurses, by AK JAIN, Anchal publishing co

3. Biochemistry & Nutrition for B.Sc. Nursing, Textbook by Manjula Shantaram.

Name of The	Nursing Foundations				
Course					
<b>Course Code</b>	BSCN1003				
Prerequisite	10+2 PCB 55%				
<b>Co-requisite</b>	Demonstration, Group projects,				
	Video film, charts				
Anti-requisite	NA				
	L T P C				
	9 0 7 16				

#### **Course Objective**

This course is designed to help the students to develop and understanding of the philosophy, objectives, theories and process of nursing in various supervised clinical settings. It is aimed at helping the students to acquire knowledge, understandings and skills & techniques of nursing and practice them in supervised clinical settings.

#### **Course Outcomes**

	1		
CO1	Describe the concept of health, illness and		
COI	health care agencies		
	Explain the concept of nursing & scope of		
000	nursing profession and also describe values,		
CO2	code of ethics and professional contacts for		
	nurses in India.		
	Demonstrate and perform various basic		
coo	nursing procedures to provide safe and		
CO3	quality patient care by using nursing process		
	and accurate documentation/ reporting		
CO4	Develop effective communication.		
	Demonstrate, perform and document health		
CO5	· 1		
-	assessment of each human body system.		
CO6	Identify various machinery, equipments		
	used in patient care and their maintenance		
<b>CO7</b>	Describe principle and technique for		
	infection control measures and BMW		
	management in clinical settings.		
1			

<b>CO8</b>	Describe principles, routes, effects of			
	administration of medicine and injections.			
<b>CO9</b>	Demonstrate peri operative patient care and			
	surgical asepsis			
CO10	Describe the basics physiological and			
	psychological needs of patients.			
	Demonstrate the principles and techniques			
	for meeting needs of patients.			
CO11	Explain and demonstrate the care of the			
	terminally ill patient and dying patients			

#### **Continuous Assessment Pattern**

Internal Assessment	Continuou s	End Term	Total Marks
( <b>IA</b> )	Assessment Test (CAT)	Exam (ETE)	
10	7.5+7.5	75	100
Comme Comton	4	10	100

**Course Content:** 

#### **Unit-1 Introduction**

#### **10HRS**

Concept of Health: Health – Illness continuum, Factors influencing health, Causes and risk factors for developing illness, Body defenses: Immunity and immunization, Illness and illness Behavior: Impact of illness on patient and family, Health Care Services: Health Promotion and prevention and Primary Care, Diagnosis, Treatment, Rehabilitation and Continuing Care, Health care teams, Types of health care agencies, Hospitals: Types, Organization Functions, Health Promotion and Levels of Disease Prevention, Primary health care and its delivery: Role of nurse.

#### **Unit-2 Nursing as a profession**

#### 16HRS

Definition and Characteristics of a profession, Nursing: Definition, Concepts, philosophy, objectives, Characteristics, nature and scope of nursing practice, Functions of nurse ,Qualities of a nurse - Categories of nursing personnel, Nursing as a Profession, History of Nursing in India, Values: Definition, Types, Values, Clarification and values in professional Nursing: Caring and Advocacy Ethics: Definition and Ethical Principles, Code of ethics and professional conduct for nurses.

### Unit-3 Hospital admission and discharge

#### 4HRS

Admission to the hospital, Unit and its preparati procedure admission bed. Admission Spec considerations. Medico-legal issues Roles a Responsibilities of the nurse, Discharge from the hospit - Types: Planned discharge, LAMA and abscor Referrals and transfers, Discharge Planning, Dischar procedure, Special considerations, Medico--legal issue Roles and Responsibilities of the nurse, Care of the u after discharge.

### Unit-4 Communication & Nurse patient relationship

**10 HRS** 

Communication: Levels, Elements, Types, Modes, Process. influencing Communication-Factors Methods of Effective Communication,- Attending skills, Rapport building skills, Empathy skills, Barriers to effective communication, Helping Relationships (NPR): Dimensions of Helping Relationships, Phases of a helping relationship, • Communicating effectively with patient, families and team members and maintain effective human relations with special reference to communicating with vulnerable group(children, women, physically and mentally challenged and elderly) • Patient Teaching: Importance, Purposes, Process, role of nurse and Integrating teaching in nursing process.

**Unit-5 The Nursing Process** 

15HRS

Critical Thinking and Nursing Judgment Critic Thinking: Thinking and Learning, o Competencie Attitudes for Critical Thinking, Levels of critical thinki in Nursing

• Nursing Process Overview: Application in Practice o Nursing process format: INC, current format o Assessment Collection of Data: Types, Sources, Methods - Formulating Nursing judgment: Data interpretation of Nursing diagnosis - Identification of client problems - Nursing diagnosis statement and Difference between medical and nursing diagnosis, o Planning, Implementation, Evaluation of patient care, Documentation & reporting.

### UNIT-6 Documentation and Reporting

4HRS

Documentation: Purposes of Recording and reporting
Communication within the Health Care Team,
Types of records; ward records, medical/nursing records,
Common Record-keeping forms,
Computerized documentation
Guidelines for Reporting: Factual Basis, Accuracy, Completeness, currentness, Organization, confidentiality
Methods of Recording,
Reporting: Change-of shift reports: Transfer reports, Incident reports
Minimizing legal Liability through effective record keeping.

#### UNIT-7 Vital Signs

15HRS

Importance, Guidelines for taking vital signs: Bo temperature: Physiology, Regulation, Factors affecti body temperature, Assessment of body temperature: site equipments and technique, special consideratio Temperature alterations: Heatstroke, Hypothermia H and cold applications, Pulse Physiology and Regulatic Characteristics of the pulse, Factors affecting pul Assessment of pulse: sites, location, equipments a technique, special considerations, Alterations in puls Respiration: Physiology and Regulation, Mechanics breathing, Characteristics of the respiration, Facto affecting respiration. Assessment of respiration special considerations. Alterations technique, respiration Blood pressure: Physiology and Regulation Characteristics of the blood pressure, Factors affecting blood pressureAssessment of blood pressure: site equipments and technique, spec considerationsAlterations in blood pressure, Recording vital signs.

#### **UNIT-8 Health Assessment**

#### **30HRS**

Purposes, Process of Health assessment- Health histor Physical examination: Methods- inspection, Palpation, Percussion, Auscultation, Olfaction. Gener assessment, Assessment of each body System Recording of health assessment.

### UNIT-9 Machinery, equipments & linen

5HRS

Types: Disposables and re-usable- Linen, rubber goods, glass ware, metal, plastics, furniture, machinery Introduction: - Indent - Maintenance – Inventory.

#### **UNIT-10 Meeting needs of patient**

#### 60HRS

Basic needs (Activities of daily living) Providing safe a clean environment: - Physical -environment: Temperatur Humidity, Noise, Ventilation, light, Odour, pests contro Reduction of Physical hazards: fire, accidents - Safe devices: Restraints, side rails, airways, trapez etc - Role nurse in providing safe and clean environment Hygiene - Factors Influencing Hygienic Practice - Hygienic car Care of the Skin-Bath and pressure points, feet and na Oral cavity, Hair Care, Eyes, Ears, and Nose

• Assessment, Principles, Types, Equipments, Procedure, Special Considerations - Patient environment: Room Equipment and linen, • Making patient beds Types of beds and bed making Comfort: - - Factors Influencing Comfort - Comfort devices Physiological needs: -Sleep and Rest: - Physiology of sleep - Factors affecting sleep - Promoting Rest and sleep, Sleep Disorders Nutrition: - - Importance -Factors affecting nutritional - Assessment of nutritional needs: Variables - Meeting Nutritional needs: Principles, equipments, procedure and special considerations -Oral - Enteral: Naso/ Orogastric, gastrostomy - Parenteral: - Urinary Elimination -Review of Physiology of Urine Elimination, Composition and characteristics of urine Factors Influencing Urination Alteration in Urinary Elimination Types and Collection of urine specimen: Observation, urine testing Facilitating urine elimination: equipments, assessment, types, procedures and special considerations - Providing urinal / bed pan o Condom drainage o Perineal care o Catheterization o Care of urinary drainage o Care of urinary diversions o Bladder irrigation f Bowel Elimination - Review of Physiology of Bowel Elimination, Composition and characteristics of faeces - Factors affecting Bowel elimination - Alteration in Bowel Elimination - Types and Collection of specimen of faeces: Observation - Facilitating bowel elimination: assessment, equipments, procedures and special considerations Passing of Flatus tube Enemas Suppository Sitz bath Bowel wash Care of Ostomies Mobility and Immobility - Principles of Body Mechanics - Maintenance of normal body dignment and mobility - Factors affecting body Alignment and mobility - Hazards associated with immobility -Alteration in body Alignment and mobility - Nursing interventions for impaired Body Alignment and Mobility: assessment, types, devices used, method and special considerations, rehabilitation aspects Range of motion exercises o Maintaining body alignment: Positions Moving Lifting Transferring Walking Restraints - Oxygenation - Review of Cardiovascular and respiratory Physiology - Factors Affecting Oxygenation - Alterations in oxygenation - Nursing interventions in oxygenation: assessment, types, equipment used, procedure and special considerations Maintenance of patent airway Oxygen administration Inhalations: dry and moist Suction Chest physiotherapy and postural drainage .Care of Chest drainage Pulse oxirnetry CPR- Basic life support Fluid, Electrolyte, and Acid - Base Balances - Review of Physiological Regulation of Fluid, Electrolyte, and Acid -Base Balances - Factors Affecting Fluid, Electrolyte, and Acid - Base Balances - Alterations in Fluid, Electrolyte, and Acid - Base Balances Nursing interventions in Fluid, Electrolyte, and Acid - Base imbalances: assessment, types, equipment, procedure and special considerations o Measuring fluid intake and output Correcting Fluid, Electrolyte Imbalance: Replacement of fluids: Oral and Parenteral Venipuncture, regulating IV Flow rates, changing IV solutions and tubing, Changing IV dressing, Administering Blood transfusion Restriction of fluids Psychosocial Needs Concepts of Cultural Diversity, Stress and Adaptation, Self-concept, Sexuality, Spiritual Health, Coping with loss, death and grieving Assessment of psychosocial needs - Nursing intervention for psychosocial needs - Assist with coping and adaptation - Creating therapeutic environment o Recreational and diversional therapies.

### **UNIT-11 Infection control in clinical settings**

**20HRS** 

Infection control Nature of infection Chain of infection transmission Defenses against infection: natural a acquired Hospital acquired infection (Nosocom infection) • Concept of asepsis: medical asepsis, a surgical asepsis Isolation precautions (Barrier nursing) Hand washing: simple, hand antisepsis and surgid antisepsis (scrub) - Isolation: source and protective Personal protecting equipments: types, uses and techniq of wearing and removing - Decontamination of equipme and unit - Transportation of infected patients - Standa

safety precautions (Universal precautions) - Transmissi based precautions • Biomedical waste management: Importance - Types of hospital waste - Hazards associat with hospital waste - Decontamination of hospital waste Segregation and Transportation and disposal of hospi waste.

#### **UNIT-12 Administration of medication**

#### **40HRS**

General principles, consideration, purposes of medicatid rights of the patients. Safety in administering medicatid Medications and Mediation Errors; Drug Forms; Routes administration Storage and maintenance of drug, Bro classification of drugs:- Therapeutic Effect, Side Effec Idiosyncratic Effects, Reactions, Toxic Allerg Reactions, Drug Tolerance, Drug Interactions,

- Factors Influencing drug Actions, - Systems of Dr Measurement: Metric System, Apothecary Syste Household Measurements, Solutions. Converti Measurements Units: Conversion within one syste Conversion between systems, Dosage Calculation Terminologies and abbreviations used in prescriptions medications Oral Drugs Administration: Oral, Sub-lingu and Buccal: Equipment, procedure, Parenteral- Gener principles: decontamination and disposal of syringes a needles

Types of parenteral therapies, Types of syringes, needle canula, and infusion sets, Protection from Needle sti Injuries : Giving Medications with a safety syring Routes of parenteral therapies

Intra-dermal: purpose, site, equipment, procedure, spec considerations, Subcutaneous: purpose, site, equipme procedure, special considerations, Intramuscular: purpos site, equipment, procedure, special considerations, In Venous: purpose, site, equipment, procedure, spec considerations and Nurses responsibility.- Advanc techniques: epidural, intra-thecal, intra-osseous, intraperitoneal, intra-plural, intra-arterial-Role of nurs Topical Administration: purposes, site, equipme procedure, special considerations for Application to Sk Application to mucous membrane- Direct application liquids-Gargle and swabbing the throat- Insertion of Dr

into body cavity: Suppository, medicated packing rectum/vagina- Instillations:, Ear, Eye, Nasal, Bladd and Rectal- Irrigations: Eye, E Bladder, Vaginal and Rectal- Spraying: Nose and thro Inhalation: Nasal, oral, endotracheal (stear oxygen and medications) purposes, types, equipmer procedure, special considerations

- Recording and reporting of medications administered.

#### **UNIT-13 Meeting needs of Peri-operative patients**

#### 10HRS

Definition and concept of Peri operative Nursir Preoperative Phase- Preparation of patient for surgery Intra-operative, Operation theatre Set up a environment., Role of nurse, Postoperative Phas Recovery unit

Post operative unit, Postoperative care, Wounds: type Classifications, wound Healing Process, Factors affecti Wound, Complications of Wound Surgical asepsis, Ca of the wound: types, equipments, procedure and spec considerations- Dressings, Suture Care,- Care Drainage- Application of Bandages,

Binders, Splints & Slingss- Heat and Cold Therapy a Healing.

#### **UNIT-14 Meeting special needs of patient**

#### 15HRS

Care of patients having alteration in: - Temperature (hyp and hypothermia); Types, Assessment, Management Sensorium (Unconsciousness); Assessment, Manageme - Urinary Elimination (retention and incontinence Assessment, Management - Functioning of senso organs: (Visual &hearing impairment) - Assessment Self-Care ability - Communication Methods and spec considerations - Mobility (physically challenged, cas assessment of Self-Care ability: Communication Metho and special considerations - Mental state (mental challenged), assessment of SelfCare ability: Communication Methods and special considerations Respiration (distress); Types, Assessment, Manageme Comfort - (Pain) - Nature, Factors influencing Pa

Coping, Assessment, Management; Treatment related gastrointestinal system: nasogastric suction, gast irrigation, gastric – analysis

#### **UNIT-15 Care of Terminally ill patient**

#### **5HRS**

Concepts of Loss, Grief, grieving Process - Signs clinical death - Care of dying patient: spec considerations - Advance directives: euthanasia, wi dying declaration,organ donation etc - Medico-legal issu - Care of dead body: equipment, procedure and care of u - Autopsy – Embalming.

### UNIT-16 Professional Nursing concepts and practices

#### 5HRS

Conceptual and theoretical models of nursing practic Introduction to models- holistic model, health beli model, health promotion model etc Introduction Theories in Nursing; Peplau's, Henderson's, Orem Neuman's, Roger's and Roy's Linking theories wi nursing process.

#### School of Nursing Suggested Reading

#### Text Book (s)

- 1. Taylor Fundamentals of Nursing, 2007, LWW
- 2. Kozier Fundamentals of Nursing, 2007, Pearson
- 3. Potter Basic Nursing, 2008, Elsevier

#### **Reference Book (s)**

- 1 Lynn Taylor's Clinical Nursing Skills,2008,LWW
- 2. Craven Fundamentals of Nursing, 2010, LWW
- 3. LWW Lippincott's Nursing Procedure, 2008, LWW.
- 4. Jacob Clinical Nursing Skills & Procedures,

#### 2008, Jaypee

Name of The	Psychology		
Course			
<b>Course Code</b>	BSCN1004		
Prerequisite	10+2 PCB 55%		
Co-requisite	Demonstration, Group projects,		
-	Video film, charts		
Anti-requisite	NA		
	L T P C		
	2 0 0 2		

#### **Course Objectives**

This course is designed to assist the students to acquire knowledge of fundamentals of psychology and develop an insight into behaviour of self and others. Further it is aimed at helping them to practice the principles of mental hygiene for promoting mental health in nursing practice.

#### **Course Outcomes**

CO1	Describe the history, scope, methods and				
COI	biology of Human behavior.				
	Describe and identify cognitive processes and				
CO2	role of nurse in managing altered cognitive				
	processes.				
CO3	Describe the Motivation and emotional				
05	processes and their influence on behaviour				
CO4	Explain the concepts of personality and its				
influence on behavior.					
	Describe psychology of people during				
<b>CO5</b> developmental phase of life and identify e					
COS	defense mechanism and its implication on				
	mental health.				
CO6	Illustrate role of nurse in psychological				
	assessment and testing.				

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

Course Content:
Unit-1 Introduction
2HRS
History and origin of science of psychology,
Definitions & Scope of Psychology, Relevance to
nursing, Methods of Psychology.
Unit-2 Biology of behaviour 7HRS
/11K5
Body mind relationship- modulation process in health and illness;
Genetics and behaviour: Heredity and environment;
Brain and Behaviour- nervous system, neurons and
synapse, Association Cortex, Rt and Lt Hemispheres,
Psychology of Sensations, Muscular and glandular
controls of behavior, Nature of behaviour of an
organism/Integrated_responses.
Unit-3 Cognitive processes
24HRS
Attention:
Types, determinants Duration & degree, alterations;
Perception: Meaning, Principles factors affecting,
Errors;
Learning: Nature, Types, learner and learning,
Factors influencing, laws and theories, process,
transfer, study habits;
Memory: Meaning, Types, Nature Factors
influencing, Development Theories and methods of
memorizing and Forgetting
Thinking: Types and levels, stages of development,

Thinking: Types and levels, stages of development, Relationship with language and communication; Intelligence: Meaning, classification, uses, theories; Aptitude: Concept, types, Individual differences and variability; Psychometric assessments of cognitive processes; Alterations in cognitive processes; Applications

#### **Unit-Motivation**

#### 12HRS

Definition, Purpose, scope and need, Basic principles, Organization of counseling services, Types of counseling approaches ,Role and preparation of counselor, Issues for counseling in nursing: students and practitioners, Counseling process — steps & techniques, tools of counselor, Managing disciplinary problems, Management of crisis & referr Motivation: Meaning, Concepts, Types, Theories, Motives and behavior, Conflicts and frustration, conflict resolution. Emotions & stress Emotion: Definition, components, Changes in emotions, theories emotional adjustments, emotions in health and illness. Stress: stressors, cycle, effect, adaptation & coping. Attitude: Meaning, nature, development, factors affecting, Behaviour and attitudes Attitudinal change, Psychometric assessments of emotions and attitudes, Alterations in emotions Applications.

#### **Unit-5 Personality**

#### 9HRS

Definitions, topography, types, Theories, Psychometric assessments of personality, Alterations in personality, Applications, Alterations in disease, Applications and implications in nursing

#### **UNIT-6 Developmental psychology**

#### 9HRS

Psychology of people at different ages from infancy to old age.,Psychology of vulnerable individualschallenged, women, sick, etc.,Psychology of groups.

#### UNIT-7 Mental hygiene and mental health

#### **11HRS**

Concepts of mental hygiene and mental health., Characteristics of mentally healthy person., Warning signs of poor mental health.,Promotive and Preventive mental health- strategies and services, Ego Defense mechanisms and implications., Personal and social adjustments., Guidance and counseling., Role of nurse.

#### UNIT-8 Psychological assessment & tests

6HRS

Types, development, Characteristics, Principles, Uses, Interpretations and Role of nurse in psychological assessment.

#### **School of Nursing**

#### **Suggested Reading**

- 1. R Sreevani Psychology for Nurses, 2012, Jaypee Brothers Medical Publishers.
- 2. Basavanthappa BT- Psychology for Nursing, 2010, Jaypee Brothers Medical Publishers.
- 3. A.B Salgado –Introductory Psychology for Nursing and Allied Health Sciences, 2010, Jaypee Brothers Medical Publishers

#### **Reference Book (s)**

1. Mark Breedlove – Principles of Psychology, 2005, Oxford University Press.

2. I Clement – Textbook on Psychology, 2016, Jaypee.

3. Madhavi & pratibha – A Textbook of Psychology,2015, Vijayam Publications

Name of The	Microbiology
Course	

Course Code	BSCN1005				
Prerequisite	10+2 PCB 55%				
Co-requisite	Demonstration, Group projects,				
	Video film, charts				
Anti-requisite	equisite NA				
		L	Т	P	С
		2	0	0	2

#### **Course Objectives**

This course is designed to enable students to acquire understanding of fundamentals of Microbiology and identification of various microorganisms. It also provides opportunities for practicing infection control measures in hospital and community settings.

#### **Course Outcomes**

-					
CO1	Describe concepts and principles of microbiology.				
	Identify structure, classification, morphology				
CO2	of microbes and demonstrate various				
	laboratory methods used to study microbes.				
	Describe measures for infection control and				
CO3	role of nurse to prevent infection in the				
	hospital by providing health education.				
	Summarize different types of disease				
CO4	producing microorganism and parasites in				
	human body.				
CO5	Demonstrate role of nurse in utilizing aseptic technique while collecting, handling and transportation of various specimens.				
CO6	Explain the basic concept and importance of				
	immune system and appreciate the				
	importance of immunization and				

immunoprophylaxis to prevent infectious disease.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

Unit-1 Introduction	5 HRS
Importance and relevance to nursing perspective, Concepts and terminology, microbiology	
Unit-2 General Characteristics of Micro 14+7HRS	obes
Structure and classification of Microbes,	
Morphological types, Size and form of ba	cteria,
Motility	
Colonization, Growth and nutrition of mic	crobes,
Temperature, Moisture, Blood and body f	luids
Laboratory methods for Identif	ication of
Microorganisms, Staining techniques, Gi	
Acid fast staining, Hanging drop prepara	-
various medias	
<b>Unit-3 Infection control</b>	
14+2HRS	

Infection: Sources, portals of entry and exit, transmission, Asepsis, Disinfection; Types and methods, Sterilization; Types and Methods, Chemotherapy and antibiotics, Standard safety measures, Biomedical waste management, Role of Nurse, Hospital acquired infection, Hospital infection control programme, Protocols, collection of samples, preparation of report and status of rate of infection in Reference Book (s)

1. Dr. Reeba Kanungo - Ananthanarayan and Paniker's Textbook of Microbiology, 10th Edition, Jaypee 2.CP Baveja – Textbook of Microbiology ,6th Edition, 2019, Arya Publications

the unit/hospital, nurse's accountability, continuing education etc

#### **Unit-4 Pathogenic organisms**

16+6

#### HRS

Micro-organisms - Cocci — gram positive and gram negative, bacilli- gram positive and gram negative, Spirochaete, Mycoplasma, Rickettsiae, Chlamydiae, Viruses - Fungi -Superficial and Deep, mycose, Parasites, Rodents & vectors, Characteristics, Source, portal of entry, transmission of infection Identification of disease producing microorganisms, Collection, handling and transportation of various specimens.

#### **Unit-5 Immunity** 11+5HRS

Immunity-Types, classification, Antigen and antibody reaction, Hypersensitivity - skin test Serological tests, Immunoprophylaxis, Vaccines & sera -Types & Classification, storage and handling, cold chain. Immunization for various diseases. Immunization Schedule.

#### **Suggested Reading**

Text Book (s)

- 1. Dr. C.P Baweja Textbook of Microbiology for Nursing, 2007, Jaypee
- 3. Anju Dhir– Textbook of Microbiology for BSc & Post Basic Nursing Students, 2019, Atithi Medical Books.

3. Apurba S Sastry – Essentials of Microbiology ,2018.

4. Apurba S Sastry – Review of Microbiology and Immunology,2019,

Name of The	ENGLISH	
Course		
<b>Course Code</b>	BSCN1006	
Prerequisite	10+2 with PCB 55%	

Co-requisite	10+2 PASS WITH ENGLISH AS COMPULSARY SUBJECT, Group Projects, Video Film Of English Authors, English Films				
Anti-requisite	NA				
		L	Т	P	С
		2	0	0	2

#### **Course Objectives**

- 1. Speak and write grammatically correct English.
- 2. Develop ability to read, understand and express meaningfully the prescribed text.
- 3. Develop skills in spoken English.
- 4. Develop skill in listening, comprehension.

#### **Course Outcomes**

C01	Develop ability to Speak and write grammatically correct English	
CO2	Develop ability to read, comprehend and express meaningfully the prescribed text.	
<b>CO3</b>	Develop writing skills	
CO4	Develop skills in spoken English such as oral report, discussion, debate, telephonic conversation	
CO5	Develop skills in listening, comprehension such as media, audio, video, speeches etc.to communicate with patients and their families in hospital setting and community.	

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

#### **Unit-1 Introduction to English**

	10 hrs
Review of Grammar Remedial study of Gr	ammar,
Building Vocabulary,	

Phonetics, Public Speaking.

Demonstrate use of dictionary, Class room Conversion, Exercise on use of grammar, Practice in public speaking

### Unit-2 Develop ability to read, understand and express meaningfully

#### 30 hrs

the prescribed text, Read and comprehend prescribed course books

Reading, Summarizing, Comprehension

#### **Unit-3 Various forms of Composition**

10 hrs

Letter writing, Note taking, Precise writing, Nurses notes, Anecdotal records, Diary writing, Reports on health problems etc., Resume/CV

Letter writing, Nurses Notes, Precise, Diary, Anecdote, Health problems, Story writing, Resume/CV, Essay Writing, Discussion on written reports/ documents

#### **Unit-4 Spoken English**

6 hrs

Oral report, Discussion, Debate, Telephonic Conversation

Debating, Participating in Seminar, panel, symposium, Telephonic Conversation

#### **Unit-5 Learning Comprehension**

4 hrs

Media, audio, video, speeches etc

Listening to audio, video tapes and identify the key points

#### School of Nursing Suggested Reading

Text Book (s)

- Selva Rose. 1997, Career English for Nurses. Cheiu;ai: Oient Longrnan Ltd.
- 2. Thomson A. J. and Maitüiet A. V. 1987, A licticl English Grammar, Delhi: Oxford University Press.

#### Reference Book (s)

- 1. General English for B.Sc Nursing, 1st edition, Meena sharma
- 2. O' Connor J. D, 1
  986. Better
  English
  h'onuwiation.
  Cambridge:
  University Press.
- By water F. V. A. 1982, Proficincy Course in Enish. London: 1-lodder and Strongliton.
- 4. Oxford advanced Leaiiers Dictionary, 1996

Name of The Course	Nursing Foundations Practical		
Course Code	BSCN1008		
Prerequisite	10+2 PCB 55%		
Co-requisite	Demonstration, Group projects, Video film, charts		
Anti-requisite	NA		
	L T P C		
	0 0 8 8		

#### **Course Objectives**

This course is designed to help the students to develop and understanding of the philosophy, objectives, theories and process of nursing in various clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques if nursing and practice them in clinical settings.

#### **Course Outcomes**

CO1	Perform admission, discharge and patient assessment procedures and provide nursing care by using steps of nursing process.
CO2	Demonstrate all basic nursing procedures as per the log book/procedure manual prescribed by INC, for providing nursing care to patients in the hospital and community setting.
CO3	Perform infection control procedure and practice standard safety precautions (universal precautions) while caring for the patient.
CO4	Communicate effectively with patient, families and team members and maintain effective IPR
CO5	Administer drugs; provide care to the dying and dead, counsel and support relatives.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	End Term Test (ETE)	Total Marks
100	100	200

#### **Course Content:**

#### Unit-1 Hospital admission & discharge

5HRS

Admission, Prepare unit for new patient, Prepare admission bed, Perform admission procedure- new patient, transfer in, Prepare patient records, Discharge/Transfer out, Discharge counseling, Perform discharge procedure, Prepare records of discharge/transfer, dismantle & disinfect unit and equipment after discharge/transfer.

#### **Unit-2 Perform Assessment**

#### **5HRS**

History taking, Nursing diagnosis, problem list, Prioritization, Goals & expected outcomes, selection of intervention, Write nursing care plan, Giving care as per the plan.

#### **Unit-3 Communication & Reporting**

#### 5HRS

Use verbal & non verbal communication techniques, prepare a plan for patient teaching session, change of shift reports, transfer reports, Incident reports etc., present patients report.

#### Unit-4 Vital Signs

#### 5HRS

Measure, Records and interpret alterations in body temperature, Pulse, Respiration and Blood pressure **Unit-5 Health Assessment** 

#### **30HRS**

Health history taking, Perform assessment- general, body systems, Use various methods of physical examination, Inspection, Palpation, Percussion, Auscultation, Olfaction, Identification of system wise deviations.

#### **UNIT-6** Prepare patient's unit

#### 15HRS

Prepare beds- open, closed, occupied, operation, amputation, cardiac, fracture, burn, divided & fowlers bed, Pain assessment and provision for comfort, Use of comfort devices.

#### **UNIT-7** Meeting needs of the patient

#### **70HRS**

Hygienic care- oral hygiene, bath & care of pressure points, Hair wash, Pediculosis treatment, Feeding-Oral, Enteral, Naso/Orogastric, gastrostomy & parentral feeding, Naso-gastric insertion, suction & irrigation, Assisting patient in urinary eliminationprovide urinal/bed pan, Condom drainage, Perineal care, Catheterization, Care of urinary drainage, Bladder irrigation assisting bowel elimination-Insertion of flatus tube, Enemas, Insertion of suppository, Bowel wash, Body alignment & mobility-Range of motion exercises, Positioning- Recumbent, Fowlers. Sims. Lithotomy, Lateral. Prone. Trendelenburg position, Assist patient in moving, lifting, transferring, walking, Restraints, Oxygen administration, Suctioning, Chest PT and postural drainage, Care of chest drainage, CPR-Basic life support, Intravenous therapy, Blood & blood Specimen component therapy, collection for investigations, Perform lab tests, Hot & cold applications, Communicating & assisting with selfcare of - visually & hearing impaired patients, mentally challenged & disturbed patients, alteration of sensorium, Recreational & diversional therapies.

#### **UNIT-8 Infection control**

#### 15HRS

Perform following procedures- Hand washing techniques, Simple, Hand antisepsis, surgical antisepsis(scrub), Prepare isolation unit in lab/ward, Practice technique of wearing & removing Personal protective equipment (PPE), Practice standard safety precautions, Decontamination of equipment & unit-Surgical asepsis: sterilization, Handling sterilized equipment, calculate strength of lotions, Prepare lotions, Care of articles.

#### UNIT-9 Pre & perioperative care 15HRS

Skin preparation for surgery, Preparation of post operative unit, Pre and post operative teaching and counseling, pre and post operative monitoring, Care of the wound- Dressing, suture care, care of drainage, Application of Bandages, Binders, Splints & Slings, Bandaging of various parts.

### UNIT-10 Administration of medication 3

30HRS

Administer medications in different forms & routes-Oral, Sublingual & Buccal, Parentral- Intradermal, Subcutaneous, Intramuscular, Intravenous, assist in intravenous medications, Drug measurement & dose calculation, Preparations of lotions & solutions, Administers topical application, Insertion of drug into body cavity- suppository & medicated packing, Instillation of medication and spray into ear, Eyes, Nose & Throat, Irrigations- Eye & Ear, Bladder, Vagina & Rectum, Inhalations- Dry & moist.

#### UNIT-11 Care of dying patient

5HRS

Caring & Packing of the dead body, counseling & supporting grieving relatives, Terminal care of the unit. School of Nursing

#### **Suggested Reading**

Text Book (s)1. Taylor – Fundamentals of Nursing, 2007, LWW

2. Kozier – Fundamentals of Nursing ,2007,Pearson

3. Potter - Basic Nursing ,2008,Elsevier

Reference Book (s) 1 Lynn – Taylor's Clinical Nursing Skills,2008,LWW

2. Craven – Fundamentals of Nursing ,2010,LWW

3. LWW – Lippincott's Nursing Procedure, 2008, LWW.

4. Jacob – Clinical Nursing Skills & Procedures ,2008,Jaypee

Name of The	Introduction to computer			
Course				
Course Code	BSCN1007			
Prerequisite	10+2 with PCB 55%			
Co-requisite	Computer Lab, Group projects,			
_	Video film			
Anti-requisite	NA			
_	L	Τ	Р	С
	1.5	0	0	1.5

#### **Course Objectives**

1. To enable students to Identify & define various concepts used in computer and application of computer in nursing

- 2. To enable students to demonstrate skill in the use of MS Office, internet and Email and multi-media.
- 3. To Identify features of computer aided teaching and testing
- 4. To apply knowledge of computer to describe and use the statistical packages and the use of Hospital Management System

#### **Course Outcomes**

CO1	Aquire basic knowledge and skills of computer science and its application in Nursing, education, research and service.
CO2	Demonstrate and develop skills in preparing multimedia and its utility in teaching learning process.
CO3	Describe the use of various statistical packages used in hospital/nursing management system.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	Exam	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

#### **Unit-1 Introduction**

#### **3hours**

- Concepts of Computers
- Hardware and software; trends and technology
- Application of computers in nursing.

Charts

#### Unit-2 Introduction to disk – operating system

6 hours

- o DOS
- Windows (all version)
- * Introduction
  - o MS-Word
  - o MS-Excel with pictorial presentation

0	MS-Access
MS-P	ower point

#### **Unit-3 Multimedia**

Multimedia; types & uses

* Computer aided teaching & testing

#### **Unit-4 Internet**

Use of Internet and: e-mail

**Unit-5 Statistical Packages** 

2 hr

2 hrs

* Statistical packages: types and their features

**Unit-6 Hospital Management** 

1 hr

1 hr

* Hospital Management System: Types and uses School of Nursing

#### **Suggested Reading**

Text Book (s)

- 1. Sood Ranju. "Computer for Nursing".1st edition 2014; Avichal.
- **2.** Shendurnikar Niranjan. "Computer for Nurses". 1st edition 201y; Jaypee brothers.

Reference Book (s)

1. Nursing informatics:Scielo.br

Name of The	Sociology				
Course					
<b>Course Code</b>	BSCN2001				
Prerequisite	10+2 with PCB 55%				
<b>Co-requisite</b>	Sociology books				
Anti-requisite	NA				
	L T P C				С
		2	0	0	2

#### **Course Objectives**

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This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

#### **Course Outcomes**

CO1	Describe the concept, importance of sociology and interrelationship of individuals in the society
CO2	Explain influence of culture on health and diseases
CO3	Identify social group and their interaction among each other
	Describe the growth of population in India and
CO4	impact on health
CO5	Describe institution of family, marriage and
	their influence on health and health practices
CO6	Describe the role of nurse in social
	stratification, rural urban community, social
	change, social organization, social system,
	social control and social problems in India.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

#### **Unit-1INTRODUCTION**

1 hour

Definition of Sociology Nature and Scope of the discipline Importance and application of Sociology in Nursing

#### **Unit-2 Individual & Society**

#### Hours

Society and Community Nature of Society, Difference between Society and Community Process of Socialization and individualization Personal disorganization **Unit-3 Culture** 

#### Hours

Nature of culture, Evolution of culture

- Diversity and uniformity of culture
- Culture and socialization, Transcultural society
- Influence on health and disease

#### Unit-4 Social groups and processes

#### Hours

The meaning and classification of groups primary and secondary groups Group: In-group V/s. Out-group, Class Tribe, Caste, Economic, Political, Religious groups, Mob, Crowd, Public and Audience Interaction & Social Processes Co-operation, Competition, Conflict Accommodation, Assimilation & Isolation

#### **Unit-5 Population**

#### Hours

Society and population

- Population distribution in India- Demographic characteristics
- Malthusian theory of Populations
- Population explosion in India and its impact on health status
- Family welfare programmes

6

6

#### Unit-6 Family and marriage

7

#### Hours

Family-Functions

• Types-Joint, Nuclear, Blended and extended family:

Characteristics

• The Modern Family — Changes, Problems-Dowry etc., welfare Services

• Changes & legislations on family and marriage in India - marriage acts

• Marriage: Forms and functions of marriage,

• Marriage and family problems in India

• Family, marriage and their influence on health and health practices

### Unit-7 Social stratification meaning and types of social stratification

#### 9 Hours

The Indian Caste System- origin & features, Features of Caste in India Today

- Social Class system and status
- Social Mobility-Meaning & Types
- Race as a biological concept, criteria of racial classification

• Salient features of Primary races- Racism

• Influence of Class, Caste and Race on health and health practices

#### Unit-8 Types of communities in India

#### Hours

Types of Communities in India

(Rural, Urban and Regional)

Features of village ,community& Characteristics of Indian villages- Panchayat system, social dynamics Community Development, project & planning Changes in Indian Rural Life, Availability of health facilities in rural and its impact on health and health practices

Urban Community features

The growth of cities: Urbanization and its impact on health and health practices

#### Unit-9 Social change Hours

Nature and process of Social Change

- Factors influencing Social change: cultural change, Cultural lag.
- Introduction to Theories of social change: Linear,
- Cyclical, Marxian, Functional

Role of nurse-Change agents

#### Unit-10 Social organization and social system

#### Hours

- Democratic and authoritarian modes of participation,
- Voluntary associations
- Social system: Definition and Types of social system
- Role and Status as structural elements of social system

Inter-relationship of institutions

Unit-11 Social Control

#### 4

#### Hours

• Nature and process of social control

• Political, Legal, Religious, Educational, Economic, Industrial and Technological systems,

Norms & Values- Folkways & Mores, Customs,

Laws and Fashion

Role of Nurse.

#### Unit-12 Social problems

17

#### Hours

8

Social disorganization

• Control & planning: poverty, housing, illiteracy, food supplies, prostitution, rights of women & children, vulnerable groups: Elderly, handicapped, minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/AIDS. Social Welfare programmes in India Role of nurse

#### **School of Nursing**

#### **Suggested Reading**

Text Book (s)

- KP Neeraja "Text book of Sociology for nursing students".1st edition 20014; Jaypee publishers
- **2.** TK Indrani " Text book of sociology for nurses" 2^{nd th} edition 2012; Jaypee publishers
- **3.** Jyoti Srivastava "Textbook of sociology for nursing students" 2st edition 2016, Kumar Publishing House

Reference Book (s)

- I Clement "Sociology for nurses" 2nd edition 2010, pearson publishers
- Krishne Gowda " sociology for nurses" 2nd edition, CR Publishing house
- Karen willis and Shandell Elmer "Society, culture and health "1st edition, Oxford publications

Name of The	Pharmacology, Pathology		
Course	,Genetics		
<b>Course Code</b>	BSCN2002		
Prerequisite	KNOWLEDGE of anatomy		
	,physiology and microbiology		
Co-requisite	Pathology lab with models,		
	charts, log book, Group projects,		
	Video film, Pathology Atlas,		
	Pharmacology lab with models,		
	charts, log book, Group projects,		
	Video film, Pharmacology Atlas		
	Genetic lab with models, charts,		
	log book, Group projects		

Anti-requisite				
	L	Т	Р	С
	3	0	0	3

#### **Course Objectives**

- 1. This course is designed to enable students to acquire knowledge of pathology of various disease conditions and apply this knowledge in practice of nursing.
- 2. This course is designed to enable students to acquire understanding

of Pharmacodynamics,

Pharmacokinetics and Principles

of Therapeutics and Nursing implications.

3. This courses is designed to enable students to acquire understanding of Genetics, its role in causation and management of defects and diseases.

#### **Course Outcomes**

COA1	Explain the importance of study of pathology in nursing and differentiate between normal and abnormal structure and function of human body system.
COA2	Demonstrate and Identify pathological changes in disease condition of various systems.
COA3	Demonstrate various laboratory tests for examination of blood, urine and other body fluids to monitor disease conditions and role of nurse in infection control.

COB1	Describe pharmacodynamics, pharmacokinetics and principles of drug administration.
COB2	Demonstrate chemotherapy used for specific infection & infestations.
совз	Recognize action, side effects, dosage, routes of drugs used for treating diseases relating to all body systems.
COB4	Demonstrate drugs used in emergency, CPR, de-addiction, vaccine & sera, vitamins and minerals deficiency and alternative system of medicine and role of nurse.
COC1	Explain the nature, principle and perspectives of heredity and genetics and its practical application in counseling patience with genetic disorders.
COC2	Demonstrate maternal and genetic influences on developmental defects and diseases in children and their management.
COC3	Demonstrate screening methods used for genetic defects and diseases in neonates, children, adolescents and adults.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

PATHOLOGY

**Unit-1INTRODUCTION** 

5 hours

Importance of the study of pathology, Definition of terms, Methods and techniques, Cellular and Tissue changes, Infiltration and regeneration, Inflammations and Infections, Wound healing, Vascular changes, Cellular growth, Neoplasms Normal and Cancer cell, Benign and Malignant growths, In situ carcinoma, Disturbances of fluid and electrolyte imbalance.

### Unit-2 Pathological changes in disease conditions of various systems:

#### 14 Hrs

Respiratory tract-Tuberculosis, Bronchitis, Pleural effusion and pneumonia, Lung abscess, emphysema, bronchieatasis, Bronchial asthma, Chronic obstructive Pulmonary disease & tumours. Cardiovascular system Pericardial effusion, Rheumatic heart disease, Infective endocarditis, atherosclerosis, Ischemia, infarction & aneurysm Gastro Intestinal Tract - Peptic ulcer, typhoid, Carcinoma of GI tract - buccal, Esophageal, Gastric & intestinal, Liver, Gall bladder & pancreas, Hepatitis, Chronic liver abscess, cirrhosis, Tumours of liver, gall bladder and pancreas, Cholecystitis - Kidneys & Urinary tract - Glomerulonephritis, pyelonephritis, Calculi, renal failure, renal, carcinoma & cystitis - Male genital systems Cryptorchidism testicular, atrophy, Prostatic hyperplasia, Carcinoma Penis & prostate - Female genital system. Fibroids, Carcinoma cervix and Endometrium, Vesicular mole, choriocarcinoma, Ectopic gestation, Ovarian cyst & tumours, Cancer Breast. Central Nervous system

Hydrocephalus, Meningitis, encephalitis,

Vascular disorders

Thrombosis, embolism, Stroke, paraplegia,

quadriplegia

- Tumours, meningiomas

#### **Unit-3 Clinical pathology Hours**

6

1

Various blood and bone marrow tests in assessment and monitoring of disease conditions

Hemoglobin .RBC. White cell & platelet counts, Bleeding time, clotting time and prothrombine

time, Blood grouping and cross matching, Blood

chemistry, Blood culture, Serological and immunological

tests, Other blood tests, Examination of Bone marrow,

Methods of collection of blood, specimen for various

clinical, pathology, biochemistry, microbiology tests,

inference and normal values

#### Unit-4 Examination of body cavity fluids, transudates and exudates 4 Hours

The laboratories tests used in CSF analysis,

Examination of other body cavity fluids, transudates and exudates sputum, wound discharge etc. Analysis of gastric and duodenal contents. Analysis of semensperm count,

motility and morphology and their importance in infertility. Methods of collection of CSF and other cavity fluids specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values.

#### **Unit-5 Urine and Faeces**

#### Hour

Urine

- Physical characteristics, Analysis, Culture and sensitivity.

Faeces

Characteristics, Stool examination: occult blood, ova, parasite and cyst, reducing substance etc.

Methods of collection for various tests, inference and

normal values.

#### PHARMACOLOGY

#### Unit-1 Introduction to Pharmacology 8 Hours

•Definitions •Sources •Terminology used •Types: Classification •Pharmacodynamies: Actions, therapeutic,

Adverse, toxic •Pharmacokinetics:absorption, distribution, metabolism, interaction, excretion
•Review: Routes and principles of administration of drugs •Indian pharmacopoeia: Legal issues • Rational use of drugs

•Principles of therapeutics

#### **Unit-2** Chemotherapy

Hours

6

Pharmacology of commonly used; Penicillin Cephalosporins. Aminoglycosides, Macrolide & Antibiotics. Broad Spectrum Sulfonamides. Ouinolones. Antiamoebic. Antimalarials, AntheImintics, Antiscabies agents, Antiviral & antifungal agents. •Antitubercular drugs•Anti leprosy drugs•Anticancer •Immuno-suppressants drugs Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse.

Unit- 3 Pharmacology of commonly used antiseptics, disinfectants and insecticides. 2 Hours

• Antiseptics; Composition, action, dosage, route, indications, contraindications, drug interactions, side effects,

adverse effects, toxicity and role of nurse • Disinfectants • Insecticides

#### Unit-4 Drugs acting on G.I. system

2 Hours

• Pharmacology of commonly used- Antiemetics, -Emetics – Purgatives – Antacids - Cholinergic-Anticholinergics - Fluid and electrolyte therapy - Anti

2

diarrhoeals - Histamines Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse

### Unit-5 Drugs used on Respiratory Systems

#### Hours

• Pharmacology of commonly used- -

Antiasthmatics, Mucolytics, Decongestants,

Expectorants, Antitussives

Bronchodilators, Broncho constrictors, Antihistamines, Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, Adverse effects, toxicity and role of Nurse.

#### Unit-6 Drugs used on Urinary System Pharmacology of commonly 2 Hours

2 Hours

used-•Diuretics and antidiuretics •Urinary antiseptics •Cholinergic and •anticholinergics

Acidifiers and alkalanizeis •Composition, action, •dosage, route, indications,• contraindications, drug interactions, side effects, adverse • effects, toxicity and role of Nurse.

#### **Unit-7 Miscellaneous**

#### Hours

• Drugs used in de-addiction • Drugs used in CPR and emergency • Vitamins and minerals • Immunosuppressant

Antidotes • Antivenom • Vaccines and sera

### Unit-8 Drugs used on skin and mucous membranes 2

#### Hours

Topical applications for skin, eye, ear, nose and buccal cavity, Antipruritics, Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse

#### Unit-9 Drugs acting on Nervous system

8

4

#### Hours

Basic & applied pharmacology of commonly used: Analgesics and Anaesthetics

Analgesics - Non steroidal anti Inflammatory (NSAID) drugs Antipyretics Hypnotics and Sedatives- Opioids

- Non-Opioids – Tranquilizers - General I & local anesthetics - Gases: oxygen, nitrousoxide,carbon dioxide

Cholinergicc and anti-cholinergic: Musclerelaxants

Major tranquilizers, Anti-psychotics, Antidepressants Anticonvulsants., Adrenergics, Noradregenics, Mood stabilizers, Acetylcholine, Stimulants, Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse.

**Unit-10 Cardiovascular drugs** 

#### Hours

• Haematinics • Cardiotonics, • Anti anginals • Antihypertensives & Vasodilators • Anti-arrhythmics Plasma expanders • Coagulants & anticoagulants • Antiplatelets & thrombolytics • Hypolipidemics Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity, role of Nurse

#### Unit-11 Drugs used for hormonal disorders and supplementation, contraception and medical termination of pregnancy 4 Hours

Insulins & Oral hypoglycemic • Thyroid supplements and suppressants • Steroids, Anabolics • Uterine stimulants and relaxants • Oral contraceptives • Other estrogen-progestrone preparations • Corticotrophine & Gonadotropines • Adrenaline. • Prostaglandins - • Calcitonins • Calcium salt • Calcium regulators Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse.

6

#### Unit-12 Introduction to Drugs used in alternative systems of medicine: 6 Hours

• Ayurveda, Homeopathy, Unani and Siddha etc GENETICS

#### **Unit-1 Introduction:**

4

3

#### Hours

• Practical application of genetics in Nursing • Impact of genetic condition on families • Review of cellular division mitosis and meiosis. •

Characteristics and structure of genes •

Chromosomes — sex determination

• Chromosomal aberrations Patterns of inheritance Mendalian theory of inheritance Multiple allots and blood groups Sex linked inheritance. Mechanism of inheritance. Errors in transmission (Mutation)

#### Unit-2 Maternal, prenatal and genetic influences on development of defects and diseases 4

#### Hours

• Conditions affecting the mother: genetic and infections • Consanguinity atopy • Prenatal nutrition and food allergies. • Maternal Age • Maternal drug therapy • Prenatal testing and diagnosis • Effect of Radiation, drugs and chemicals • Infertility• Spontaneous abortion . Nueral Tube defects and the role of folic acid in lowering the risk. DownsSyndrome(Trisomy 21)

### Unit-3 Genetic testing in the neonates and children

#### Hours

• Screening for - Congenital abnormalities -Developmental delay- Dysmorphism

Unit-4 Genetic conditions of adolescents and adults 3

#### Hours

• Cancer genetics — Familial Cancer • Inborn errors

of metabolism • Blood group alleles and haematological disorder • Genetic haemochromoatosis • Huntington's disease• Mental illness

#### **Unit-5 Services related to Genetics**

#### Hours

Genetic testing • Human genome project • Gene therapy • The Eugenics movement • Genetic Counselling Legal and Ethical issues Role of nurse

#### **Suggested Reading**

Text Book (s)

- 1. Swaminathan K Pathology for Nurses, 2009, Jaypee Brothers Medical Publishers
- 2. Sharma Suresh K– Textbook of Pharmacology, Pathology and Genetics for Nurses (2 Volumes), 2016, Jaypee Brothers Medical Publishers.
- 3. Tara Shanbhag Veena NayakSmita Shenoy Pharmacology for Nurses, 2011, Elsevier.
- Sharma Suresh K– Textbook of Pharmacology, Pathology and Genetics for Nurses (2 Volumes), 2016, Jaypee Brothers Medical Publishers.
- Sharma Suresh K Human Genetics in Nursing, 2010, Jaypee Brothers Medical Publishers.
- Sharma Suresh K– Textbook of Pharmacology, Pathology and Genetics for Nurses (2 Volumes), 2016, Jaypee Brothers Medical Publishers.

Reference Book (s)

- 4. Stanley L Robbins– Robbins and Cotran Pathologic Basis of Disease. 2005. Elsevier/Saunders
- 5. Harsh Mohan Textbook of Pathology, 2015, Jaypee Brothers Medical Publishers
- 6. K.D Tripathi-**Essentials** Of Medical pharmacology, 2008, Jaypee **Brothers** Medical Publishers.
- 7. Karen Whalen Lippincott Illustrated Reviews: Pharmacology 6th edition, 2018, Jaypee Brothers Medical Publishers.
- 8. Stanley L Robbins- Robbins and Cotran Pathologic Basis of Disease, 2005, Elsevier/Saunders
- 9. Harsh Mohan – Textbook of Pathology, 2015, Jaypee Brothers Medical Publishers

Name of The	Medical Surgical Nursing-1		
Course			
Course Code	BSCN2003		
Prerequisite	KNOWLEDGE of anatomy		
	,physiology and microbiology		
Co-requisite	Anatomy physiology lab with		
	models, charts, log book, Group		
	projects, Video film, Anatomy &		
	Physiology Atlas		
Anti-requisite	NA		
	7 0 0 7		

#### **Course Objectives**

	diagnostic measures, management and
	prevention of complications of adult patients
	suffering with various medical conditions.
	Explain and identify etiology,
	pathophysiology, clinical manifestations,
<b>CO4</b>	diagnostic measures, management and
	prevention of complications of adult patients
	suffering with various surgical conditions.
	Explain and identify etiology,
	pathophysiology, clinical manifestations,
CO5	diagnostic measures, management and
005	
	prevention and control of communicable
	diseases in adult and elderly patients.
	Describe and identify the organization,
	physical set up, instruments/ equipments
and	used, infection control & standard safety
CO6	measures taken by nurses while working in
	operation theatre, intensive care unit and
	1 ,
1	coronary care unit and dialysis unit etc.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home. 15 hours

#### **Course Outcomes**

CO1	Describe and appreciate the emerging trends in medical and surgical nursing conditions and role of nurse in caring the adult patient in hospital and community.
CO2	Demonstrate common sign and symptoms, problems of specific disease conditions and their specific nursing interventions.
CO3	Explain and identify etiology, pathophysiology, clinical manifestations,

#### Introduction to medical surgical nursing

Introduction to medical surgical nursing- Evolution and trends of medical and surgical nursing • Review of Concepts of Health and illness Disease-concepts, causations, classification-International Classification Diseases (ICD- 10 or later version), Acute illness Chronic illness & Terminal illness, stages of illness, Review of concepts of comprehensive nursing care in medical surgical conditions based on nursing process, Role of Nurse, patient and family in care of adult patient, Role and responsibilities of a nurse in medical surgical settings: Outpatient department. - In-patient

unit, Intensive care unit. Home and Community settings Introduction to Medical Surgical asepsis Inflammation and Infection – Immunity Wound healing Care of Surgical Patient -Pre-operative Intra operative -Post Operative

# Unit-2

#### hours

Common signs and symptoms and management Fluid and electrolyte imbalance. Vomiting, Dyspnea and cough, Incontinence respiratory obstruction, Fever Shock, Unconsciousness, Edema Syncope, Pain Age related problems-geriatric

Unit-3

hours

Nursing management of patients (adults including elderly) with respiratory problems

Review of anatomy and physiology of respiratory system, • Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of adults including elderly with - Upper Respirator' that infection Bronchitis Asthma Emphysema Empyema Atelectasis Chronic Obstructive Pulmonary Diseases (COPD) Bronchiectasis Pneumonia• Pulmonary tuberculosis • Lung abscess Pleural effusion Cysts and Tumours • Chest injuries Respiratory arrest and insufficiency Pulmonary embolism special therapies, alternativeTherapies Nursing procedures Drugs used in treatment of respiratory disorders

#### Unit-4

hours

Nursing management of patient (adults including elderly) with disorders of digestive system

Review of anatomy and physiology of digestive system • Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management Disorders of Oral cavity- lips, gums, and teeth Oesophagus —inflammation? stricture, obstruction, bleeding and tumours Stomach and deudenumhiatus hernia, gastritis, peptic and deudenal ulcer, bleeding, tumours, pyloric stenosis Small intestinal disorders inflammation and infection, entritis, malabsorption, obstruction, tumour and perforation Large intestinal disorders-Colitis. inflammation and infection. obstruction and tumour and lump Hernias Appendixinflammation, mass, abscess, rupture Anal & Rectum; hemorrhoids, fissures, Fistulas • Peritonitis/acute abdomen Pancreas; inflammation, cyst, abscess and tumours Liver; inflammation, cyst, abscess, cirrhosis, portal hypertension, hepatic failure, tumours Gall Bladder; inflammation, obstruction, stones and tumours Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of digestive system

# Unit-5

15

20

30

hours

Nursing management of patient (adults including elderly) with blood and cardio vascular problems Review of anatomy and physiology of blood and cardio vascular system, Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of-Vascular system Hypertension, Hypotension -Artherio sclerosis Raynaud's disease Aneurism and Peripheral vascular disorders Heart Coronary artery diseases Ischemic Heart Disease,Cornory atherosclerosis Angina pectoris Myocardial infarction Valvular disorders of the heart Congenital and acquired - Rheumatic Heart diseases Endocarditis, Pericarditis Myocarditis Cardio Myopathies Cardiac dysrhythmias, Heart Block Congestive cardiac failure Cor-pulmonale, pulmonary edema, cardiogenic shock, cardiac tamponade Cardiac emergencies and arrest Cardio Pulmonary Resuscitation (CPR) • Blood Anaemias Polycythemia Bleeding disorders; clotting factor defects and platelets defects Thalassemia Leukopenias and agranulocytosis Leukaemias Lymphornas Myelornas Special therapies Blood transfusion. safety checks, procedure and requirements, management of adverse transfusion

reactions:, records for blood transfusion. Management and counseling of blood donors, phlebotomy procedure, and post donation management. Blood hank functioning and hospital transfusion committee. Biosafety and waste management in relation to blood transfusion Role of a nurse in Organ donation, retrieval and banking Alternative therapies Nursing procedures Drugs used in treatment of blood and cardio vascular disorders

### Unit-6

#### hours

Nursing management of patient (adults including elderly) with genito-urinary problems

Review of anatomy and physiology of genito-urinary system Nursing Assessment-History and Physical Etiology, Pathophysiology, assessment clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of-Nephritis Nephrotic syndrome • Nephrosis Renal calculus • Tumours Acute renal failure Chronic renal failure End stage renal disease Dialysis, renal transplant Congenital disorders, urinary infections Benign prostate hypertrophy. • Disorders of ureter, urinary bladder and urethera inflammation, infection, stricture, obstruction, tumour, prostrate Special therapies, alternative therapies Nursing procedures Drugs used in treatment of genitourinary disorders

#### Unit-7

5 hours

Nursing Management of disorders of male(adults including elderly) reproductive system

Review of anatomy and physiology of male reproductive system Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of disorders of male reproductive system Congenital malformations; Hypospadiasi Alospadiasis, Epispadiasis • Infections Testis and adjacent structures Penis Prostate: inflammation, infection, hypertrophy, tumour Sexual Dysfunction Infertility Contraception Breast; gynecomastia, tumour • Climacteric changes Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of male reproductive system.

#### Unit-8

#### hours

10

Nursing management of patient(adults including elderly) with disorders of endocrine system

Review of anatomy and physiology of endocrine system Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of-Disorders of Thyroid and Parathyroid Diabetes mellitus Diabetes insipidusAdrenal tumour Pituitary disorders. Special therapies, alternative' therapies Nursing procedures Drugs used in treatment of disorders of endocrine system.

#### Unit-9

10 hours

15

Nursing management of patient (adults including elderly) with disorders of Integumentary system Review of anatomy and physiology of Skin and its appendages Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of disorders of skin and its appendages –Lesions and abrasions Infection and infestations: Dermititis Dermatoses: infect mis and Non infectious "inflammatory dermatoses" Acne Vulgaris Allergies and Eczema • Psoriasis Malignant melanoma • Alopecia Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of Integumentary system.

Unit-10 hours

Nursing management of patient (adults including elderly) with musculoskeletal problems

Review of anatomy and physiology of musculoskeletal system, Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of -Disorders of: Muscles, Ligaments and Joints inflammation, infection, trauma Bones-inflammation, infection, dislocation, fracture, tumour and trauma • Osteomalacia and osteoporosis Arthritis Congenital deformities Spinal column- defects and deformities, Tumor, Prolapsed inter vertebral disc, pott's spine Paget's disease Amputation Prosthesis Transplant & replacement surgeries Rehabilitation. Special therapies, alternative therapies Nursing procedures Drugs treatment used in of disorders of musculoskeletal system.

#### Unit-11 hours

Nursing management of patient (adults including elderly) with Immunological problems

Review of Immune system, Nursing Assessment-History and Physical assessment Etiology,

Pathophysiology, clinical manifestations,

diagnosis. treatment modalities and medical,

surgical, dietetics & nursing management of-

Immunodeficiency disorder. • Primary immuno deficiency.Phagocytic dysfunction B-cell and T-cell deficiencies, Secondary immunodeficiencies Acquired immunodeficiency syndrome (AIDS) Incidence of HIV & AIDS Epidemiology Transmission-Prevention of Transmission Standard Safety precautions • Role of Nurse; Counseling • Health education and home care consideration.National AIDS Control Program -NACO, various national and international agencies Infection control program • Rehabilitation. Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of immune logical system.

#### Unit-12 hours

Nursing management of patient (adults including elderly) with Communicable Diseases

• Overview of infectious disease, the infectious process • Nursing Assessment-History and Physical assessment

• Epidemiology, infectious process. clinical manifestations, diagnosis, treatment, prevention and Control and eradication of dietics. common Communicable Diseases Tuberculosis diarrhoeal diseases hepatitis A - E herpeschickenpox • smallpox, typhoid, meningitis,gas gangrene • leprosy.Dengue • Plague • Malaria Diptheria • Pertussis Poliomyelitis • Measles Mump Influenza • Tetanus Yellow fever • Filarias HIV, AIDS Reproductive Tract Infections • Special infection control measures: Notification, Isolation. Quarantine, Immunization, Infectious Disease Hospital Special therapies, alternative therapies Nursing procedures Drugs used in treatment of Communicable diseases

#### Unit-13

10

#### 25 hours

Peri operative nursing

• Organization and Physical set up of the Operation Theatre (OT):Classifications - O.T. DESIGN -

Staffing

- Members of the OT team.Duties and responsibilities of nurse in O.T.Principles of Health and operating room attire.

• Instruments, Sutures and suture materials • Equipments O.T. tables and sets for common surgical procedures

• Positions and draping for common surgical procedures• Scrubbing procedures• Gowning and gloving Preparation of O.T. Sets• Monitoring the patient during surgical procedures Maintenance of therapeutic environment in O.T.Standard Safety measures Infection control; fumigation, disinfection and sterilization Biomedical waste management • Prevention of' accidents and hazards in O.T Anaesthesia • Types • Methods of administration Effects and Stages

Equipments • Drugs Cardio Pulmonary

Resuscitation (CPR)

Pain management techniques 
 Legal Aspects

**School of Nursing** 

#### **Suggested Reading**

Text Book (s)

- Smeltzer Brunner & Suddharth Textbook of Medical Surgical Nursing, 2010,
- 2. LWW Black Medical Surgical Nursing,2009,Elsevier

Reference Book (s)

- 1. Lewis Medical Surgical Nursing,2008,Elsevier
- 2. Webber Health assessment In Nursing ,2010,WK
- 3. Nettina Lippincott manual of Nursing Practice,2009,LWW
- Carpenito Nursing Care Plans & Documentation Carlpenito – Nursing Diagnosis ,2009,LWW

Name of The	Community Health Nursing - I				
Course					
Course Code	BSCN2004				
Prerequisite	10+2 PCB 55%,				
Co-requisite	Community Health Nursing lab				
	with charts, posters, log book				
Anti-requisite	NA				
	3 0 0 3				

#### **Course Objectives**

This course is designed for students to appreciate the principles of prevention, promotion and maintenance of health for individuals, families and community that will help to identify communicable and non-communicable diseases and participate in family welfare programs at different community settings.

#### **Course Outcomes**

C01	Describe concept, dimensions and
COI	determinants of health
CO2	Explain, concept, scope, uses, methods and
02	approaches of epidemiology.
	Elaborate epidemiology and nursing
CO3	management of common communicable
	disease and role of nurse in prevention and
	control.
CO4	Describe epidemiology and nursing
04	management of non communicable diseases.
	Describe the concepts and scope of
CO5	demography and identify the impact of
005	population explosion and methods of
	population control

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

UNIT-1 INTRODUCTION	
2HRS	

Community Health Nursing : Definition, concept and Dimensions of health, Promotion of health, Indicators of health, Maintenance of health

### UNIT- 2 DETERMINANTS OF HEALTH 20HRS

Eugenics, Environment, Acts regulating environment, Bacterial, Viral Agents, Arthopods and rodents, Food Hygiene and Acts regulating Food Hygiene, Drug cosmetic Act, Marriage system- custom, Taboos, Life Style, Dietary pattern, Financial Management

#### UNIT-3 EPIDEMIOLOGY 10HRS

Definition<concept, aims, scope, uses and terminology used in epidemiology, Dynamics of disease transmission, Epidemiological triad, Morbidity and mortality measurements, Levels of prevention, Methods of Epidemiology

UNIT-4 EPIDEMIOLOGY AND NURSING MANAGEMENT OF COMMUNICABLE DISEASES

#### 25HRS

Respiratory infections- Chicken pox, Measles, Rubella, Influenza, Mumps, Intestinal infections, Whooping cough, Tuberculosis, ARI with pneumonia, Meningococcal meningitis, Cholera, Poliomyelitis, Diarrheoal Diseases, Typhoid fever, Food poisoning, Zoonoses, Arthopod infections, Dengue Malaria, Filariasis, Anthrax, Typhus fever, Scrub typhus, Murine typhus, Hookworm infection, Leismaniasis, Ascariasis, Trachoma, Leprosy, Rabies, STD & RTI, HIV/AIDS

#### UNIT-5 EPIDEMIOLOGY AND NURSING MANAGEMENT OF NON COMMUNICABLE DISEASES

### 10HRS

Malnutrition, Nutritional deficiencies, Anaemia, Hypertension, Diabetes Mellitus, Stroke, Rheumatic heart disease, Coronary heart disease, Blindness, accidents, Mental illness, obesity, Iodine deficiency, Epilepsy, Fluorosis, Cancer

### **UNIT-6 DEMOGRAPHY**

#### 6HRS

Definition, Concepts, Scope, Methods of Collection, Analysis and Interpretation of demographic data, Demographic rates and ratios.

### **UNIT-7 POPULATION AND ITS CONTROL**

#### 17HRS

Population Explosion and its impact on social, economic development of individual, society and country, population control: overall development: women empowerment, social, economic and educational development, Limiting family size : Promotion of small family norm, Methods : spacing Natural, biological, chemical, mechanical methods, etc , Terminal: Surgical methods.

### School of Nursing

#### **Suggested Reading**

Text Book (s)1. Park - A Textbook of Social and Preventive Medicine, 2015, Banarsidas Bhanot 2. Simrat - Community Health Nursing – I for B.Sc Nursing students, 2013, Lotus

Reference Book (s) 1. Allender – Community Health Nursing,2009,LWW

2. Stanhope – Community Health Nursing,2008,Elsevier

3. Basvanthappa B T- Essentials of Community Health Nursing, 2011, Jaypee

4. Gulani - Community Health Nursing(principles and practice), 2012, Kumar

Name of The	Communication & Educational
Course	Technology
Course Code	BSCN2005
Prerequisite	Knowledge regarding
	Importance and aspects of
	communication

Co-requisite	Demonstration, Group projects, Video film, charts			ects,	
Anti-requisite	NA				
		L	Т	P	С
		3	0	0	3

#### **Course Objectives**

This course is designed to help the students acquire an understanding of the principles and methods of communication and teaching. It helps to develop skill in communicating effectively, maintaining effective interpersonal relations, teaching individuals and groups in clinical, community health and educational settings

#### **Course Outcomes**

	Review & demonstrate communication			
CO1	process, interpersonal relations & human			
	relation skills in context of nursing.			
CO2	Develop basic skill of guidance and			
02	counseling process used in nursing			
	Describe philosophy, principles, teaching-			
CON	learning process & various methods used in			
CO3	teaching in classroom, hospitals and			
	community setting.			
	Demonstrate teaching skills using various			
CO4	teaching methods in clinical, classroom &			
	community settings.			
	Demonstrate the preparation & used of			
CO5				
	teaching effectively.			
	Demonstrate & develop various innovative			
CO6	assessment strategies to assess knowledge,			
000	skills and attitudes.			
	Prepare students to use & plan IEC activities			
by using various methods & medias				
<b>CO7</b>	educate individuals, groups & community at			
	large			
	141.50			

#### **Continuous Assessment Pattern**

Internal	Continuou	End	Total
Assessment	S	Term	Marks
(IA)			

	Assessment Test (CAT)		
10	7.5+7.5	75	100

#### **Course Content:**

Course Content:	
Unit-1 REVIEW OF COMMUNICATION	Τ
PROCESS 6HRS	
Process; elements And channel ,Facilitators ,Barriers	
and methods of overcoming Techniques	
Unit-2 INTERPERSONAL RELATIONS	T
6HRS	
Purpose & types ,Phases ,Barriers & methods of	+
overcoming, Johari Window	
	_
Unit-3 HUMAN RELATIONS	
6HRS	
Understanding self, Social behavior, motivation,	1
social attitudes, Individual and groups, Groups &	
individual, Human relations in context of nursing,	
Group dynamics, Team work	
crowp agrianites, round work	1
UNIT-4 GUIDANCE & COUNSELING	+
12+5 HRS	1
Definition Dumosa soons and need Desis minsiples	+

Definition, Purpose, scope and need, Basic principles, Organization of counseling services, Types of counseling approaches ,Role and preparation of counselor, Issues for counseling in nursing: students and practitioners, Counseling process — steps & techniques, tools of counselor ,Managing disciplinary problems, Management of crisis & referral

### UNIT-5 PRINCIPLES OF EDUCATION & TEACHING LEARNING PROCESS 6HRS

Education: meaning, philosophy, aims, functions &	UNIT-9 INFO	ORMATION,	EDU	CAT	IOI	N
principles, Nature and Characteristics of learn,	,			(IEC		
Principles and maxims of teaching, Formulating	6HRS					(
objectives; general and specific, Lesson planning,	Health behavior	& health edu	cation	Pla	annir	ng fo
Classroom management.	health education					-
		nmunities, Co				
UNIT-6 METHODS OF TEACHING	messages, Metho					
11+10HRS	messages, Using		commu	mea	ung	near
11+10HK5	School of Nursing					
T / 1 / 1 /		5				
Lecture, demonstration, group discussion, seminar						
symposium, panel discussion, role play, project, field						
trip, workshop, exhibition, programmed instruction,	G					
computer assisted learning, micro teaching problem	Suggested Readin	ıg				
based learning, Self-instructional module and	Text Book (s)					
simulation etc.Clinical teaching methods: Case	1. Sankar Narayan	an – Education	& Com	ımu	nicat	tion
method, nursing round & reports, bedside clinic,	Technology, 2007					
conference (individual & group) process recording.	2. Young – Teaching Nursing, 2008, LWW					
UNIT-7 EDUCATIONAL MEDIA	3. K.P Neeraja – Nursing Education, 2008, Jaypee					
11+8HRS	Reference Book (s)			C		
	1. Bosek – Ethica	·	Nurein	o F	duca	tion
Purposes and types of A.V. Aids, Principles &	LWW	r component or	1 ui sin		uuca	uon
Sources etc., Graphic aids: chalk board, chart, graphs,	2. Mariner – Teacl	hing Nursing .20	008.Els	evie	er	
posters, flash cards, flannel graph, bulletin, cartoon, 3	3. Smith - The Leg	0 0				
Dimensional Aids: Objects, Specimens, Models,	Dimensions of Hig					
Puppets, Printed Aids: Pamphlets & leaflets.	4. Keating – Curri	-			ng	
Projected Aids: Slides, OHP, Films, TV, VCR/ VCD,	,WoltersKluwer.	F			-0	
Camera, Microscope, LCD. Audio Aids: Tape						
recorder, public address system. Computer.						
recorder, public address system. Computer.	Name of The	Medical Surgi	cal Nur	sing	g-1	
UNIT-8 ASSESSMENT	Course					
6+7HRS	Course Code BSCN2006					
0+/11K5	Prerequisite Basic Nursing procedures					
Durmone and soons of suclustice and soons ment	Co-requisite	Med Surg lab				
Purpose and scope of evaluation and assessment, Criteria for selection of assessment, techniques and		log book, j				· · · · · · · · · · · · · · · · · · ·
methods, Assessment of knowledge: Essay type		Practice sess		V1d	eo	11lm,
questions, Short answer questions (SAQ). Multiple	Anti normisita	Group projects	8			
	Anti-requisite	na	T	Т	D	C
Choice Questions (MCQ). Assessment of skills						
Choice Questions (MCQ). Assessment of skills: Observation Check List. Practical Exam. Viva.				T	<b>P</b>	
Choice Questions (MCQ). Assessment of skills: Observation Check List, Practical Exam, Viva, Objective Structured clinical examination (OSCE)			0	<b>1</b> 0	<b>P</b> 12	12

This course is designed to help the students to develop and understanding of the philosophy, objectives, theories and process of nursing in various clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques if nursing and practice them in clinical settings.

#### **Course Outcomes**

CO1	Develop skills in providing nursing care to adult patients with medical and surgical conditions concerning all systems of human body and prepare them for home care.
CO2	Identify instruments and equipments used for common surgical and medical procedures in the wards, operation theatre and critical care units.
CO3	Develop skills in advanced nursing procedures to practice in all medical and surgical conditions including emergencies and critical care settings.
CO4	Develop skills in infection control practices and bio medical waste management to prevent nosocomial infection in the hospital and community settings.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
100		100	200

#### **Course Content:**

**Unit-1 Introduction** 

180 hours

General Medical Ward (Respiratory. Endocrine, Renal,)

Assessment of the Patient Taking history Perform
general and specific physical examination.
Identify alterations and deviations• Practice medical
surgical asepsis- Standard safety measures
Administer medications Oral, IV, IM, Subcutaneous•
IV therapy IV canulation Maintenance and
monitoring Oxygen therapy by different methods•
Nebulization Chest physio therapy Naso gastric
feeding Assist in common diagnostic
Perform Assist in therapeutic procedures Blood and
component therapy Throat Suctioning Collect
specimens for common investigations. Maintain
elimination Caricaturisation Bowel wash Enema
Urinary drainage Maintain Intake, output and
documentation Counsel and teach related to specific
disease conditions
Unit-2 180
hours
General Surgical Ward (GI, Urinary, CTVS)
• Practice medical surgical asepsis- Standard safety
measures• Pre operative preparation of patients Post
operative care — Receiving Pt, assessment,
monitoring, care, Care of wounds and drainage
Suture removal
Ambulation and exercise Naso gastric aspiration Care
of chest drainage Ostomy care Gastrostomy Colostomy
Enterostomy Blood and component therapy Practice
universal precautions
Unit-3 150
hours
Cardiology ward
Physical examination of the cardio vascular system
Recording and interpreting ECG Monitoring of
patients
Preparation and assisting in non-invasive and
invasive diagnostic procedures. Administer cardiac
drugs
Cardio pulmonary Resuscitation

#### Skin &Communicable disease Ward

Assist in diagnostic and therapeutic procedures Administer topical medication Practice medical surgical asepsis - Standard safety measures Use of personal protective equipment(PPE) Give Medicated baths Counseling HIV positive patients Teach prevention of infectious disease

#### Unit-5

#### 80 hours

5

#### Orthopaedic

Assessment of orthopaedic patients Assist in application of plaster cast and removal of cast Apply skin traction- buck's extension traction. Assist in application and removal of prosthesis Physiotherapy-Range of motion exercises (ROM), muscle strengthening exercises Crutch maneuvering technique. Activities of daily living Ambulation Teach and counsel patients and families Unit-6 70 hours

#### **Operation theatre**

Scrubbing, gowning, gloving Identify instruments, suturing materials for common operations Disinfection.

Carbolization, fumigation Preparation of instrument sets for common operations Sterilization of sharps and other instruments Prepare the OT table depending upon the operation Positioning and

monitoring of patients

Endotracheal intubation Assisting in minor and major operations. Handling specimens Disposal of waste as per the guidelines

# Unit-7

## hours

### ICU,CCU, CARDIAC OT.

Assist in arterial for puncture blood gas analysis.Perform ECG and interpret accordingly.Conduct and analysis pulse oximetry.Care airway.Assist with artificial in endotracheal intubation.Setting up ventilator, Giving care in ventilator.

#### School of Nursing

#### **Suggested Reading**

#### Text Book (s)

- 3. Smeltzer Brunner & Suddharth Textbook of Medical Surgical Nursing, 2010,
- 4. LWW Black Medical Surgical Nursing,2009,Elsevier
- 5. Jacob–Clinical Nursing Skills& Procedures, 2008,Jaypee
- 6. LWW Lippincott's Nursing Procedure, 2008, LWW

#### Reference Book (s)

- 5. Lewis Medical Surgical Nursing,2008,Elsevier
- 6. Webber Health assessment In Nursing ,2010,WK
- 7. Nettina Lippincott manual of Nursing Practice,2009,LWW
- Carpenito Nursing Care Plans & Documentation Carlpenito – Nursing Diagnosis ,2009,LWW
- 9. Taylor Fundamentals of Nursing, 2007, LWW
- 10. Kozier Fundamentals of Nursing ,2007,Pearson
- 11. Potter Basic Nursing ,2008,Elsevier
- 12. Lynn Taylor's Clinical Nursing Skills,2008,LWW

Name of The	Community Heat	lth	Nur	sing	- I
Course	Practical				
Course Code	BSCN2007				
Prerequisite	10+2 PCB 55%				
Co-requisite	Community Health Nursing lab				
_	with charts, poste	rs, l	og t	ook	
Anti-requisite	NA				
		L	Т	Р	С
		0	0	3	3

#### **Course Objectives**

This practical experience is designed for students to apply the principles of prevention, promotion and maintenance of health by educating individuals, families and community. This practical exposure will also provide students a base to participate in different health clinics and practice primary health care at primary health centre and in community setting.

#### **Course Outcomes**

C01	Build and maintain rapport with the health		
COI	care team in the community		
	Identify demographic characteristics, health		
CO2	determinants and community health		
	resources.		
	Diagnose health needs of individuals,		
CO3	families and community by conducting		
	survey and plan health care activities.		
	Provide primary health care in primary health		
CO4	centers, sub centers and MCH centers and		
04	community hospitals and also educate people		
	about healthy life style for health promotions.		

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
NA	NA	NA	NA

#### **Course Content:**

Unit-1 Community Health posting/Primary Health Centre

135 HRS

- Community Health Nursing
- Introduction- Use Techniques of IPR
- Health Determinants
- History taking
- Physical Examination
- Sample collection
- Performing lab tests
- Administer vaccines and medications to adults

Counsel and teach • individual, family and community

**School of Nursing** 

#### **Suggested Reading**

Text Book (s)1. Park - A Textbook of Social and
Preventive Medicine, 2015, Banarsidas Bhanot
2. Simrat - Community Health Nursing – I for B.Sc
Nursing students, 2013, Lotus
3. Sunil & Ramendra. Clinical case record for
Community Health Nursing, 2015, Kumar
4. Vijay. Cumulative Record of Clinical/Practical
Experiences for Basic B.Sc. Nursing (As per the
New Syllabus of Indian Nursing Council), 2012,
Kumar

Reference Book (s) 1. Allender – Community Health Nursing,2009,LWW

2. Stanhope – Community Health Nursing,2008,Elsevier

3. Basvanthappa B T- Essentials of Community Health Nursing, 2011, Jaypee

4. Gulani - Community Health Nursing(principles and practice), 2012, Kumar

5. Suresh. Community Nursing Procedure Manual, 2016, CBC

Name of The	Medical and surgical nursing ii				
Course					
<b>Course Code</b>	BSCN3001				
Prerequisite	Knowledge regar	ding	g MS	SN-I	
Co-requisite	Med Surg lab with models, charts,				
-	log book, procedu	ire i	nan	ual	
Anti-requisite	NA				
		L	Т	Р	С
		4	0	0	4

#### **Course Objectives**

- 1. To enable students gain knowledge etiology, clinical manifestations for managing patient with eye and ENT disorders.
- 2. To enable students to understand neurological disorders and their management.
- 3. To enable students to understand the concept of female reproductive system & concepts of reproductive health and family welfare programme and manage patients with disorders of reproductive system.
- 4. To enable students to provide nursing care of patients with Burns, reconstructive surgeries and various types of malignancies & various geriatric conditions.
- 5. To enable students to help patients in emergency, critical care units and disaster situations.
- 6. To enable students to apply knowledge of medical surgical using in providing patient care in the hospital and community settings with all the conditions.

#### **Course Outcomes**

CO1	Explain and identify etiology, pathophysiology, clinical manifestations, diagnostic measures, management and prevention of complications of adult patients suffering with various medical disease conditions
CO2	Explain and identify etiology, pathophysiology, clinical manifestations, diagnostic measures, management and prevention of complications of adult patients suffering with various surgical conditions
CO3	Describe and identify the concepts, needs, problems (physical, social, economical,

	Describe the role of nurse in disaster	
CO4	management and management of common	
004	emergency conditions in hospital and	
	community settings.	
	Demonstrate the organization set up of	
CO5	critical care unit and role of nurse in	
	managing critically ill patients	
	Describe and identify the occupational and	
industrial health problems of workers and		
CO6	of nurse in managing these disease	
	conditions.	

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

#### Unit-1 Nursing management of Patient with disorders of Ear Nose and Throat 15 HOURS

Review of anatomy and physiology of the Ear Nose and Throat, Nursing Assessment-History and Physical assessment, Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management of Ear Nose and Throat disorders: External ear: deformities otalgia, foreign bodies, and tumors Middle Ear- Impacted wax, Tympanic membrane perforation, otitis media, otosclerosis, mastoiditis, tumours, Inner ear- Meniere's Disease, labyrinthitis, ototoxicity, tumors, Upper airway infections - Common cold, sinusitis, ethinitis, rhinitis, pharyngitis, tonsillitis and adenoiditis, peritonsilar abscess, laryngitis Upper respiratory airway —epistaxis, Nasal obstruction, laryngeal, obstruction, cancer of the larynx-Cancer of the oral cavity, Speech defects and speech therapy, Deafness -Prevention, control and rehabilitation Hearing Aids, implanted hearing devices Special therapies nursing procedures Drugs used in treatment of disorders of Ear Nose and Throat Role of nurse Communicating with hearing impaired and muteness.

Unit-2 Nursing management of patient with eye disorders

#### **15HOURS**

Review of anatomy and physiology of the eye-Nursing Assessment-History and Physical assessment. Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities, medical & surgical management of eye disorders, Refractive errors, Evelids-infection, tumours and deformities. Conjunctiva- inflammation and infection, bleeding, Cornea- inflammation and infection, Lens-Cataracts, Glaucoma, Disorder of the urinary tract, Ocular tumours, Disorders of posterior chamber and retina: Retinal and vitreous problems, Retinal detachment, Ocular emergencies and their prevention Blindness National blindness control. Program Eye Banking, Eye prostheses and Rehabilitation Role of a nurse Communication with visually impaired Patient, Eye camps Special therapies Nursing procedures Drugs used in treatment of disorders of eye.

### Unit-3 Nursing management of patient with

16

#### neurological disorder

#### HOURS

Review of anatomy and physiology of the neurological system: Nursing Assessment-History and Physical and neurological assessment and Glasgow coma scale • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management of neurological disorders, Congenital malformations, Headache Head Injuries Spinal Injuries: Paraplegia Hemiplegia, Quadraplegia,Spinal cord compression herniation of intervertebral disc, Tumors of the brain & spinal cord cranial cerebral aneurysms Intra and Infections: Meningitis, Encephalitis, Brain abscess, neurocysticercosis, Movement disorders:ChoreaSeizures, Epilepsies Cerebro

Vascular Accidents (CVA) Cranial, Spinal Neuropathies — Bell's palsy, trigeminal neuralgia, Peripheral Neuropathies; Guillain Barr'e Syndrome Myasthenia gravis Multiple sclerosis Degenerative diseases Delirium, Dementia Alzheimer's disease -Parkinson's disease, Management of unconscious, patients and patients with stroke • Role of the nurse in communicating with patient having neurological deficit, Rehabilitation of patients with neurological deficit, Role of nurse in long stay facility (institutions) and at home Special therapies Nursing procedures Drugs used in treatment of neurological disorders.

Unit-4 Nursing management of patients with disorders of female reproductive system 16 HOURS

Review of anatomy and physiology of the female reproductive system Nursing Assessment-History and Physical assessment Breast Self Examination Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management disorder of female reproductive system Congenital abnormalities of female reproductive system, Sexuality and Reproductive Health Sexual Health Assessment Menstrual Disorders: Dysmenorrhea, Amenorrhea, Premenstrual Syndrome Abnormal Uterine Bleeding; Menorrhagia, Metrorrhagia Pelvic Inflammatory Disease-Ovarian and fallopian tube disorders; infections, cysts, tumours Uterine and cervical disorders; Endometriosis, polyps, Fibroids, Cervical and uterine tumours, uterine displacement, Cystocele/UrethrocelelRectocele Vaginal disorders; Infections and Discharges, Fistu las, Vulvur disorders; Infections, cysts, tumours Diseases of breasts; Deformities, Infections, Cysts and Tumours, Menopause and Hormonal, Replacement Therapy • Infertility, Contraception; Types Methods, Risk and effectiveness Spacing Methods, Barrier methods, Intra Uterine Devices, Hormonal, Post Conceptional Methods. Terminal methods, Sterilization, Emergency Contraception methods • Abortion -Natural, Medical and surgical abortion - MTP Act, Toxic Shock Syndrome, Injuries and Trauma; Sexual violences, Special therapies Nursing procedures Drugs used in treatment of gynaecological disorders, National family welfare programme etc.

Unit-5 Nursing management of patients with Burns, reconstructive and cosmetic surgery 10HOURS

Review of anatomy and physiology of the skin and connective tissues and various deformities, Nursing Assessment-History and Physical assessment and Assessment of burns and fluid and electrolyte loss, Etiology, Classification, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management of Burns and Re-constructive and Cosmetic surgery; Types of Reconstructive and Cosmetic surgery; for burns, congenital deformities, injuries and cosmetic purposes Role of Nurse Legal aspects Rehabilitation Special therapies Psycho social aspects of nursing aspects Nursing procedures, Drugs used in treatment of Burns reconstructive and cosmetic surgery

#### UNIT-6 Nursing management of patients with oncological conditions 10HOURS

Structure & characteristics of normal & cancer cells Nursing Assessment-History and Physical assessment Prevention, Screening, Early detection, Warning signs of cancer • Epidemiology, Etiology, Classification, Pathophysiology, Staging, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management of oncological conditions, Common malignancies of various body systems; Oral, larynx, lung, Stomach and Colon, Liver, Leukemias and lymphomas, Breast, Cervix, Ovary, Uterus, Sarcoma, Brain, Renal, Bladder, Prostate etc Oncological emergences, Modalities of treatment Immunotherapy, Chemotherapy Radiotherapy, Surgical Interventions Stem cell and Bone marrow transplants Gene therapy Other forms of treatment, Psychosocial aspects of cancer. • Rehabilitation, Palliative care Symptom and Pain Management, Nutritional support, Home care, Hospice

care Stoma Therapy, Special therapies Psycho social aspects • Nursing procedures

#### UNIT-7 Nursing management of patient in EMERGENCY & DISASTER situations Disaster Nursing 10HOURS

Concepts and principles of Disaster Nursing: Causes and Types of Disaster: Natural and Man-made Earthquakes, Floods, Epidemics, Cyclones, Fire, Explosion, Accidents Violence, Terrorism; biochemical, War Policies related to emergency/disaster management; International, national, state, institutional Disaster preparedness: Team, Guidelines, protocols, Equipments ,Resources Coordination and involvement of; Community, various govt. departments, non-Government. organizations and International agencies Role of nurse: working Legal Aspects of Disaster Nursing Impact on Health and after effects: Post Traumatic Stress Disorder Rehabilitation; physical, psychosocial, Financial, Relocation, Emergency Nursing Concept, priorities, principles and Scope of emergency nursing Organization of emergency services: physical setup, staffing, equipment and supplies, protocols, Concepts of triage and role of triage nurse Coordination and involvement of different departments and facilities Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management of patient with medical and surgical Emergency Principles of emergency management Common Emergencies; Respiratory Emergencies Cardiac Emergencies Shock and Hemorrhage Pain Poly-Trauma, road accidents, crush injuries, wound Bites Poisoning; Food, Gas, Drugs & chemical poisoning Seizures Thermal Emergencies; Heat stroke & Cold injuries Pediatric Emergencies Psychiatric Emergencies Obstetrical Emergencies Violence, Abuse, Sexual assault Cardio Pulmonary Resuscitation Crisis Intervention, Role of the nurse;

Communication and Inter Personal Relations, Medico-Legal Aspects,

# UNIT-8 Nursing care of the elderly **10HOURS**

Nursing Assessment-History and Physical assessment Aging; Demography; Myths and realities • Concepts and theories of aging Cognitive Aspects of Aging Normal biological aging Age related body systems changes Psychosocial Aspects of Aging Medications and elderly Stress & coping in older adults Common Health Problems & Nursing Management; Cardiovascular, Respiratory, Musculoskeletal, Endocrine, genito-urinary, gastrointestinal Neurological, Skin and other Sensory organs Psychosocial and Sexual c Abuse of elderly, Role of nurse for care of elderly: ambulation, nutritional, communicational, psychosocial and spiritual, Role of nurse for caregivers of elderly Role of family and formal and non-formal caregivers Use of aids and prosthesis (hearing aids, dentures, Legal & Ethical Issues Provisions and Programmes for elderly; privileges, Community Programs and health services; Home and institutional care.

#### UNIT-9 Nursing management of patient in critical care units 10 HOURS

Nursing Assessment-History and Physical assessment Classification, Principles of critical care nursing • Organization; Physical setup, Policies, staffing norms, Protocols, equipment and supplies • Special equipments; ventilators, cardiac monitors, defibrillator,Resuscitation equipments,Infection Control Protocols, Nursing management of critically ill patient; Monitoring of critically ill patient CPR-Advance Cardiac Life support Treatments and procedures. Transitional care,Ethical and Legal Aspects Communication with patient and family Intensive care records Crisis Intervention Death and Dying-coping with Drugs used in critical care unit UNIT-10 Nursing management of patients adults including elderly with Occupational and Industrial Disorders 8 HOURS

Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, diagnosis, treatment modalities and medical & surgical nursing management of occupational and industrial health disorders Role of nurse Special therapies, alternative therapies Nursing procedures Drugs used in treatment of Occupational and Industrial disorders

#### School of Nursing

#### **Suggested Reading**

Text Book (s)

- Smeltzer Brunner & Suddharth Textbook of Medical Surgical Nursing, 2010,
- 2. LWW Black Medical Surgical Nursing,2009,Elsevier

Reference Book (s)

- 1. Lewis Medical Surgical Nursing, 2008, Elsevier
- 2. Webber Health assessment In Nursing ,2010,WK
- 3. Nettina Lippincott manual of Nursing Practice, 2009, LWW

Carpenito – Nursing Care Plans & Documentation Carlpenito – Nursing Diagnosis ,2009,LWW

Name of The	Child health Nursing
Course	
<b>Course Code</b>	BSCN3002
Prerequisite	10+2 with PCB 55%
Co-requisite	Maternal & Child Health Nursing
	lab with charts, posters, log book
Anti-requisite	NA

L	Т	P	С
3	0	0	3

#### **Course Objectives**

- **1.** To enable students to learn the modern concept of child care, its principles national policies, programs.
- 2. To enable students to identify the needs of children at different ages, monitor growth & development of children at different ages and appreciate role of nurse.
- **3.** To apply knowledge in providing care to normal and high risk neonates, perform neonatal resuscitation and manage common neonatal problems.
- 1. To enable students to acquire knowledge of nursing management of common childhood disorders and behavioural and social problems in children.

#### **Course Outcomes**

CO1	Describe the latest trends and challenges in child health care.
CO2	Identify growth and development, nutritional and psychological needs of children at different age groups and appreciate the preventive measure to be taken concerning child related illness.
CO3	Identify and differentiate between normal and sick neonates and provide nursing care as per the module of IMNCI as provided by INC.
CO4	Identify and demonstrate promotive, preventive, curative and rehabilitative measures for childhood disease and problems.
CO5	Identify and manage a child with behavioral and social problems, educate and counsel parents and make timely referral for child welfare services.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Mid Term Exam (MTE)	End Term Exam (ETE)	Total Marks
10		75	100
	7.5+7.5		

#### **Course Content:**

# Unit-1 Introduction Modern concepts of childcare

#### hours

Internationally accepted rights of the Child, National policy and legislation in relation to child health and welfare,

National programmes related to child health and welfare, Agencies related to welfare services to the children, Changing trends in hospital care, preventive, promotive and curative aspects of child health, Child morbidity and mortality rates, Differences between an adult and child, Hospital environment for a sick child Impact of hospitalization on the child and family, Grief and bereavement, The role of a Child health nurse in caring for a hospitalized child, Principles of pre and post operative, care of infants and children, Child health nursing procedures.

#### Unit-2 The healthy child

20 Hrs

15

Principles of growth and development, Factors affecting growth & development, growth and development from birth to adolescence, the needs of normal children through the stages of development and parental guidance, nutritional needs of children & infants: breast feeding, exclusive breast feeding supplementary/artificial feeding and weaning, baby friendly hospital concept, accidents: causes and prevention, value of play and selection of play material, preventive immunization programme and cold chain, preventive pediatrics, care of under-five & under five clinics/well baby clinics

# Unit-3 Nursing care of a neonate HRS

Nursing care of a normal new-born/ Essential newborn care, Neonatal resuscitation, nursing management of low birth weight baby, kangaroo mother care, Nursing management of a low birth baby, nursing management of common neonatal disorders, organization of neonatal unit, Identification & nursing management of common congenital malformations.

# Unit-4Integrated management of neonatal and<br/>childhoodillnesses(IMNCI)10 HRS

Integrated management of neonatal and childhood illnesses (IMNCI)

# Unit-5 Nursing management in common childhood diseases

#### 20 hrs

15

Nutritional deficiency disorders, respiratory disorders and infections, gastrointestinal infections, infestations and congenital defects and rheumatic fever, rheumatic heart disease, genitor- urinary disorders; acute glomerulonephritis, nephrotic syndrome, wilms' tumour, infection & congenital disorders, neurological infections & disorders; convulsions, epilepsy, meningitis, hydrocephalus, spina-bifida, haematological disorders, anaemias, thalassemia, ITP, leukemia, haemophilia, endocrine disorders, juvenile diabetes mellitus, orthopedic disorders: club feet, hip dislocation and fracture, disorders of skin, eye, and ears, common communicable diseases in children, their identification, nursing management in hospital, home and prevention,

Child health emergencies: poisoning, foreign bodies, haemorrhage, burns and drowning, nursing care of infant and children with HIV/AIDS

Unit 6- Ma	nage	ement of	behavioural	& social	
problems		in		children	
10 hrs					
Management	of	common	behavioural	disorders,	
management	of	common	psychiatric	problems,	
management	of	challenge	ed children:	mentally,	

physically & socially challenged, welfare services for challenged children in India, child guidance clinics School of Nursing

#### **Suggested Reading**

#### Text Book (s)

- 1. Parul Dutta Pediatric Nursing, 2014, Jaypee
- 1. Marlow Textbook of Pediatric Nursing,1996, Elsevier.

#### **Reference Book (s)**

- 1. Kyle Essentials of Pediatric Nursing,2009, LWW.
- 1. Rimple Sharma Essentials of Pediatric Nursing, 2013, Jaypee.
- 1. Hockenberry Essentials of Pediatric Nursing,2008,Elsevier.
- 2. Potts Pediatric Nursing ,2007,Thomson Learning.

Name of The	Mental health Nursing				
Course					
Course Code	BSCN3003				
Prerequisite	Knowledge regar	ding	g psy	ycho	logy
Co-requisite	Mental Health(Psychiatric)				
	Nursing with, Power point, charts,				
	log book,				
Anti-requisite	NA				
		L	Т	Р	С
		3	0	0	3

#### **Course Objectives**

- **1.** To enable students to acquire knowledge of concepts, Historical trends dimensions, Principles and determinates of Mental Health Nursing
- **1.** To enable student to define various terms and classification used in Mental Health Nursing

- **2.** To explain Student about the and psycho dynamics of maladaptive behaviour
- **3.** To make Student Learn about nature, purpose and process of assessment of mental health status Examination
- **4.** To enable student to learn and define various therapeutic communication technique
- **5.** To explain Student about treatment modalities and therapies used in mental disorders and role of the nurse
- 6. To enable Students to describe the etiology, psychopathology, clinical manifestations , diagnostic criteria and management of patients with Schizophrenia and other psychotic disorders
- 7. To enable student to learn describe the etiology, psycho- pathology, clinical manifestations , diagnostic criteria and management of mood disorder
- 8. To Enable student to describe the etiology, psycho- pathology, clinical manifestations , diagnostic criteria and management of patients with neurotic, stress related and somatization disorders
- **9.** To make student acquire learning about in details of Substance abuse, Eating, Sexual and personality disorder
- **10.** To enable student to acquire brief knowledge of Childhood and Adolescent disorders including mental deficiency
- **11.** To make student aware about identification of psychiatric emergencies, Legal aspects( Various laws) and Community mental health nursing

	Describe historical development, latest
	trends, epidemiology, scope, legal & ethical
CO1	issues in psychiatric nursing & role of nurse
	in caring for mentally ill patients in the
	hospital and community setting.
	Define various terms used in mental health
	nursing and describe principles,
CO2	classification, etiological factors,
	psychopathology, conceptual models and
	standards of mental health nursing practice.
	Differentiate between neurotic and psychotic
	mental and organic brain syndrome
coa	&describe the etiology, psychopathology,
CO3	signs and symptoms, medical management of
	all psychotic and neurotic disorder and Mood
	disorder
	Assess mental health status of mentally ill
CO4	patient and provide nursing care based on the
	status
	Identify therapeutic communication
CO5	techniques, nurse patient relationship and
05	provide therapeutic intervention and
	treatment modalities for mental disorders
	Identify psychiatric emergencies and role of
CO6	nurse in crisis intervention management
	referral with hospital and community center
CO7	Explain treatment modalities and therapies
	used in mental disorders and role of the nurse
	Describe the etiology, psychopathology,
CO8	clinical manifestations, diagnostic criteria
CUð	and management of patients with substance
	use disorders.
	Describe the etiology, psychopathology,
	clinical manifestations, diagnostic criteria
CO9	and management of childhood and
	adolescent disorders including mental
	deficiency
	Describe the model of preventive psychiatry,
CO10	Legal psychiatry and community mental
	health services and role of nurse.
	·

**Continuous Assessment Pattern** 

status

Internal Assessment (IA)	Mid Term Exam (MTE)	End Term Exam (ETE)	Total Marks
10		75	100
	7.5+7.5		

## Principles of Mental health Nursing Standards of Mental health Nursing practice

- Conceptual models and the role of nurse: Existential Model
- Psycho-analytical models

# Behavioural modelInterpersonal modelUnit-3Assessmentofmentalhealth

Course Content:	8 HRS
Unit-1 Introduction 5hours	<ul> <li>History taking</li> <li>Mental status examination</li> </ul>
<ul> <li>Perspectives of Mental Health and Mental Health nursing: evolution of mental health services, treatments and nursing practices.</li> <li>Prevalence and incidence of mental health problems and disorders.</li> <li>Mental Health Act</li> <li>National Mental health policy vis a vis National</li> </ul>	<ul> <li>Mini mental status examination</li> <li>Neurological examination:</li> <li>Review Investigations: Related Blood chemistry, EEG, CT &amp; MRI • Psychological tests Role and responsibilities of nurse</li> </ul>
<ul><li>Health Policy • National Mental Health programme</li><li>Mental health team</li></ul>	Unit-4Therapeutic communication and nurse- patient relationship06HRS
<ul> <li>Nature and scope of mental health nursing</li> <li>Role and functions of mental health nurse in various settings and factors affecting the level of nursing practice</li> <li>Concepts of normal and abnormal behaviour</li> <li>Unit 2- Principles and Concepts of Mental Health</li> <li>Nursing</li> </ul>	Therapeutic communication:Types, techniques, characteristicsTypes of relationship,Ethics and responsibilitiesElements of nurse patient contractReview of technique of IPR-JohariWindowGoals, phases, tasks, therapeutic techniquesTherapeutic impasse and its
5hours	Unit-5 Treatment modalities and therapies used in
• Definition: mental health nursing and terminology used Classification of mental	mental disorders 14 hrs
<ul> <li>disorders:</li> <li>ICD Review of personality development, defense mechanisms</li> <li>Maladaptive behaviour of</li> <li>individuals and groups: stress, crisis and disaster(s)</li> <li>Etiology: bio- psycho-social factors Psychopathology of mental disorders: review of structure and function of brain, limbic system arid abnormal neuro transmission</li> </ul>	<ul> <li>Psycho Pharmacology</li> <li>Psychological therapies: Therapeutic community, psycho therapy-Individual: psycho-analytical, cognitive and supportive, Family, Group, Behavioural, Play, Psycho-drama, Music, Dance, Recreational and Light therapy, Relaxation therapies: Yoga, Meditation, bio feedback</li> <li>Alternative systems of medicine</li> <li>Occupational therapy • Physical Therapy: electro convulsive therapy • Geriatric considerations</li> <li>Role of nurse in above therapies</li> </ul>

	Unit 9- Nursing management of patient with Substance use disorders			
Unit 6- Nursing management of patient with	Substance use disorders 5 hrs			
Schizophrenia, and other psychotic disorders				
05 hrs	Commonly, used psychotropic substance:			
Classification: ICD	Classification, forms, routes, action, intoxication and withdrawal			
Etiology, psycho-pathology, types, clinical	Etiology of dependence:			
manifestations, diagnosis	tolerance, psychological and physical dependence,			
Nursing Assessment-History,	withdrawal syndrome, diagnosis,			
Physical and mental assessment	Nursing Assessment-History, Physical, mental			
Treatment modalities and nursing management of	assessment and drug assay.			
patients with Schizophrenia and other psychotic	Treatment (detoxification, anti abuse and narcotic			
disorders	antagonist therapy and harm reduction) and nursing			
Geriatric considerations	management of patients with substance use disorders			
Follow-up and home care and	Geriatric considerations			
Rehabilitation	Follow-tip and home care and rehabilitation			
	Unit 10- Nursing management of patient with			
	Personality, Sexual and Eating disorders			
Unit 7- Nursing management of patient with mood	04 hrs			
disorders 05 hrs	Classification of disorders • Etiology,			
	psycho-pathology, characteristics, diagnosis,			
• Mood disorders: Bipolar affective disorder,	Nursing Assessment-History, Physical and			
Mania depression and dysthamia etc	mental assessment			
• Etiology, psycho-pathology, clinical	Treatment modalities and nursing			
manifestations, diagnosis,	management of patients with Personality,			
Nursing Assessment-History, Physical and mental	Sexual and Eating disorders			
assessment	Geriatric considerations			
Unit 8- Nursing management of patient with	Follow-up and home care and rehabilitation			
neurotic, stress related and somatization disorders				
8 hrs	Unit 11- Nursing management of childhood and			
• Anxiety disorder, Phobias, Dissociation	adolescent disorders including mental deficiency			
and Conversion disorder, Obsessive	06 hrs			
compulsive disorder, somatoform				
disorders, Post traumatic stress disorder	Classification Etiology, psychopathology,			
• Etiology, psycho-pathology, clinical	characteristics, diagnosis Nursing Assessment-			
manifestations, diagnosis Nursing	History, Physical, mental and IQ assessment			
Assessment-History, Physical and mental assessment	Treatment modalities and nursing management of			
Treatment modalities and nursing management of	childhood disorders including mental deficiency Follow-up and home care and rehabilitation			
patients with neurotic, stress related and				
somatization disorders Geriatric considerations	Unit 12- Nursing management of organic brain disorders			
Follow-up and home care and rehabilitation				
ronow-up and nome care and renabilitation	05 hrs			
	Classification: ICD?			

<ul> <li>Etiology, psycho-pathology, clinical features, diagnosis and Differential diagnosis (parkinsons and alzheimers)</li> <li>Nursing Assessment-Flistory, Physical, mental and neurological assessment • Treatment modalities and nursing management of organic brain disorders • Geriatric considerations</li> <li>Follow-up and home care and</li> <li>Unit 13- Psychiatric emergencies and crisis intervention</li> </ul>	secondary, tertiary levels including rehabilitation and Role of nurse • Mental Health Agencies: Government and voluntary, National and International • Mental health nursing issues for special populations: Children, Adolescence, Women, Elderly, Victims of violence and abuse, Handicapped, HIV /AIDS etc. School of Nursing
hrs	
Types of psychiatric emergencies and their management Stress adaptation Model: stress and stressor, coping, resources and mechanism Grief: Theories of grieving process, principles, techniques of counseling Types of crisis Crisis Intervention: Principles, Techniques and Process Geriatric considerations Role and responsibilities of nurse	Suggested Reading Text Book (s) 1. Townsend – Psychiatric Mental Health Nursing,2007.F.A.Davis 2. Stuart – Principles & Practice of Psychiatric Nursing,2008,Elsevier
Unit 14- Legal issues in Mental Health Nursing	Deference Deels (s)
<ul> <li>04hrs</li> <li>The Mental Health Act 1987: Act, Sections, Articles and their implications etc.</li> </ul>	Reference Book (s) 1. Sreevani – Psychiatric Mental Health Nursing,2008,Jaypee
Indian Lunacy Act.1912	2. Shives – Basic Concepts in Psychiatric
Rights of mentally ill clients	Mental Health Nursing,2007,LWW
Forensic psychiatry	<ol> <li>KP Neeraja, Mental Health Nursing,2006Potts</li> <li>Kappor Bimla, Mental Health Nursing, 2006</li> </ol>
Acts related to narcotic and psychotropic     substances and illegel drug trafficing •	2. Rappor Binna, Mentai Health Mutshig, 2000
substances and illegal drug trafficking • Admission and discharge procedures	
Role and responsibilities of nurse	Name of TheMidwifery and Obstetrical NursingCourse
Unit 15- Community Mental Health Nursing	Course Code BSCN3004
04 hrs	Prerequisite         Knowledge regarding anatomy and
Development of Community Mental Health Services:	physiology of reproductive system
National Mental Health Programme	<b>Co-requisite</b> Maternal and child health nursing
Institutionalization Versus	lab with dummy, Stimulators
Deinstitutionalization • Model of	,charts, log book, group project,
Preventive psychiatry: Levels of Prevention	Video film, Models
Mental Health Services available at the primary	Anti-requisite NA

10

### 1.5 0 0 1.5

#### **Course Objectives**

1. To enable students to acquire knowledge of anatomy and physiology of female reproductive system.

2. To enable students to acquire knowledge of normal pregnancy and its management.

3. To understand the physiology and management of stages of labour and puerperium

4. To apply knowledge of midwifery and obstetrics nursing in care of patient at hospital and community settings

#### **Course Outcomes**

CO1	Acquire knowledge regarding male and female reproductive system so as to understand the concept of midwifery and obstetrics nursing.	
CO2	Recognize new trends and challenges in midwifery and obstetrics nursing	
CO3	Demonstrate diagnosis and management of women during antenatal, intra natal and postnatal period of pregnancy and labor	
CO4	Demonstrate assessment and management of normal new born baby in the hospital and community setting.	

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Mid Term Exam (MTE)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

#### **Unit-1 Introduction** hours

Introduction to concepts of midwifery and obstetrical nursing, Trends in midwifery and obstetrical nursing ,Historical perspectives and current trends, Legal and ethical aspects, preconception care and preparing for parenthood, Role of nurse in midwifery and obstetrical- nursing, National policy and legislation in relation to maternal health and welfare, Maternal morbidity, mortality and fertility rates, perinatal morbidity and mortality rates.

#### Unit-2 hours

# Anatomy and physiology of female reproductive system and foetal development

Female pelvis — general description of the bones joints, ligaments

planes of the pelvis diameters of the true pelvis, important landmarks, variations in pelvis shape.

Female organs of reproduction - external genitalia, internal genital organs and their anatomical □relations, musculature — blood- supply, nerves, lymphatics, pelvic cellular, tissue, pelvic peritoneum., Physiology of menstrual cycle, Human sexuality, Foetal development, Conception.

Review of fertilization; implantation (embedding of the ovum), development of the embryo and placenta at term — functions, abnormalities, the foetal sac, amniotic fluid, the umbilical cord foetal circulation, foetal skull, bones, sutures and measurements. Review of Genetics

Unit-3

10 hrs

Assessment and management of pregnancy (antenatal)

- Normal pregnancy
- Physiological changes during

Pregnancy, Reproductive system, Cardio vascular system, Respiratory system, Urinary system, Gastro intestinal system, Metabolic changes, Skeletal changes, Skin changes, Endocrine system, Psychological changes, Discomforts of pregnancy, Diagnosis of pregnancy, Signs, Differential diagnosis, Confirmatory tests, Ante-natal care C Objectives, Assessment, History and physical examination, Antenatal Examination, Signs of previous child-birth, Relationship of foetus to uterus and pelvis: Lie, Attitude, Presentation, Position

- Per vaginal examination.

• Screening and assessment for high risk; Risk approach, History and Physical Examination, Modalities of diagnosis; Invasive & Non-Invasive, ultrasonic, cardio tomography, NST, CST

• Antenatal preparation, Antenatal counseling, Antenatal exercises Q Diet, Substance use, Education for child-birth, Husband and families, Preparation for safe-confinement, Prevention from radiation, Psycho-social and cultural, aspects of pregnancy, Adjustment to pregnancy, Unwed mother, Single parent, Teenage pregnancy, Sexual violence

•Adoption

Unit-4

12 hrs

#### Assessment and management of intra-natal period

• Physiology of labour, mechanism of labour, Management of labor. First stage: Signs and symptoms of onset of labour; normal and abnormal, Duration, Preparation of: Labour room, Woman, Assessment and observation of women in labour; partogram-maternal and foetal monitoring, Active management of labour, Induction of labour

- Second stage:, Signs and symptoms; normal and abnormal, Duration, Conduct of delivery; Principles and techniques in relief and comfort in labour, Episiotomy (only if required), Receiving the new born

- Neonatal resuscitation; initial steps and subsequent resuscitation, Care of umbilical cord, Immediate assessment including screening for congenital anomalies, Identification, Bonding, Initiate feeding, Screening and transportation of the neonate

• Third stage: Signs and symptoms; normal

and abnormal, Duration, Method of placental expulsion, Management; Principles and techniques. Examination of the placenta, Examination of perineum, Maintaining records and reports, Fourth Stage

#### Unit-5

15 hrs

# Assessment and management of women during post natal period

- Normal puerperium; Physiology, Duration
- Postnatal assessment and management
- Promoting physical and emotional well-being
- Lactation management and Immunization

Family dynamics after child-birth, Family welfare services; methods, counseling, Follow-up

Records and reports

Unit-6

10 hrs

#### Assessment and management of normal neonates

Normal Neonate; Physiological adaptation, Initial & Daily assessment, Essential newborn care; Thermal control, Breast feeding, prevention of infections, Immunization, Minor disorders of newborn and its management

Levels of Neonatal care (level I,II, & III) ,At primary, secondary and tertiary levels, Maintenance of Reports and Records

**School of Nursing** 

#### **Suggested Reading**

**Text Book (s): 1.** Myles. "Text book for midwives".7th edition 2004; Churchill livingstone.

**2.** D.C.Dutta. Text book of Obstetrics. 6 th edition 2004; New central book agency.

**Reference Book (s): 1.** Orshan – Maternity Nursing ,2009,LWW

2. Ricci – Essentials of maternity nursing, 2009, Lippincotts

- 3. William's Obstetrics, 2009, Mcgrahill
- 4. Lowdermilk Maternity Nursing, 2008, Elsevier

Name of The	Nursing research and statistics				
Course					
Course Code	BSCN3005				
Prerequisite	10+2 with PCB	10+2 with PCB 55%			
Co-requisite	Nursing research and statistics				
_	books				
Anti-requisite	NA				
_		L	Т	Р	С
		1.5	0	0	1.5

#### **Course Objectives**

1. To enable students to understand the importance of research in nursing.

2. To enable the students to apply concepts of research in nursing.

3. To identify various sources of review of literature.

4. To explain the use of statistics, scales of measurement and graphical presentation.

#### **Course Outcomes**

CO1	Describe the concept, terminology, and steps used in nursing research process.
CO2	Identify research problem, state objectives and review the related literature.
CO3	Describe research approaches, design, sampling and Data collection techniques
CO4	Analyze, Interpret and summarize the data by using descriptive and inferential statistics.
CO5	Communicate and utilize the research findings in Nursing Practice, education and administration.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Mid Term Exam (MTE)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

Unit-1 Research and research process		
5 hours		
• Introduction and need for nursing research		
• Definition of Research & nursing research		
• Steps of scientific method		
Characteristics of good research		
• Steps of Research process – overview		
Unit-2 Research Problem Question	4	
hours		
Identification of problem area		
Problem statement		
• Criteria of a good research problem.		
Writing objectives		
Unit-3 Review of literature		4
hours		

• Location	Unit-8 Communication and utilization of research		
• Sources	4		
• On line search; CINHAL,COCHRANE etc	hours		
<ul><li>Purposes</li><li>Method of review</li></ul>	· Communication of manager h findings		
	Communication of research findings		
Unit-4 Qualitative and Quantitative designs	Verbal report		
6 hours	Writing research report		
Unit-5 Sampling and data collection 8			
hours	• Writing scientific article/paper ,Critique review of published research ,utilization of research findings		
Definition of Population, Sample, Sampling	School of Nursing		
criteria, factors influencing • sampling process, types	School of Fullbing		
of sampling techniques.			
• Data- why, what, from whom, when and where to	Suggested Reading		
• Data- why, what, from whom, when and where to collect.	Text Book (s):		
	1. Mrs Sunanda S Roy Choudhary "Textbook of		
• Data collection methods and instruments:	nursing research"1 st edition ,KPH publishers		
Methods of data collection, Questioning, interviewing,	2. BT Basavanthappa "Essentials of nursing research		
Observations, record analysis and measurement, Types	" jaypee publishers		
3. Prof Arun Kumar Jindal "Nursing research and			
of instruments, Validity & Reliability of the	statistics" KPH publishers		
Instrument, Pilot study, Data collection procedure			
Unit-6 Analysis of data 4	Reference Book (s):		
hour	1. Denise F Polit "Essential of nursing research" 8 th		
	edition, Lippincott publishers.		
Compilation, Tabulation, classification,	2. Suresh K Sharma " Nursing Research and		
summarization, presentation, interpretation of data	statistics"2 nd edition, Elsevier publishers		
Unit-7 Introduction to statistics 15	3. Elizabeth heavey "statistics for nursing "1 st edition,		
hours	Lippincott publishers .		
• Definition, use of statistics, scales of measurement.			
• Frequency distribution and graphical presentation			
of data	Name of The ENVIRONMENTAL STUDIES		
Mean, Median, Mode, Standard deviation	Course		
	Course Code BSCN3006		
• Normal Probability and tests of significance	Prerequisite         10+2 with         PCB 55%		
• Co-efficient of correlation.	Co-requisiteDemonstration,Groupprojects,Video film, charts		
• Statistical packages and its application	Anti-requisite NA		
Statistical packages and its application			

### 1.5 0 0 1.5

#### **Course Objectives**

- 1. Describe scope and importance of Environmental studies.
- 2. Describe renewable and non-renewable resources of Environmental Studies.
- 3. Describe the concept and functions of ecosystem
- 4. Describe ecosystem diversity and conservation of biodiversity
- 5. Describe causes, effects and measures of environmental pollutions
- 6. Describe social issues affecting environmental health and acts for maintaining environment
- 7. Describe Population growth and its effects on environment

#### **Course Outcomes**

CO1	Introduce multidisciplinary nature of environment studies and need for public awareness.
CO2	Demonstrate natural resources and role of society and uses conservation of natural resources for sustaining life.
CO3	Appreciate the concept, structure function of ecosystem and biodiversity role of society in conserving biodiversity at global, natural and local level.
CO4	Describe various kinds and causes of environment pollution and role of society in preventing free environment.
CO5	Identify social issues pertaining the environment and impact of population explosion on environment and human health.

#### **Continuous Assessment Pattern**

Internal	Continuou	End	Total
Assessment	S	Term	Marks
(IA)			

	Assessment Test (CAT)		
10	7.5+7.5	75	100

#### **Course Content:**

Unit-1Multidisciplinary Nature of environmental studies.		
stuales.	2	
hours	-	
Definition, Scope and importance,	Need for public	
awareness		
Unit-2Natural resources Ro	enewable and	
nonrenewable	resources	
7hrs		
Natural resources and associated pro		
Forest resources: Use and over-explo		
deforestation and case studies .Timb	· · · · ·	
Timber extraction, mining, dams and	d their effects on	
forest and tribal people,		
Water resources: Use and Over utiliz	zation of surface	
and ground water , floods , droughts	, conflicts over	
water ,dam benefits and problems,		
Mineral resources: use and exploitat		
,environmental effects of extracting a resources and case studies,	and using mineral	
Food resources: world food problem	s changes caused	
by agriculture and over, grazing ,eff	•	
agriculture, fertilizer, pesticide prob		
logging ,salinity , case studies,	ienis, water	
Energy resources: growing energy ne	eeds renewable	
and nonrenewable energy resources		
energy sources, case studies,	, ase of anomate	
Land resources: land as a resources l	and degradation	
, man induced landslides soil erosion	-	
desertification,	· ,	
Role of an individual in the conserve	ation of natural	
	mon or natural	
resources,	nabla lifactulas	

Equitable use of resources for sustainable lifestyles.

#### **Unit-3 Ecosystems**

5hrs

Concept of an ecosystem, Structure and function of an ecosystem, Producers ,consumers and decomposers, Energy flow in ecosystem, Ecological succession, Food chains, food webs and ecological pyramids, Introduction , types ,characteristic feature Structure and function of the following Ecosystems: Forest ecosystem Grassland ecosystem desert ecosystemaquatic ecosystem (ponds ,stream ,lake rivers oceans ,estuaries

#### Unit-4 Biodiversity and Its Conservation 8hrs

Introduction-definition, genetic, species and ecosystem diversity, Bio geographical classification of India. Value of biodiversity: consumptive use. productive use, social, ethical, aesthetic and option values, Biodiversity at global, national and local LevelIndia as a mega-diversity nation, Hot-spots of bi diversity, Threats to bio diversity :habit loss, poaching of wildlife, man-wildlife conflicts, Endangered and endemic species of India, Conservation of biodiversity: in –situ and Ex-situ conservation of biodiversity

#### Unit-5 Environmental Pollution 8hrs

Definition, Causes, effects and control measures of: Air pollution, Soil pollution, Marine pollution, Noise pollution, Thermal pollution, Nuclear pollution Solid waste management: causes, effects and control measures of urban and industrial waste Role of an individual in the prevention of pollution, Pollution case studies Disaster management: flood, earthquakes, cyclones and land slides

#### Unit-6 Social issues and the Environment. 10hrs

From unsustainable to sustainable development. Urban problems related to energy, Water conservations, rain water harvesting, water shed management, Resettlement and rehabilitation of people. Its problems and concerns .case study. Environmental ethics: issues and possible solutions. Climate changes, global warming, acid rain, ozone layer depletion, nuclear accident, and hole cast. Case studies, Waste land reclamation. Consumerism and waste product. Environmental protection act. Air (prevention and control of pollution) act. Water (prevention and control of pollution) Act, Wild life protection act, Forest conservation act Issues involved in the enforcement of environmental legislation, Public awareness

Unit-7Human population and the environment 5hrs

Population growth, variation among nations, Population explosion- family welfare program, Environmental and human health.Human rights.Value education.HIV/AIDS

Women and child welfare. Role of information technology in environment human health

#### **School of Nursing**

#### **Suggested Reading**

#### **Text Book (s)**

- 1. A textbook of Environmental Studies for Nurses\
- 2. Prof. (Dr.) NV Muninarayanappa,
- 3. Eldo Raju & Sandeep K Raju.

#### **Reference Book (s)**

- 1. medlineplus.gov>encyclopedia
- *1*. ncbi.nlm.nih.gov>pub med

Name of The	Medical and Surgical Nursing II
Course	(P)
Course Code	BSCN3007
Prerequisite	Knowledge regarding MSN-I
Co-requisite	Med Surg lab with models, charts,
_	log book, procedure manual
Anti-requisite	NA
	L T P C
	0 0 4.5 4.5

#### **Course Objectives**

- 1. To enable students to provide nursing care to adult patients with various medical & surgical disorders.
- 2. To enable students in providing care to patients suffering from occupational disorders.

- 3. To enable students to identify various instruments used in common operations
- 4. To enable students to participate in infection control practices in the operation theatre.
- 5. To enable students to provide care to geriatric patients

#### **Course Outcomes**

CO1	Develop skills to provide nursing care to adult patients with medical and surgical conditions concerning all systems of human body and prepare patient and family for home care.
CO2	Perform assessment and examination and assist with therapeutic procedure in all medical and surgical conditions, related to all systems of the human body.
CO3	Demonstrate advanced nursing procedures to handle, medical and surgical conditions including emergencies during trauma, disaster, war etc
CO4	Develop skills in infection control practices and bio medical waste management to prevent nosocomial infections in the hospital and community settings

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
50	NA	50	100

#### **Course Content:**

ENT

Unit-1
hours

Perform examination of ear, nose and throat Assist with diagnostic procedures Assist with therapeutic procedures Instillation of drops Perform/assist with irrigations. Apply ear bandage Perform tracheotomy care Teach patients and families.

#### Unit-2

#### **Ophthalmology**

#### 180hours

Perform examination of eye Assist with diagnostic procedures Assist with therapeutic procedures Perform/assist with Irrigations. Apply eye bandage Apply eye drops ointments Assist with foreign body removal. Teach patients and families.

#### Unit-3 Neurology

60 hours

Perform Neurological Examination Use Glasgow coma scale Assist with diagnostic procedures Assist with therapeutic procedures Teach patients & families Participate in rehabilitation program.

#### Unit-4 Gynecology ward

**30hours** 

Assist with gynecological Examination Assist with diagnostic procedures: Assist with therapeutic Procedures Teach patients families Teaching self Breast Examination.

Assist with PAP smear collection.

#### Unit-5 Burns Unit

25

50

#### hours

30

Assessment of the burns patient Percentage of burns Degree of burns. Fluid & electrolyte replacement therapy Assess Calculate Replace Record intake/output Care of Bum wounds Bathing Practice medical & Dressing Perform active & passive exercises surgical asepsis Counsel & Teach patients and families Participate in rehabilitation program.

# UNIT-6 Oncology Unit HOURS

Screen for common cancers-TNM Classification Assist with diagnostic Procedures Biopsies Pap smear Bone-marrow aspiration Breast examination Assist with therapeutic procedures Participates in various modalities of

Treatment Chemotherapy Radiotherapy Pain management Stoma therapy Hormonal therapy Immunotherapy · Gene therapy Alternative therapy Participate in palliative care Counsel and teach patients families UNIT-7 Critical care unit **50HOURS** in arterial for blood Assist puncture gas analysis.Perform ECG interpret and accordingly.Conduct and analysis pulse oximetry.Care artificial airway.Assist endotracheal with in up ventilator, Giving intubation.Setting care in ventilator.

#### **School of Nursing**

#### **Suggested Reading**

#### Text Book (s)

- 1. Jacob–Clinical Nursing Skills& Procedures, 2008, Jaypee
- 2. LWW Lippincott's Nursing Procedure, 2008, LWW

#### **Reference Book (s)**

- 1. Taylor Fundamentals of Nursing, 2007, LWW
- 2. Kozier Fundamentals of Nursing ,2007,Pearson
- 3. Potter Basic Nursing ,2008,Elsevier
- 3. Lynn Taylor's Clinical Nursing Skills,2008,LWW

Name of The	Child Health Nursing (Practical)
Course	
Course Code	BSCN3008
Prerequisite	anatomy and physiology, medical
	surgical nursing
Co-requisite	Maternal and child health nursing
	lab with models, dummy, charts,
	log book
Anti-requisite	NA
	L T P C
	0 0 4.5 4.5

**Course Objectives** 

This course is designed for developing skills in assessment of growth and development of children and learns to identify various medical, surgical and malformations in children which will aid in performing independent nursing care of children and educate their families.

#### **Course Outcomes**

CO1	Develop skills to provide nursing care to pediatric patient with medical and surgical conditions concerning all the system of human body and prepare parents and families for home care.
CO2	Perform assessment, examination and assist with therapeutic procedures in children with all medical and surgical conditions.
CO3	Demonstrate and develop skills in basic and advanced pediatric nursing procedures to handle all medical and surgical conditions including emergencies.
CO4	Develop skills in infection control practices and biomedical waste management to prevent nosocomial infections in children during their stay in the hospital.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
50	NA	50	100

#### **Course Content:**

Unit-1 Pediatric Medical ward	
90HRS	

- Pediatric history taking, Physical examination and assessment of children
- > Administer oral, I/M & IV medicine/fluids
- Calculation of fluid requirements

- > Prepare different strengths of I.V. fluids
- > Apply restraints
- > Administer O2 inhalation by different methods
- ➢ Give baby bath
- ➢ Feed children by katori spoon, etc.
- Collect specimens for common investigations
- > Assist with common diagnostic procedures

Teach mothers/parents- malnutrition, oral rehydration therapy, feeding & weaning, Immunization schedule, play therapy, specific disease.

Unit-2 Pediatric Surgery Ward	
HRS	

- ➤ Calculate, prepare and administer I/V fluids
- Do bowel wash
- Care for ostomies- Colostomy irrigation, ureterostomy, gastrostomy, enterostomy
- ➤ Urinary catheterization and drainage
- ➤ Feeding
- ➢ Naso-gastric
- ➢ Gastrostomy
- ➢ Jejunostomy

Care of surgical wounds- dressing, suture removal.

# Unit-3 Pediatric OPD/Immunization room 30HRS

- Assessment of children- Health assessment, Developmental assessment, anthro pometric assessment
- ➤ Immunization
- Health/Nutritional Education

# Unit-4 Pediatric medicine and surgery ICU 60HRS

- > Care of baby in incubator/warmer
- > Care of a child on ventilator
- Endotracheal suction
- Chest physiotherapy
- Administer fluids with infusion pump
- Total parenteral nutrition
- > Phototherapy
- Monitoring of babies

Cardio pulmonary resuscitation

#### **School of Nursing**

#### **Suggested Reading**

Text Book (s)

Parul - Pediatric Nursing, 2014, Jaypee

Marlow – Textbook of Pediatric Nursing,1996, Elsevier

Reference Book (s)

1. Padmaja - Pediatric Procedure Manual, 2014,

Jaypee

90

- 2. Ghai Essentials of Pediatrics, 2009, CBS
- 3. Lakshmana's Clinical Pediatrics, Lakshmana Publications
- 4. Hockenberry Wong's Nursing Care of the Infants
- & Children, 2007, Elsevier

Name of The	Mental	hea	lth		Nui	rsing
Course	(PRACTIC	CAL)				
<b>Course Code</b>	BSCN3009	)				
Prerequisite	<b>Prerequisite</b> Knowledge regarding psychology					ogy
<b>Co-requisite</b>	Demonstration, group project,					
_	MHN practical log book					
Anti-requisite	NA					
	L T P C					
			0	0	4.5	4.5

#### **Course Objectives**

- **1.** To enable student to Assess patients with mental health problems ,assist in therapy and council patient and family
- 2. To enable students to assess children with various mental health problems, council and educate children and their family
- 1. To enable students to provide nursing care for patients with various mental health problems and assist in various in therapy

2. To enable students to identify patients with mental disorders, motivate patients for early treatment and assist for follow up clinics

#### **Course Outcomes**

CO1	Develop skills in assessing, observing and assisting patient with various mental health problems & prepare patient and families for home care
CO2	Acquire skills in assessing adult and children's mental health status, assist in various therapies and provide need based care in mental health hospitals, and community.
CO3	Acquire skills in various procedure and therapies used to treat patient with all kinds of mental health problems.
CO4	Identify individual with mental health problem in community setting, organize awareness camps to educate and council family members, patients and community to make timely crisis intervention and referral to nearby health care services.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks

#### **Course Content:**

Unit-1 Psychiatric OPD<br/>(Assess patients with mental health problems<br/>Observe and assist in Therapies Counsel and<br/>educate patient, and families)30hrs

History taking

Perform mental status examination (MSE) Assist in Psychometric assessment Perform Neurological examination Observe and assist in therapies Teach patients and family

#### Unit 2- Child Guidance clinic

(Assessment of children with various mental health problems Counsel and educate children, families and significant others )

#### **60hours**

History taking

Assist in psychometric assessment Observe and assist in various therapies Teach family and significant others

#### Unit 3- Inpatient ward

Assess patients with mental health problems To provide nursing care for patients with various mental health problems Assist in various therapies Counsel and educate patients, families and significant others 180 HRS

History taking

Perform mental status examination (MSE) Perform Neurological examination Assist in psychometric Assessment Record therapeutic , communication Administer medications Assist in Electro- convulsive Therapy (ECT) Participate in all therapies

Prepare patients for Activities of Daily

**Unit 4- Community Psychiatry** 

To identify' patients with various mental disorders To motivate patients for early treatment and follow up To assist' in follow up clinic Counsel and educate patient, family and community 30 hrs

Conduct case work Identify individuals with mental health problems Assists in mental health camps and clinics Counsel and Teach family members, patients and community

School of Nursing

#### **Suggested Reading**

#### **Text Book (s)**

1. Townsend - Psychiatric Mental Health

Nursing,2007.F.A.Davis

2. Stuart – Principles & Practice of Psychiatric Nursing,2008,Elsevier

#### **Reference Book (s)**

- 1. . Boyd Psychiatric Nursing, 2007, LWW
- Kaplan Kaplan & Sadock's Synopsis of Pyschiatry,2007,LWW
- 1. Shives Basic Concepts in Psychiatric Mental Health Nursing,2007,LWW

Lalitha - Psychiatric Mental Health Nursing ,VMG Publishers

Name of The	Midwifery an	d	Oł	ostet	rical	
Course	Nursing (Practical)					
<b>Course Code</b>	BSCN3010					
Prerequisite	Knowledge of anatomy and physiology of reproductive					
Co-requisite	system Maternal and child health nursing lab with dummy, charts, log book, group project, Midwifery case book, Clinical posting at maternity wards					
Anti-requisite	NA					
		0	0	3	3	

#### **Course Objectives**

1. To enable students to acquire knowledge of anatomy and physiology of female reproductive system

2. To enable students to acquire knowledge of normal pregnancy and its management.

3. To provide comprehensive care to the mother and neonates.

4. To apply knowledge of midwifery and obstetrics nursing in care of patient at hospital and community settings.

#### **Course Outcomes**

CO1	Assess, educate and manage pregnant women during antenatal, intranatal and postnatal periodv
CO2	Prepare mother and family for parenthood.
CO3	Assess and provide nursing care to normal and normal new born.
<b>CO4</b>	Counsel and motivate mother for using family welfare services and contraceptive methods.

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
NA	NA	NA	NA

#### **Course Content:**

Unit-1 Antenatal clinic/OPD	60
hours	

- ➤ Antenatal history taking, Physical examination,
- Recording of Weight & B.P,Hb.& Urine testing for sugar and albumin
- ► Antenatal examination-abdomen and breast, Immunization
- ➤ Assessment of risk status, Teaching antenatal mothers

Maintenance of Antenatal records

#### Unit-2 Labour room /OT 150 hours

- Assessment of Woman in labour
- ► Per vaginal examinations and interpretation
- Monitoring and caring of woman in labour
- Maintenance of partograph, Conduct normal delivery

- ➤ Newborn assessment and immediate care
- Resuscitation of newborns
- ➤ Assessment of risk status of newborn
- ► Episiotomy and suturing
- ➤ Maintenance of labour and birth records
- Arrange for and assist with Cesarean section and care for woman& baby during Cesarean

70

Arrange for and assist with MTP and other surgical procedures

#### Unit-3 Postnatal Ward hours

 Examination and assessment of mother and Baby

- Identification of deviations
- ➤ Care of postnatal mother and baby
- Perineal care, Lactation. Management, Breast feeding,Babybath
- ➤ Immunization,
- ➤ Teaching postnatal mother:
- ➤ Mother craft

Post natal care & Exercises and Immunization

#### Unit-4 Newborn nursery hours

- Newborn assessment: Admission of neonates, Feeding of at neonates ,Risk Katori, spoon,paladi, tube feeding, total parenteral nutrition
- Thermal management of neonates, kangaroo mother care, care of baby in incubator
- Monitoring and care of neonates, Administering medications, Intravenous therapy
- Assisting with diagnostic procedure, Assisting with exchange transfusion
- Care of baby on ventilator,Phototherapy,Infection control,protocols in the nursery

Teaching and counseling of parents, Maintenance of Neonatal records

Unit-5 Family planning clinic 30 hours

- ➤ Counseling technique
- ➤ Insertion of IUD
- ➤ Teaching on use of family planning methods
- Arrange for and Assist with family planning operations
- Maintenance of records and reports

#### School of Nursing

#### **Suggested Reading**

#### Text Book (s):

**1.** Myles. "Text book for midwives".7th edition 2004; Churchill livingstone.

**2.** D.C.Dutta. Text book of Obstetrics. 6th edition 2004; New central book agency.

#### **Reference Book (s):**

- 1. Orshan Maternity Nursing, 2009, LWW
- 2. Ricci Essentials of maternity nursing, 2009,

Lippincotts

- 3. William's Obstetrics, 2009, Mcgrahill
- 4. Lowdermilk Maternity Nursing, 2008, Elsevier

Name of The Course	Midwifery and obstetrical nursing				
Course Code	BSCN4001				
Prerequisite	<ul><li>1.Knowledge regarding anatomy and physiology of reproductive system</li><li>2.Knowledge regarding normal pregnancy, labour, puerperium and newborn</li></ul>				
Co-requisite	Maternal and child health nursing lab with models, dummy, charts, log book, case book				
Anti-requisite	NA				
		L	Τ	P	С
		1.5	0	0	1.5

#### **Course Objectives**

This course is designed for students to appreciate the concepts and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant woman during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal and high risk neonates and participate in family welfare programme

#### **Course Outcomes**

CO1	Describe and identify the management of women with high risk pregnancy during Antenatal, intranatal and postnatal period				
CO2	Demonstrate indications, dosage, action, side effect of drugs used during pregnancy,labor and postnatal period				
CO3	Identify and assess high risk neonates and their management				
CO4	Appreciate the role of nurse in national family welfare programme and contraceptive methods				

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Mid Term Exam (MTE)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

Unit-1 High-risk pregnancy – assessment & management 10HRS

• Screening and assessment - Ultrasonics, cardiotomography, NST, CST, non-invasive &invasive, Newer modalities of diagnosis

• High-risk approach

• Levels of care; primary, secondary and tertiary levels

• Disorders of pregnancy - Hyper-emesis gravidarum, bleeding inearly pregnancy, abortion, ectopic -Pregnancy, vesicular mole, - Ante-partum haemorrage . •Uterine abnormality and displacement.

• Diseases complicating pregnancy - Medical and surgical conditions - Infections, RTI (STD), UTI, HIV, TORCH - Gynaecological diseases complicating pregnancy , Pregnancy induced hypertension .& diabetes, Toxemia of pregnancy,hydramnios, Rh incompatibility u Mental disorders

• Adolescent pregnancy, Elderly primi andgrand multipara

• Multiple pregnancy ,Abnormalities of placenta & cord

• Intra-uterine growthretardation

• Nursing management of mothers with high-risk pregnancy Maintenance of

Records and Report

Unit-2Abnormal Labour – assessment and management

10hrs

• Disorders in labour - CPD and contracted pelvis -Malpositions and malpresentations- Premature labour, disorders of uterine actions - precipitate labour, prolonged labour

- Complications of third stage: injuries to birth canal

• Obstetrical emergencies and their management; -Presentation and prolapse of cord, Vasa praevia, amniotic fluid embolism,rupture of uterus, shoulder dystocia, obstretical shock

• Obstetrical procedures and operations;

- Induction of labour, forceps, vacuum version, manual removal of placenta, cesarean section, destructive operations

• Nursing management of women undergoing Obstetrical operations and

#### Procedures

Unit-3 Abnormalities during Postnatal Periods 3hrs

Assessment and management of woman with postnatal Complications:

Puerperal infections, breast engorgement & infections, thrombo-Embolic disorders,

post- partum haemorrage, Eclampsia and

subinvolution, Psychological complications:

- Post partum Blues - Post partum Depression - Post

partum Psychosis

# Unit-4 Assessment and management of High risk newborn 8hrs

• Admission of neonates in the neonatal intensive care units- protocols Nursing management of-: Low birth weight babies - Infections - Respiratory problems hemolytic disorders- Birth injuries – Malformations

• Monitoring of high risk neonates

• Feeding of high risk neonates ,Organization and management of neonatal intensive care units ,Infection control in neonatal intensive care units

• Maintenance of reports and records.

Unit-5 Pharmaco-therapeutics in obstetrics 4hrs

Indication, dosage, action, contra indication and side effects of drugs

Effect of drugs on pregnancy, labour & puerperium, Nursing responsibilities in the

Administration of drug in Obstetrics - oxytocins,

antihypertensives, diuretics, tocolytic agents, anti

convulsants; Analgesics and anesthetics in obstetrics.

Effects of maternal medication on foetus and neonate.

#### Unit-6 Family Welfare Programme 10hrs

• Population trends and problems in India • Concepts, aims, importance and history of family welfare programme • National Population: dynamics, policy and education

•National family welfare programme; RCH, ICDS, MCH. Safe motherhood

• Organization and administration; at national, state, district, block and village levels • Methods of contraception; spacing, temporary and permanent, Emergency contraception

- Infertility and its management
- Counseling for family welfare
- Latest research in contraception
- •Maintenance of vital statistics

• Role of national, international and voluntary organizations

• Role of a nurse in family welfare programme, Training / Supervision /Collaboration with other functionaries in community like ANMs. LHVs, Anganwadi workers, TBAs (Traditional birth attendant - Dai)

#### **School of Nursing**

#### **Suggested Reading**

Text Book (s)

1. Myles. "Text book for midwives".7th edition 2004; Churchill livingstone.

2. D.C.Dutta. Text book of Obstetrics. 6 th edition 2004; New central book agency.

3. Orshan – Maternity Nursing, 2009, LWW

4. Ricci – Essentials of maternity nursing, 2009, Lippincotts

Reference Book (s)

**1.** William's Obstetrics,2009,Mcgrahill

- 2. Lowdermilk Maternity Nursing,2008,Elsevier
- **3.** A Comprehensive Textbook of Midwifery and Gynecological Nursing, Third Edition,by Annama Jacob, JP publisher.

Name of The	COMMUNITY HEALTH						
Course	NURSING-II						
<b>Course Code</b>	BSCN4002						
Prerequisite							
Co-requisite	Fully Equipped						
_	Classrooms with						
	computer, LCD						
	Projector,						
	Whiteboard, CHN	J					
	Lab						
Anti-requisite	NA						
		L	Т	P	С		
		3	0	0	3		

#### **Course Objectives**

This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural settings by using concept and principles of health and community health nursing.

#### **Course Outcomes**

	Define and demonstrate the concept, scope,
CO1	1, 1,
	1 1 1
	community health nursing
	Describe health planning, national health
CO2	
	health problems in India.
	Describe the system of delivery of
CO3	community health services in rural and urban
	area and the chain of referral system
	Describe community health nursing
CO4	approaches, concepts and roles and
	responsibilities of nursing personnel
COF	Describe and appreciate the activities of
CO5	community health nurse in assisting

	individuals, families and community to promote and maintain their health and make them self sufficient				
CO6	Describe role of nurse in national health and family welfare programs and various health schemes.				
CO7	Explain roles and functions of various national and international health agencies and role of community health nurse.				

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Mid Term Exam (MTE)	End Term Exam (ETE)	Total Marks
10	7.5+7.5	75	100

#### **Course Content:**

# Unit-1 Introduction4 hoursDefinition, concept & scope of Community Health

and Community Health Nursing

- Historical development of Community health
- Community health Nursing.
- Pre-independence
- Post-independence

### Unit-2 Health planning and policies and problems

#### hours

National health planning in India- Five Year Plans

• Various committees and commissions on health and family welfare

• Central council for health and family welfare (CCH and FW), National health policies

(1983,2002)

- National population policy
- Health problems in India

Unit-3 Delivery of community health services 15hours Planning, budgeting and material management of SCs , PHC and,CHC

Rural: Organization, staffing and functions of rural health services provided by government at:

• Village, Sub centre, Primary health centre,

Community health center /sub

divisional,Hospitals,District,State,Center

• Urban: Organization, staffing and functions of urban health services provided by government at:

- Slums,Dispensaries,Maternal and child health centers, Special Clinics, Hospitals, Corporation / Municipality /Board, Components of health services, Environmental sanitation, Health education, Vital statistics,M.C.H.-antenatal, natal, postnatal, MTP Act, female foeticide act, child adoption act
- Family Welfare, National health programmes, School health services, Occupational health,Defence services ,Institutional services, Systems of medicine and health care

• Allopathy,Indian System of Medicine and Homeopathy

• Alternative health care systems like yoga,

meditation, social and spiritual healing etc

Referral system

Unit-4 Community health nursing approaches, concepts and roles and responsibilities of nursing 25hrs

• Approaches, Nursing theories And Nursing process, Epidemiological approach, Problem

solving approach

• Evidence based approach, Empowering people to care for themselves

- Concepts of Primary Health Care:
- Equitable distribution
- Community participation
- Focus on prevention
- Use of appropriate technology
- Multi-sectoral approach

- Roles and responsibilities of Community health nursing personnel in
- Family health services
- Information Education Communication (IEC)
- Management Information System (Mis):

Maintenance of Records & reports

- Training arid supervision of various categories of health workers
- National Health Programmes
- Environmental sanitation
- Maternal and child health and Family welfare
- Treatment of Minor ailments
- School Health Services
- Occupational Health
- Organization of clinics, camps: Types, Preparation, planning, conduct and evaluation
- Waste management in the center, clinics etc.

Home visit: Concept, Principles, Process, Techniques: Bag technique home visit, Qualities of Community Health Nurse

# Unit-5 Job Description of Community health nursing personnel

### 15hrs

Assisting individuals and groups to promote and maintain their health

Empowerment for self care of individuals, families and groups in

A. Assessment of self and family, Monitoring growth and development, Mile stones, Weight

measurement, Social development, Temperature and Blood pressure monitoring, Menstrual cycle, Breast self examination and testicles, Warning Signs of various diseases

• Tests : Urine for sugar and albumin, blood sugar B.Seek health services for Routine checkup,

Immunization Counseling, Diagnosis, Treatment, Follow up, Maintenance of health records for self and family

• Continue medical care and follow up in community for various diseases and disabilities

E. Carryout therapeutic procedures as prescribed! Nutritional Programme, National Mental Health Programme, Health Schemes ESI,CGHS,Health Required for self and family Insurance F. Waste Management • Collection and disposable of waste at home and community G. Sensitize and handle social issues affecting health and development for self and family • Women Empowerment • Women and child abuse. • Abuse of elders, Female Foeticide, Commercial sex workers • Food adulteration, Substance abuse, Utilize community resources for self and family Trauma services • Old age homes, Orphanage, Homes for physically and mentally challenged individuals, Homes for destitute **UNIT 6 National Health & Family Welfare Programmes and the Role of Nurse UNIT 7 Health Agencies 12HRS** 5hrs International - WHO, UNFPA, UNDP, World Bank, National ARI Programme, Revised National FAQ, UNICEF, DANIDA, European Commission Tuberculosis Control Programme (RNTCP) (BC), Red cross, USAID, UNESCO, Colombo Plan, National Anti-Malaria Programme, National Filaria ILO, CARE etc. National -Indian Red Cross, Indian control Programme, National Guinea worm Council for child welfare. Family Planning eradicationProgramme, National Leprosy Eradication Association of India (FPAI), Tuberculosis Association Programme, National AIDS Control Programme, STD India, Hindu Kusht Nivaran Sangh, Central Social Contro Programme, National Programme for Control Welfare Board, All India women's conference, Blind of Blindness Iodine Deficiency Disorder Programme Association of India etc. ,Expanded Programme on Immunization **School of Nursing** National Family Welfare Programme - RCH Programme Historical Development, Organization, Administration, Research, Constraints **Suggested Reading** National Water Supply & Sanitation Programme, Text Book (s) Minimum need programme, National Diabetics **1.** K. Park – Social and Preventive Medicine Control Programme, Polio Eradication,: Pulse Polio

Programme,

National

Programme, Yaws eradication programme, National Nutritional Anemia Prophylaxis Programme, 20 Point

Programme, ICDS Programme Mid-day Meal Applied

Cancer

Control

- Banott Publishers ,KK Gulani "Community health nursing" 2r
- **2.** KK Gulani "Community health nursing" 2nd edition, Kumar publishing house

- **3.** Ravi Prakash Saxena, Community Health Nursing- II for B.Sc Nursing students, 2012
- 4. Neelam Kumar " A Textbook of community health Nursing-II" 2ND edition, Pee Vee Publishers

#### Reference Book (s)

- Mary Jo Clark "Community Assessment reference guide" 5th edition, Elsevier Publication
- **2.** Mary A Neis "Community/Public Health Nursing" 6th edition,Elsevier Publication
- **3.** Bijayalaskhmi Dash "A comprehensive textbook of community health nursing" 1st edition,Jaypee Publications
- **4.** Mary Ann Hogan " community health nursing"1st edition , Vango publishers

Name of The	Management of nursing service				
Course	and education				
<b>Course Code</b>	BSCN4003				
Prerequisite	10+2 with PCB 55%				
Co-requisite	organizational charts, White				
	board, LCD projector, Log book				
Anti-requisite	NA				
	L T P C				
	2 0 1 3				

#### **Course Objectives**

This course is designed to enable students to acquire understanding of management of clinical and community health nursing services, nursing educational programmes. This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the profession.

**Course Outcomes** 

	Acquire knowledge about principles,
CO1	functions, elements and process of
	management in nursing.
CO2	Describe management of nursing services and
02	nursing educational institutions.
	Explain the concepts, theories and techniques
CO3	of organizational behaviors and human
	relations in context to nursing service,
	management and education.
	Participate in planning and organizing in-
<b>CO4</b>	service education and staff development
	program
	Describe ethical and legal responsibilities of
CO5	a professional nurse and explain nursing
	practice standards

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
50		50	100

#### **Course Content:**

Unit-1 Introduction 4 hours
Introduction to management in nursing
Definition, concepts and theories
• Functions of management
Principles of Management
Role of Nurse as a manager
Unit-2
5 hours
Describe the elements and process of management
Management process Planning; mission, philosophy, objectives, operational plan
Staffing: philosophy, staffing study, norms, activities, patient classification systems, scheduling Human
resource management; recruiting, selecting,
deployment, retaining, promoting, super superannuation etc Budgeting: concept, principles,

types, cost benefit analysis, audit Material management: equipment and supplies Directing process, (Leading )Controlling: Quality management, Program Evaluation review technique (PERT), Bench marking, Activity Plan (Gantt Chart),

#### Unit-3

8 hours

• Planning: Hospital and patients care units including ward management, Emergency and disaster management

• Human resource management: Recruiting, selecting, deployment, retaining, promoting, superannuation etc

- Recruiting, selecting, deployment, retaining, promoting, superannuation etc.
- Categories of nursing personnel including job description of all levels
- Patient/ population assignment and nursing care responsibilities
- Staff development and welfare
  - Budgeting : Proposal, projecting requirements for staff, equipments and supplies for
  - Hospital and patient care units
  - Emergency and disaster management
  - Material management, procurement, inventory control, auditing and maintenance in hospital and patient care units, emergency and disaster management
  - Directing and leading: delegation , participatory management , assignments , rotations , delegations, supervision and guidance, implement standards, policies , procedures and practices
  - Staff development and welfare, maintenance of discipline, controlling/evaluation, nursing rounds/visits, nursing protocols, manuals, quality assurance, model, documentation, records and reports, performance appraisal

#### Organizational behavior and human relations:

Concepts and theories of organizational behaviors • Review of Channels of communication, Leadership styles, Review of Motivation; concepts and theories

• Group dynamics, Techniques of Communication; Interpersonal relationships, Human relations; Public relations in context of nursing, Relations with professional associations and employee unions and Collective bargaining

### Unit-5 hours

#### **In-service education**

Nature & scope of in service education program, Organization of in service education

• Principles of adult learning, Planning for in-service education program, techniques, methods & evaluation of staff education program

• Preparation of report

# Unit-6

#### 10 hours

#### Management of nursing educational institutions

• Establishment of Nursing educational institution-INC norms and guidelines

• Co-ordination with Regulatory bodies,

Accreditation, Affiliation, Philosophy! objectives - Organization Structure, Committees, Physical

facilities, College/School, Hostel Students Selection, Admission

• Guidance and Counselling, Maintaining discipline, Faculty and staff, Selection Recruitment Job description

• Placement ,Performance appraisal, Development and welfare

Budgeting ,Equipments and supplies: audio visual equipments, laboratory equipment, books, journals etc

• Curriculum; Planning, implementation and evaluation, clinical facilities, transport facilities, institutional records and reports, administrative, faculty, staff and students

#### **Suggested Reading**

#### Text Book (s)

- Jogindra Vati " principles and practice of nursing management and administration".2nd edition 2004; jaypee Publications
- Clement "management of nursing services and education "2nd edition 2007, Elsevier publications
- Shabnam masih"Essentials of nursing management in service and education" 2nd edition 2011, lotus publishers

#### Reference Book (s)

- C. Manivannam , T Latha manivannam, J Baskaran "Textbook of nursing management in service and education" 2nd edition, 2016, Atithi publishers
- 14. Anita Finkelman" Leadership and management for nurses" 2nd edition 2013, Lotus Publishers
- Patricia Kelly, Janice Tazbir "Essentials of nursing leadership and management", 3rd edition 2016, Health care publishers
- 16. Linda roussel, Patricia L Thomas, James L Harris "management and leadership for nurse administrators "7th edition, 2016, Jones and barlett publishers

Name of The	Midwifery and obstetrical nursing						
Course	(practical)						
<b>Course Code</b>	BSCN4004						
Prerequisite	1. Knowledge regarding						
	abnormal antenatal, intranatal						
	,postnatal and newborn						
	assessment						
	2. Knowledge regarding						
	conducting normal and						
	abnormal delivery						
<b>Co-requisite</b>	Maternal and child health nursing lab						
	with models,						
	dummy, charts, log book						
Anti-							
requisite							

L	Т	Р	С
		3	3
0	0	CLINICAL	CLINICAL

#### **Course Objectives**

This course is designed for students to appreciate the concepts and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant woman during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal and high risk neonates and participate in family welfare programme.

#### **Course Outcomes**

CO1	Assess, educate and manage high risk pregnant women during antenatal, intranatal and postnatal period			
CO2	Prepare high risk mother and family for parenthood.			
CO3	Assess and provide nursing care to normal and sick new born			
CO4	Counsel and motivate mother for using family welfare services and contraceptive methods.			

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
50	NA	50	100

#### **Course Content:**

Unit-1 Assessment of	of high risk	pregnant women
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**60hours** 

Assessment of risk status Antenatal history taking Physical examination, Recording of Weight & B.P, Hb.& Urine testing for sugar and albumin, Antenatal examination- abdomen and breast, Immunization, Teaching antenatal mothers, Maintenance of Antenatal records

# Unit-2 Assessment of Woman in labour 120hrs

Per vaginal examinations and interpretation,

Monitoring and caring of woman in labour,

Maintenance of partograph, Conduct normal delivery, Newborn assessment and immediate care,

Resuscitation of newborns.

Assessment of risk status of newborn Episiotomy aid suturing,

Maintenance of labour and birth records,

Arrange for and assist with Cesarean section and care for woman& baby during Cesarean

Arrange for and assist with MTP and other surgical procedures

# Unit-3 Examination and assessment of mother and Baby

Identification of deviations, Care of postnatal mother and baby

120hrs

Perineal care, Lactation. Management, Breast feeding,

Babybath, Immunization, Teaching postnatal mother:

Mother craft, Post natal care & Exercises Immunization

Unit-4 Newborn assessment 70hrs

Admission of neonates, Feeding of at neonates risk, • Katori spoon, paladi, tube feeding, total parenteral nutrition • Thermal management of neonates-kangaroo mother care, care of baby in incubator

•Monitoring and care of Neonates

- Administering medications. Intravenous therapy
- Assisting with diagnostic procedure Assisting with exchange transfusion
- Care of baby on ventilator
- Phototherapy

•Infection control protocols in the nursery, Teaching and counseling of parents Maintenance of Neonatal

Unit-5 Family planning clinic 30hrs

Insertion of IUD, Teaching on use of family planning

methods, Arrange for and Assist with family planning

Operations, Maintenance or records and reports

**School of Nursing** 

#### **Suggested Reading**

Text Book (s)1. Myles. "Text book for midwives".7th edition 2004; Churchill livingstone. 2.D.C.Dutta. Text book of Obstetrics. 6 th edition 2004; New central book agency Reference Book (s) 1. Orshan – Maternity Nursing ,2009,LWW 2.Ricci – Essentials of maternity nursing, 2009, Lippincotts 3.William's Obstetrics,2009,Mcgrahill 4.Lowdermilk – Maternity Nursing,2008,Elsevier

Name of The	Community hea	lth	Nu	rsing	-II
Course	(PRACTICAL)				
<b>Course Code</b>	BSCN4005				
Prerequisite	Knowledge regarding CHN -I				
Co-requisite	Community health nursing labs,				
_	charts, community bags, log book				
Anti-requisite	NA				
		L	Т	P	С
		0	0	2.5	2.5

#### **Course Objectives**

- 1. To enable students to Identify prevalent communicable and non-communicable diseases in community
- 2. To enable students to acquire knowledge and Diagnose health needs of Individual, families and community
- 3. To understand the importance of Vital health statistics in the community
- 4. To encourage the students to participate in various health programs in the community

#### **Course Outcomes**

CO1	Perform community survey to identify community profile, diagnose health needs and problems, plan, provide and evaluate health care and collect vital statistics				
CO2	Participate in school health program, national				

#### **Continuous Assessment Pattern**

Internal Assessment (IA)	Continuou s Assessment Test (CAT)	End Term Exam (ETE)	Total Marks
50	50	100	200

#### **Course Content:**

# Unit-1 Community health nursing 135 hrs

Community health survey, Community diagnosis Family care: Home adaptation of common procedures

Home visit: Bag technique

Organize and conduct clinics- antenatal, post natal, well baby clinic, camps etc

Screen manage and referrals for: High risk mothers

and neonates, Accidents and emergencies Illnesses: Physical and mental Disabilities Conduct delivery at centre/home: episiotomy and

suturing, Resuscitate newborn

School Health programme, Screen, manage, refer children

Collaborate with health and allied agencies Train and Supervise health workers

Provide family welfare services: insertion of IUD, Counsel and teach individual, family and community about: HIV, TB, Diabetes, hypertension, Mental health, adolescents, elderly health, Physically and mentally challenged individuals etc.

Collect and calculate vital health statistics Document and maintain : Individual , family and administrative records, write reports centre, disease, national health programme/projects

#### Unit 2- Community health posting in urban areas

#### 195hours

Integrated practice and group project-1 in each rural and urban areas

#### **School of Nursing**

#### **Suggested Reading**

#### **Text Book (s)**

- 1. K.Park Textbook of Social and Preventive Medicine ,Bannott Publishers
- **2.** KK Gulani "Community health Nursing" 2nd edition, Kumar publishing house
- **3.** Manivannan C,Latha Manivannan T,1 st edition, Jaypee Brothers Publishers

#### **Reference Book (s)**

1. Mary Jo Clark " Community assessment reference guide "2nd edition 2015

PAGE

 Stanhope , Marcia" Quick reference to community health nursing : Process and practice for promoting health" 3rd edition, 1992, Mosby publishers