



**Events Organized by**  
**Department of Physiotherapy**

Plot No.2, Sector 17-A, Yamuna Expressway, Greater  
Noida, Gautam Buddh Nagar,  
Uttar Pradesh, India

**[www.galgotiasuniversity.edu.in](http://www.galgotiasuniversity.edu.in)**

## DEPARTMENT OF PHYSIOTHERAPY

Galgotias University

List of events

Events.	Topic
Educational Visit	EDUCATIONAL VISIT TO ISIC – 2018
Educational Visit	Educational Visit to SGT University – 2018
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Seminar	Seminar on importance of evidence based physical therapy management - 2020
Educational Visit	Educational Visit to ISIC - 2020
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Webinar	Webinar On Future of Physiotherapy - 2020
Webinar	Webinar On “LEARN HOW TO UNLOCK JOINT MOVEMENT DURING THIS LOCKDOWN” - 2020
Webinar	Webinar on BRAINSTORMING WITH CARDIO & NEURO EXPERTS – 2020
Webinar	Webinar on BRAIN STIMULATION IN STROKE REHABILITATION- 2020
Webinar	Webinar on Manual Therapy Simplified - 2020
Webinar	Webinar on Fundamentals of Research Question a Physiotherapist Perspective - 2020
Webinar	Webinar on INTERNATIONAL YOGA DAY - 2020
Webinar	Webinar on Common Surgical Problem & Weight Loss Management LAPAROSCOPICALLY - 2020
Webinar	Webinar on Nutritional Requirement for College Going Girls - 2020
Event	BMD Health Camp -2021
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E-Conference	E-CONFERENCE ON DEVELOPMENTS AND OBSTACLES IN RECENT DECADES IN THE FIELD OF PHYSIOTHERAPY - 2021
FDP	Research and Innovations in Paramedical and Allied Health Sciences - 2021
Event	World Physiotherapy Day Celebration – 2022
Seminar	PERIOD POSITIVE” (GLORIFY YOUR FLOW) - 2022
Symposium	Talk/Symposium on Organ Donation – 2022

## **EDUCATIONAL VISIT TO ISIC – 2018**

- School of Medical & Allied Health Sciences (SMAS) Department of physiotherapy, Galgotias University organized a one-day educational visit on 17<sup>th</sup> October 2018, to Indian spinal Injury Centre, Vasant Kunj, New Delhi.
- We visited the rehabilitation department of the hospital, where we had an interactive session with social worker's, vocational therapist, occupational therapist, gym trainer, physiotherapist, prosthetist & orthotist.
- We got a chance to see the hydrotherapy pool of ISIC, we got chance to visit department of physiotherapy where we saw various modalities such as gait trainer, tilt table, O frame, various type of wheelchair, etc.
- We also visited their anatomy, physiology, cardiopulmonary, electrotherapy, and sports injury labs.





### **Educational Visit To SGT University – 2018**

- On 11th October 2018, Department of Physiotherapy, SMAS, Galgotias University.
- The students of BPT IV Year had the opportunity to visit and attend the SGT University's function - Synergy 2018. The event focused mainly on the various innovation by the students who worked under the guidance of their faculties to bring about new innovative concepts, ideas, and models that will be helpful to the community in various ways. From inventing herbal cigarettes to making an ICU based tilt table that'd be helpful to patients to do minimal physical activity in the ICU set-up. The stalls of different schools were setup to show how much hard work was invested in bringing the concepts. It also had educational model for prosthetic devices, and dental problems.
- The students and the accompanying faculty were provided with lunch and were given a university's calendar and brochure as a token of thanks





## **BOBATH TECHNIQUE WORKSHOP-2019**

- School of Medical & Allied Health Sciences (SMAS) , Galgotias University organized a Hands on workshop" on September 21<sup>st</sup> -22<sup>nd</sup> 2019.
- It started at 11 am.Prof. Dr. P.K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed the guests of the day. With a special appearance of Chief guest, Mr. Dhruv Galgotias, CEO of Galgotias University Overwhelmed the session.
- Dr. Prabhat Ranjan's Sr. Physiotherapist, Dept of Neurology, AIIMS, New Delhi. He delivers a deep insight content about the BOBATH treatment protocols followed by practical demonstration. The hands-on workshop was conducted on Bobath Technique at Galgotias University, C block auditorium for the students of 3rd & 4th year of BPT.
- The workshop was conducted under the supervision of Dr. Zafar & and; Dr. Sajjad





### **Seminar on importance of evidence based physical therapy management – 2020**

- A webinar entitled “Importance of Evidence Based Physical Therapy Management” was conducted by School of Medical and Allied Sciences, Department of Physiotherapy, Galgotias University, Noida on 28<sup>TH</sup> JANUARY, 2020
- The motive of this seminar is to aware students to the importance of Evidence based physical therapy management and to Visual Fixations and Motion Sensitivity so that they can have a clear vision about Advances in Research and PhD Scope for physios Abroad.
- Dr. SHIKHA CHAUDHARY (PT) currently worked as Assistant professor at RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGLORE, INDIA, was the Guest Speaker of the session. There were more than 100 attendees from Galgotias University.





## **Educational Visit to ISIC – 2020**



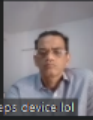
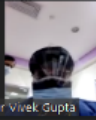
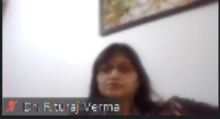







- On 13<sup>th</sup> and 14th February 2020, Department of physiotherapy organized one day educational visit to Indian spinal Injury Centre, Vasant Kunj, New Delhi.
- The students of BPT 3rd Year section 1 and 2 had the opportunity to visit and attend the ISIC department function - Synergy 2020. We visited the rehabilitation department of the hospital, where we had an interactive session with social worker's, vocational therapist, occupational therapist, gym trainer, physiotherapist, prosthetist & orthotist. It also had educational model for prosthetic devices, and dental problems.
- We got a chance to see the hydrotherapy pool of ISIC, we got chance to visit department of physiotherapy where we saw various modalities such as prokin, gait trainer, tilt table, O frame, various type of wheelchair, etc.
- We also visited their anatomy, physiology, cardiopulmonary, electrotherapy, and sports injury labs.



## **Webinar on LIVING WITH COVID – 2020.**

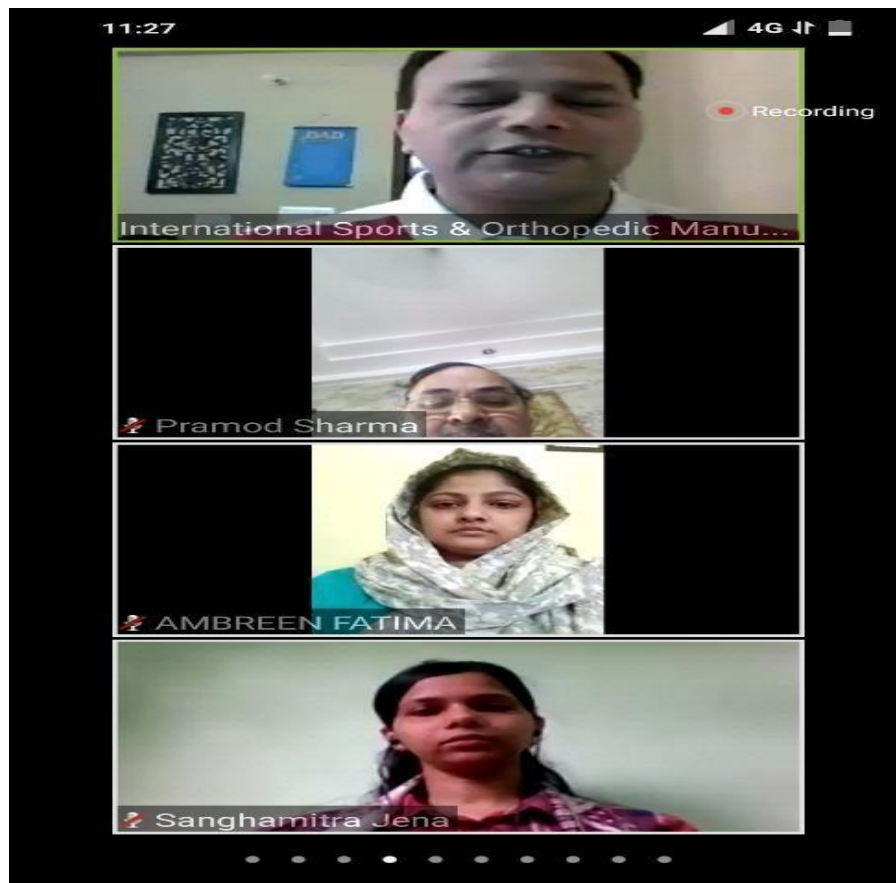
- School of Medical & Allied Health Sciences (SMAS) , Galgotias University organized a webinar entitled ”Living With COVID-19” on May 19, 2020. The webinar started at 5 pm.
- Prof. Dr. P. K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed the guests for the day. With a special appearance in the webinar our Chief guest, Mr. Dhruv Galgotias, CEO of Galgotias University Overwhelmed the session.
- The guest speakers were -Dr. CHINMAY GUPTA, MBBS, Fellowship (Clinical Cardiology), Director, Euronava Pharmaceuticals. He discussed the basic origin of Corona virus with its symptoms, assessment and management for the same.
- Highlighting the awareness on the disease including the proper sanitation and social distancing.
- Dr. Priya Matho invited the next speaker to share their valuable knowledge and information with the students, Dr. SHILPI PAWAR, MBBS, RMO Shanti Gopal Hospital, shared her experience as a health care worker with the live COVID patients, the proper screening process and managing the situation with strength.
- Next expert panel on the board was invited Dr. SACHIN RANA, MBBS, MS Ophthalmology AIIMS. He shared his live experience of treating the COVID patients with mixed feelings of anxiety and strength as the first line health care warriors. He also shared the problems faced by health care workers with the PPE for their own precaution.
- Prof Dr. VIVEK GUPTA, Head Cardiology, Apollo Hospital, Delhi also joined and added his valuable and very informative data on medicine hydroxychloroquine and the role of plasma therapy in treating COVID cases.
- There was an interactive session by the participants and the students with the guest speakers on the common practices to be followed as a precaution and the future of the virus.
- The session ended with a heartfelt vote of thanks by Dr. Sakshi Bansal to the guest’s speakers, the expert panelists and the participants.

Recording

 Dr. Chinmay Gupta	Neha Chauhan	 Dr. Shilpi Rawar	 sandeeps devije lol	 Prof Dr Vivek Gupta
 Dr. Rituraj Verma	 Dr. Pooja Kukreti	Manisha gupta	 Dr. Chhavi sehgal	Chahina Sharma
 Rababi Kaur	 Shubham Gupta	 Dr. Sachin Rana	ncha kumari	 Nikita Rawat
 BHAVYA VARSHNEY	Priya Rani	Dr. Rituraj Verma	H. C Kukreti	Ibrat Jahan

### Webinar On Future of Physiotherapy – 2020

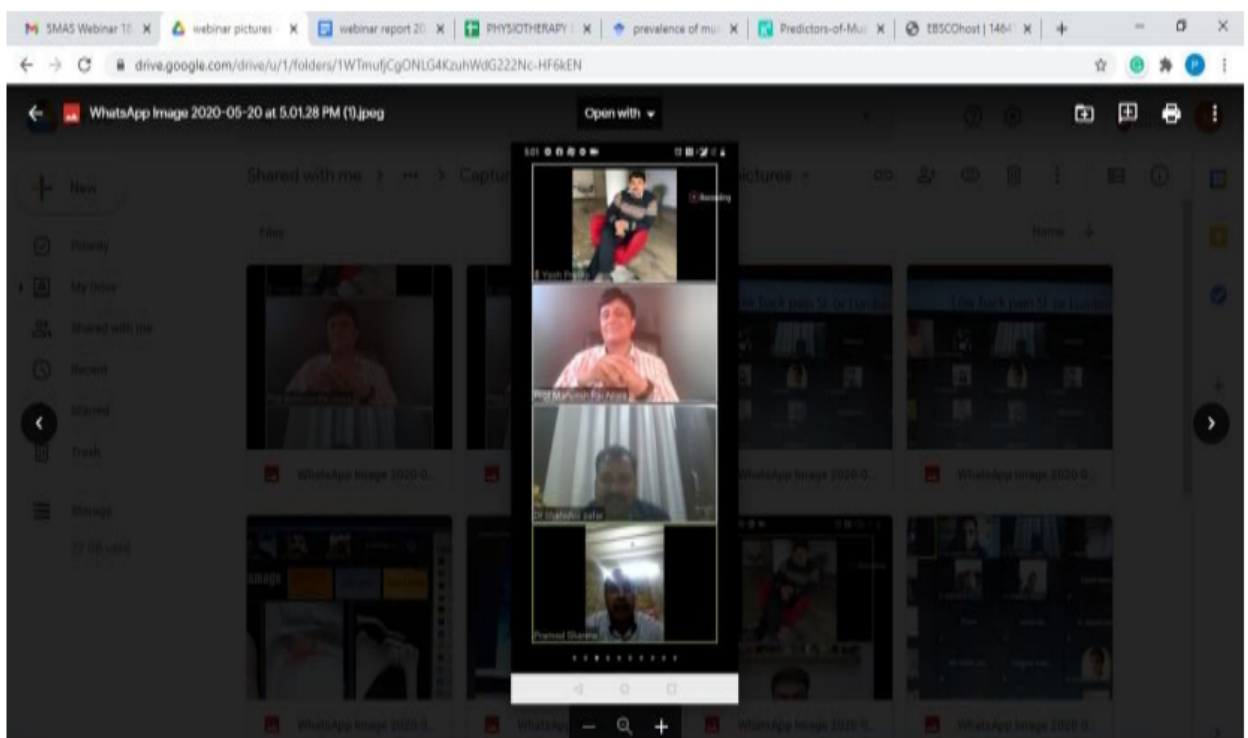
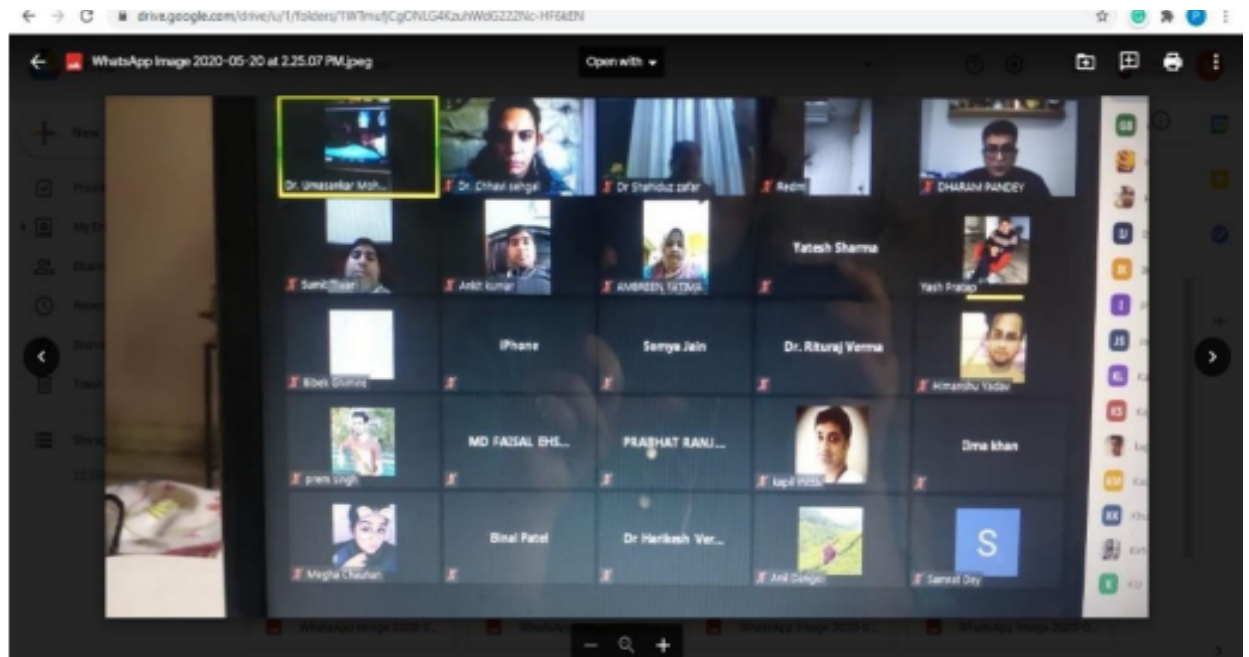
- A webinar entitled " **Future of Physiotherapy, a 10 Year Career Outlook for Physiotherapists**" was conducted by School of Medical and Allied Sciences, Department of Physiotherapy, Galgotias University,
- Noida on 19<sup>th</sup> May 2020.
- The motive of this webinar is to improve students' knowledge about the Future of the stream so that they can have a clear vision in selecting the specialization.
- **Dr. Parijat Kumar (PT, DPT, MSc)** currently director of international sports and Orthopedic manual therapy was the Guest Speaker of the session. There were more than 220 attendees from Galgotias University.
- **Prof. Pramod Kumar Sharma (Dean, SMAS) and Dr. Rituraj Verma** (Program chair, Physiotherapy, SMAS) welcomed our guest speaker. The Co - **Hosts Dr Yamini Sharma, Dr. Sakshi Bansal and Dr. Jyoti Sharma** instructed the students about the session till all the other participants joined in.
- This Seminar was organized on 4 main themes related to Physiotherapy combined with various video presentations and Power Point Presentation. Self-Analysis, Stay Determined " Psycho- Motor Skill" and Trending Physiotherapy. In future, there is a wide scope of physiotherapy in India as well as in abroad. He also advised students to go for " EVIDENCE BASED PRACTICE “. Rather Than focusing on short term fancy techniques, Focus on Long Term Treatment highlighting the physiotherapy profession.
- This webinar is going to help the students in their long-term understanding of profession & pursue Post graduation with enthusiasm.



## **Webinar On “LEARN HOW TO UNLOCK JOINT MOVEMENT DURING THIS LOCKDOWN” – 2020**

- School of Medical & Allied Health Sciences (SMAS), Galgotias University organized a webinar entitled “LEARN HOW TO UNLOCK JOINT MOVEMENT DURING THIS LOCKDOWN” on May 20th, 2020.
- The motive of this webinar is to improve students' knowledge on the technique which will help students for getting placements in hospitals as well as knowing the recent trends of managing the pain.
- webinar started at 2 pm. Prof. P.K Sharma, Dean, SMAS and Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed all the speakers of the day. With a special appearance in the webinar our Chief Guest, Mr. Dhruv Galgotias, CEO of Galgotias University overwhelmed the session.
- Dr. Monika Sharma invites our first guest speakers Dr. Umashankar Mohanty PPT, PhD, President and Founder of Manual Therapy, Former President of IAP. Topic - Manipulation of Shoulder Complex. He discussed various manipulative therapies for shoulder joints like - mobilization, traction manipulation etc. The webinar is continued by the guest speaker \*Dr. Dharam P Panday\*\_M.PT, Ph.D., Director & HOD Rehabilitation Service BLK Super Specialty Hospital, Delhi.
- Topic - \*\_Shoulder Pain and it's Rehabilitation\*\_ invited by Dr. Himanshu talks about various shoulder joint pain & their diagnostic approaches for physiotherapists. Dr. Sangha Mitra Jena invites Dr. Prabhat Ranjan \_
- Dept. of Neurology, AIIMS, New Delhi to speak on the topic of COVID 19 PHYSIOTHERAPY PERCEPTIVE. He delivers a deep insight content about treatment protocols followed by Physio along with proper preventive measures.
- To deliver some clinical aspect of Iliac joint, SI joint mobility & therapeutic exercises \*Prof. (Dr.) Maneesh Arora, M.PT, Ph.D., Dean students welfare SBS University, Dehradun, Uttarakhand speaks about various conditions of SI joint & their corrective measures. The session is moving towards its end Dr. Vikas Sharma invited evening last guest \*Prof. (Dr.) N Arumugam\*\_M.PT, Ph.D., Advanced Biomechanical Corrections. Sir speak about the basic keen joint dysfunctions & their clinical treatment which was very practical and informative for the audience. He shared the basic origin of knee dysfunctional and how it can be treated with the correct diagnosis and the session ended up with question answers round at 5:30 pm. With the kind gesture and thanking the speakers to take out their time to address the students of the department, Dr Shahiduz Zafar delivered the closure frame of the webinar.





## Webinar on BRAINSTORMING WITH CARDIO & NEURO EXPERTS – 2020

- School of Medical & Allied Health Sciences (SMAS), Galgotias University organized a webinar entitled “BRAINSTORMING WITH CARDIO & NEURO EXPERTS “on May 21, 2020. The webinar started at 1 pm.
- Prof. Dr. P.K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed the guests for the day. With a special appearance in the webinar our Chief guest, Mr. Dhruv Galgotias, CEO of Galgotias University Overwhelmed the session.
- Dr. Rahul Sharma (PT), Sr. research fellow, department of, Neurology, AIIMS. He discussed RTMS in detail & use of RTMS in stroke patients. He has explained very well about RTMS (Repetitive transcranial magnetic stimulation), its uses, application & therapeutic uses. All the information provided by him will be very useful for our students to clear their concept about Stroke. It was a very interactive & valuable session.
- Dr. Priya Matho invited the next speaker to share their valuable knowledge and information with the students, Dr. PRIYANKA SHARMA, Assistant prof. BCIP, IP UNIVERSITY. She begins the session with the topic “valvular heart disease” She discussed about the functions of heart valve; the diseases of heart valves & causes of valvular heart diseases. She has also explained about carditis, stenosis & regurgitation in detail. All the information provided by her will be very useful & valuable for our students.
- There was an interactive session by the participants and the students with the guest speakers on the stroke rehabilitation & valvular heart disease.
- The session ended with a heartfelt vote of thanks by Dr. Yamini Sharma to the guest’s speakers, the expert panelists and the participants.

**DATE- 21 MAY 2020**  
**TIME- 1 PM-3:30 PM**

**GALGOTIAS UNIVERSITY**  
School of Medical & Allied Science  
Presents

**“Brainstorming with Neuro & Cardio Experts”**

**GUEST SPEAKER**

**Dr Rahul Sharma (PT)**  
Senior Research fellow  
Physiotherapist Department of  
Neurology AIIMS

**TOPIC- Brain Stimulation in Stroke Rehabilitation**

**GUEST SPEAKER**

**Dr Priyanka Sharma (PT)**  
Assistant Professor BCIP Kalkaji New Delhi

**TOPIC-Valvular Heart Disease**

**Key Attendees**

**Dr. PREETI BAJAJ**  
Vice Chancellor,  
Galgotias University

**PROF. PRAMOD KUMAR SHARMA**  
Dean (SMAS) & Pro Vice  
Chancellor

**Dr. Rituraj Verma (PT)**  
MPT (Ortho), Associate  
Professor, PC SMAS

**FACULTY INCHARGE/CO-ORDINATORS**

**Dr. YASH PRATAP**  
Yash.pratap@galgotiasuniversity.edu.in

**Dr. SAJJAD ALAM**  
Sajjad.alam@galgotiasuniversity.edu.in

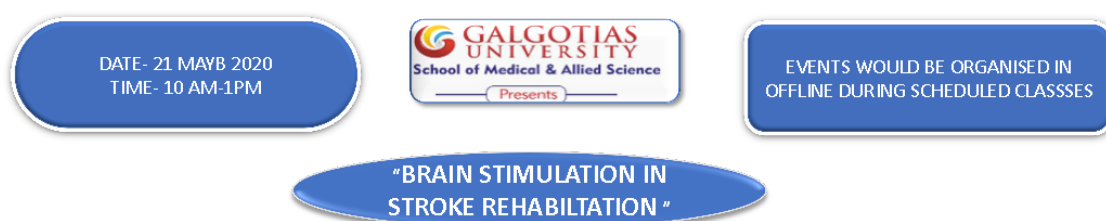
**Dr. Neha Chauhan**  
Neha.chauhan@galgotiasuniversity.edu.in

**ORGANISING COMMITTEE**

Physiotherapy Department,  
Galgotias University.

## Webinar on BRAIN STIMULATION IN STROKE REHABILITATION- 2020

- School of Medical & Allied Health Sciences (SMAS), Galgotias University organized a webinar entitled “**BRAIN STIMULATION IN STROKE REHABILITATION** ”. on May 21th, 2020. The seminar started at 10 am.
- Prof. Dr. P. K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed the guests for the day. With a special appearance in the webinar our Chief guest, Mr. Dhruv Galgotias, CEO of Galgotias University Overwhelmed the session.
- **Dr. Rahul Sharma (PT)**, Sr. research fellow, department of, Neurology, AIIMS. He discussed RTMS in detail & use of RTMS in stroke patients. He has explained very well about RTMS (Repetitive transcranial magnetic stimulation. All the information provided by him will be very useful for our students to clear their concept about Stroke. It was a very interactive & valuable session.
- Dr. Ambreen Fatima invited the next speaker to share their valuable knowledge and information with the students, **Dr. PRIYANKA SHARMA**, Assistant prof. BCIP, IP UNIVERSITY. She begins the session with the topic “stroke rehabilitation” She discussed about the stroke rehabilitation in detail All the information provided by her will be very useful & valuable for our students.
- There was an interactive session by the participants and the students with the guest speakers on the stroke rehabilitation
- The session ended with a heartfelt vote of thanks by Dr. Yamini Sharma to the guest’s speakers, the expert panellists and the participants.



### EVENTS ORGANISED ON BRAIN STIMULATION IN STROKE REHABILITATION

#### BRAIN STIMULATION IN STROKE REHABILITATION

##### FACULTY INCHARGE/CO-ORDINATORS

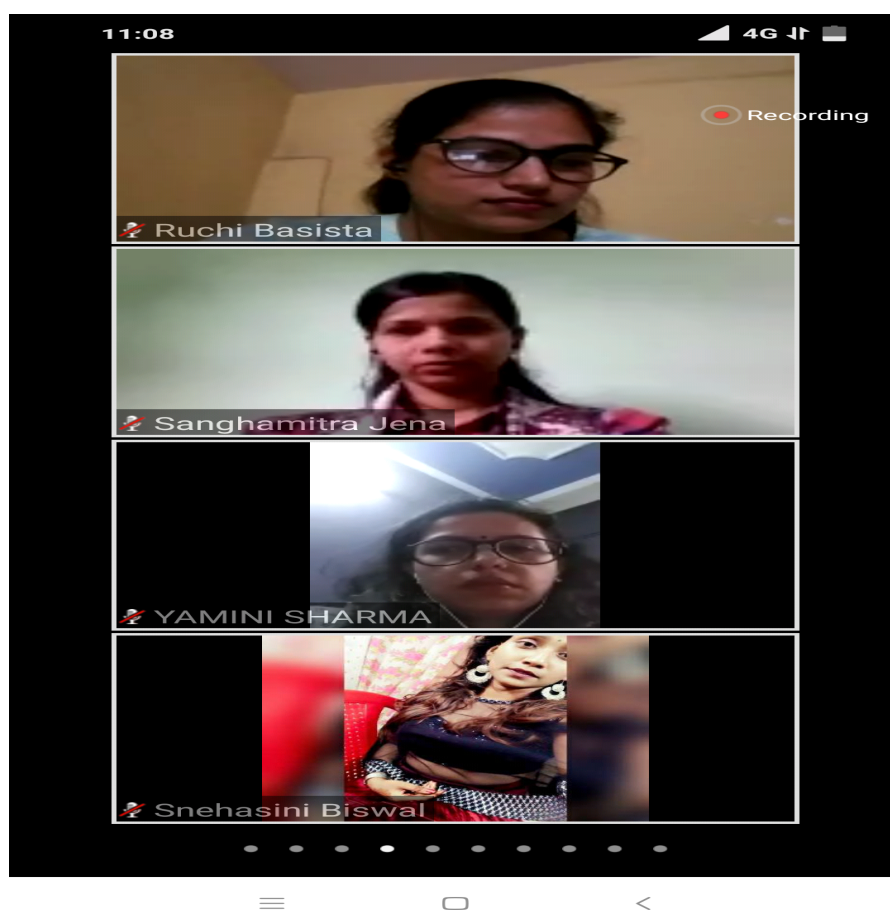
Dr. YASH PRATAP  
[yash.pratap@galgotiasuniversity.edu.in](mailto:yash.pratap@galgotiasuniversity.edu.in)  
Dr. SAJJAD ALAM  
[sajjad.alam@galgotiasuniversity.edu.in](mailto:sajjad.alam@galgotiasuniversity.edu.in)

##### ORGANISING COMMITTEE

DEPARTMENT OF  
PHYSIOTHERAPY SMAS,  
Galgotias University.

## Webinar on Manual Therapy Simplified – 2020

- School of Medical & Allied Health Sciences (SMAS), Galgotias University organized a webinar entitled ' **Manual Therapy Simplified** ' on May 25, 2020. The webinar started at 4:30 pm.
- Prof. Dr. P.K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed both the guests of the day.
- With a special appearance in the webinar our Chief guest, Mr. Dhruv Galgotias, CEO of Galgotias University Overwhelmed the session.
- Dr. Sohrab Sharma (PT), CEO Arts of Manipulation. He discussed manual therapy in detail & the use of manual therapy in back pain patients. He has explained very well about classification of low back pain. All the information provided by him will be very useful for our students in their clinical assessment and management which are basic key skills for a physiotherapist.
- The students enjoyed and learned many important aspects of manipulation techniques.
- There was an interactive session by the participants and the students with the guest speaker on the classification of back pain & mobilization techniques.
- The session ended with a heartfelt vote of thanks by Dr. Priya Mahto to the guest's speakers, the expert panel lists and the participants.



Zoom Meeting

Participants: Amit Chaturv..., Kajal Singh, Rakhi Shrivastava, Garima, Alphonsa

Recording... LIVE on YouTube

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End

01:05 PM 23-05-2020



## **Webinar on Fundamentals of Research Question a Physiotherapist Perspective - 2020**

- School of Medical & Allied Health Sciences (SMAS), Galgotias University organized a webinar entitled “**International Yoga Day**” on June 20, 2020. The webinar started at 11 am.
- Prof. Dr. P.K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed both the guests of the day. With a special appearance in the webinar our Chief guest, Mr. Dhruv Galgotias, CEO of Galgotias University Overwhelmed the session.
- Dr Mohammad Siddiq (dept. rehab medicine ministry of defense, President founder ICRA, Research Coordinator NAAFH, International Peer Reviewer, Advisor to Mendeley & Elsevier’s UK). The session is started with a foundational structure of research work described by our speaker, as session proceeds sir give various perceptives about qualitative & quantitative aspect of research along with the role of Research Questions in forming a hypothesis, basic outlines of objectives, methodologies & other general discussion over-designing the ethically-based research articles. The session ended up with question answers round at 12:30 pm. With the kind gesture and thanking the speakers to take out their time to address the students of the department, Dr Mangalam Kumari delivered the closure frame of the webinar.



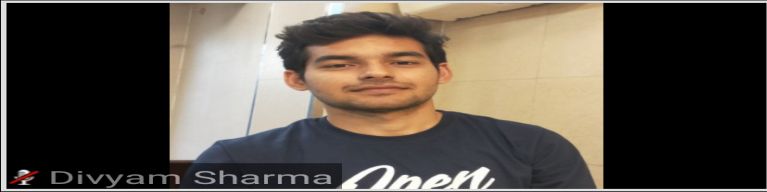
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4G



 Pramod Sharma

 Recording



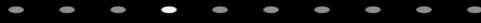
 Divyam Sharma



 AMBREEN FATIMA



 Sanghamitra Jena





### **Webinar on INTERNATIONAL YOGA DAY – 2020**

- School of Medical & Allied Health Sciences (SMAS) , Galgotias University organized a webinar entitled ”**International Yoga Day**” on June 20, 2020. The webinar started at 12 pm.
- Prof. Dr. P.K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed both the guests of the day.
- With a special appearance in the webinar our Chief guest, Mr. Dhruv Galgotias, CEO of Galgotias University Overwhelmed the session.
- Mr. Prabhdeep Singh, former Auditor with KPMG, faculty with Art of Living. Topic- "Importance of Yoga". He has actively taught Youth special Art of Living. the importance of wellbeing and Yoga for a healthy lifestyle. The session went smoothly with the entitled subtopics, ended up at 1:45pm.
- Dr. Priya Matho invited the next speaker to share their valuable knowledge and information with the students, **Ms. Parul Baghel** Topic: - "Yoga Assanas".
- Which was very practical and informative for the audience.
- She shared the basic origin of Yoga asanas and how it can be treated various diagnostic problems and session ended up question answers round at 2:15 pm.
- With the kind gesture and thanking the speakers to take out their time to address the students of the department. Rabab Kaur delivered the closure frame of the webinar.

## Mr. Prabhdeep Singh



### **Mr. Prabhdeep Singh**

E-mail: [prabhdeep.singh9191@gmail.com](mailto:prabhdeep.singh9191@gmail.com)

Mr. Prabhdeep Singh is a former Auditor with KPMG and is currently self-employed. Prabhdeep is a faculty with Art of Living on a voluntary basis.

Mr. Prabhdeep graduated from Sri Guru Gobind Singh College of Commerce, University of Delhi. Academically, for a long period, he was an average student but just after doing the youth workshop of Art of Living -YES!+, found a drastic change. This workshop helped him improve his communication skills, confidence, leadership skills and management skills etc.

He has actively taught Youth special Art of Living programs in Delhi and some parts of Haryana and helped youth to overcome the menace of Drugs and alcohol addiction.

Besides this he has conducted Prisoners special Happiness Program in Tihar Jail and taught meditation in various rural areas and helped people improve their state of mind overall quality of living.

# Ms. Parul Baghel



**Ms. Parul Baghel**

E-mail: [baghelparul703@gmail.com](mailto:baghelparul703@gmail.com)

**Professional Qualification:**

- Post graduate diploma in yoga from Lakshmibai National Institute Of Physical Education (L.N.I.P.E), Gwalior (M.P)
- M.A in yoga from from Lakshmibai National Institute Of Physical Education (L.N.I.P.E), Gwalior (M.P)

**Experience**

- Worked at Adhyatm Sadhana Kendra (naturopathy center) New Delhi .
- Currently working as Assistant Professor in Sanskriti University, Mathura

**Area Of Specialization:**

- Yoga therapy
- Naturopathy treatment

**Technical skills:**

- Proficient in Yoga asanas, pranayam, mudras bandha, meditation

## Webinar on Common Surgical Problem & Weight Loss Management- LAPAROSCOPICALLY – 2020

- School of Medical & Allied Health Sciences (SMAS), Galgotias University organized a webinar entitled & Common Surgical Problem & Weight Loss Management- LAPAROSCOPICALLY on September 26, 2020. The webinar started at 3 pm .
- Prof. Dr. P.K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed the guest for the day and overwhelmed the session.
- Dr. Sanjay Verma, Additional Director, Minimal Access Bariatric & GI Surgery, Fortis Escorts Hospital, Okhla, New Delhi. He has expertise in the field of hepatobiliary, Cholecystectomy, Pancreatic surgeries and Hernia surgeries.
- Dr. Priya Mahto invited the speaker to share their valuable knowledge and information with the students. Dr. Verma started the session with the introductory anatomy of the GI system, the issues faced by the general population due to weight gain and the need for surgical intervention.
- The session was moderated by Dr. Vikas Sharma.
- Dr. Sanjay highlighted the types of bariatric surgeries that are performed and the updated Laparoscopically procedure of Bariatric surgery. Also providing the importance of Physiotherapy management after the surgical procedure.
- There was an interactive session by the participants and the students with the guest speaker on the common types of surgeries for obese population. And the different physiotherapy management techniques that can be incorporated post-surgery. The session ended with a heartfelt vote of thanks to the guest & speaker, key attendees, the moderator and the participants.



3:21



Close

## Participants (23)

Search

	Dr. Himanshu Koshle (me)			>
	Dr. Rituraj Verma (Host)			>
	Sajjad Alam			>
	(AYC) Harsh Garg			>
	Aayushi Shrivastava			>
	Dr. Megha			>
	Dr. Taruna Verma			>
	Drishti Pachauri			>
	Mansi			>
	Mr. Pramod Kumar Sahu			>
	PIYUSH ANAND			>
	Radha Mittal			>
	Sanghamitra Jena			>
	Shahryar's iPhone			>

Invite

## Webinar on Nutritional Requirement for College Going Girls – 2020

- School of Medical & Allied Health Sciences (SMAS), Galgotias University Physiotherapy Department, organized a webinar entitled “**Nutritional Requirement for College Going Girls**” on Oct 23, 2020. The webinar started at 4:00 pm.
- Prof. Dr. P.K Sharma, Dean, SMAS and Dr. Rituraj Verma, Program Chair, Physiotherapy Department, SMAS welcomed the guest for the day.
- Dr. Taruna Verma invited the guest speaker **Dr. Archana Gupta**, Clinical Nutritionist and Wellness Expert (expertise in Diabetes PCOD Weight Management) She discussed the basic requirements of nutrition in humans for growth and development specially in girls at every stage of life. All the information provided by her will be very useful for our students in their life.
- The students enjoyed and learned many important things about nutrition, balanced diet, its necessity, the RDA values and the related deficiency diseases.
- There was an interactive session by the participants and the students with the guest speaker.
- The session ended with a heartfelt vote of thanks by Dr. Priya Mahto to the guest’s speakers, the expert panelists and the participants.

Recording... You are viewing Preeten Yekula's screen View Options 00:25:21 View

### Serum Albumin

**Method** : Bromocresol green

**Principle** : Albumin binds with BCG at 4.1pH and forms green coloured complex which is measured at 640 nm

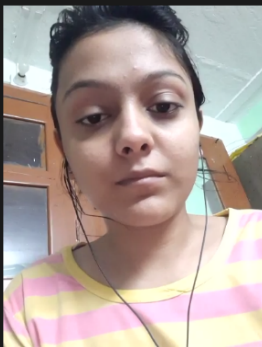
**Normal range** : 3.3 - 4.8 g/dL

**Application in Auto analyzers**

Reaction	: End point
Wave length	: 640nm (Red Filter)
Flow cell Temp	: 30 degree Celsius
Incubation	:
Sample Volume	:
Reagent Volume	:
Standard Conc	:
Zero Setting	:

DrYekula@Gurukulam Paramedical College, Noida, Uttar Pradesh - 201308

Remove Pin



Muskan Jain

Unmute Start Video Participants 30 Chat Share Screen Pause/Stop Recording Reactions Leave

## **BMD Health Camp -2021**

- The “BMD camp” was organized by the Department of Paramedical and Allied Health Sciences, SMAS, in collaboration with Aeobury Healthcare Pvt. Ltd. On 19/07/2021 at Galgotias University campus, Block- C.
- The program was followed by welcoming VC madam on the precious occasion by Dr. Rajeev Singal and Dr. Nidhi Singal.
- Event was started with the motivational words of honorable Vice-Chancellor Ms Preeti Bajaj. She motivated everyone to actively participate in the camp and organize many more camp in future. She emphasized on interdisciplinary research to be recognized worldwide, and she has also explained it's importance in the medical field. Dr. Rajeev Singal introduced about BMD camp. He has given us a brief idea about BMD.
- Dr. Nidhi Singal was also cooperative to all the team over there.
- Prof. P. K Sharma PVC and Dean of School of Medical and Allied Health Sciences, and Dr. Avadhesh, PVC and Dean Planning has also given their auspicious presence in the camp
- They wished for the success of the camp. All Faculties of division of Physiotherapy have given their contribution for the success of the event. More than 150 in campus faculties has got their BMD test done and free medicines were given to the needed patients. In the end,
- Dr. Rajeev Singhal offered a vote of thanks to all team members including Vice Chancellor, Galgotias University. He thanked all the faculties and dean of SMAS for gracing the occasion by their solemn presence. He also thanked the University for providing all kind of facilities to conduct such camp in the center.
- A procession was held throughout the campus by the students talking about heart day and the importance of keeping it healthy.
- At the end of the day certificates were distributed to all the students and staff who participated in the events.







## World Physiotherapy Day Celebration – 2021

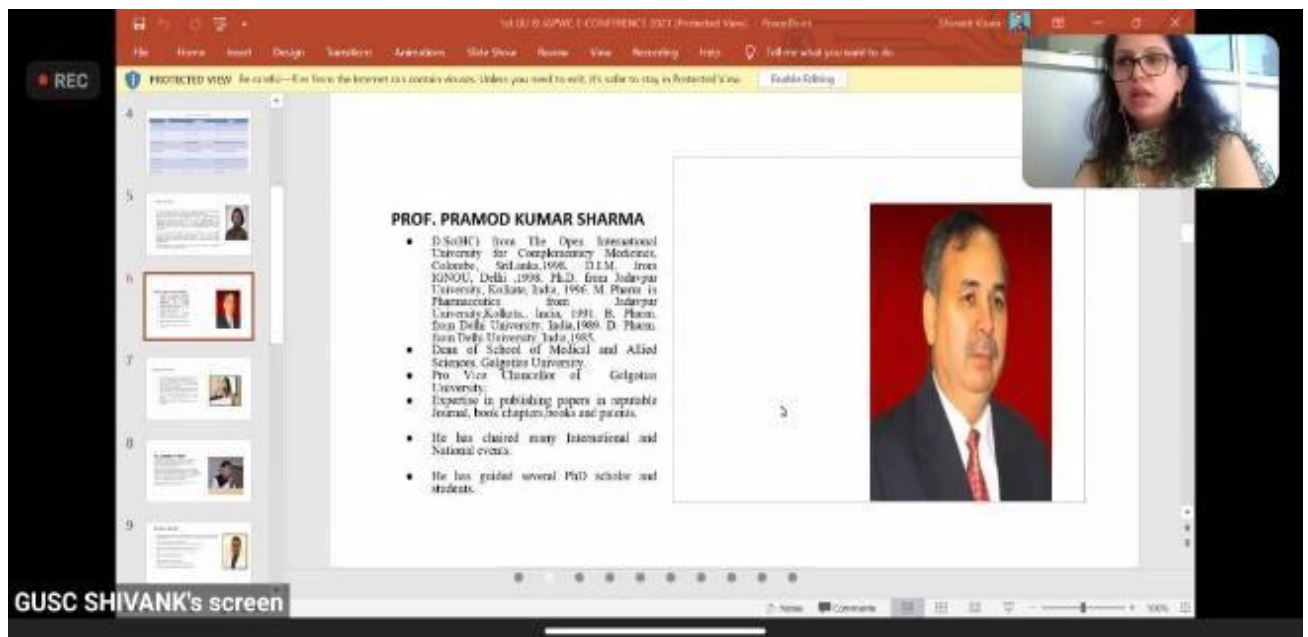
- The “WORLD PHYSIOTHERAPY DAY” was organized by the Department of Paramedical and Allied Health Sciences, SMAS, On 08/09/2021 at Galgotias University campus, Block- C.
- Inauguration of the event was done by honorable Vice Chancellor Madam-Dr. Preeti Bajaj Ma’am, Dr. Avadesh Kumar-Pro VC and Dr. P.K. Sharma- Pro VC & Dean SMAS by lightening diya.
- After which Ganesh Vandana was performed by Rakhi, student from 3<sup>rd</sup> year
- Respected VC Ma’am shared her thoughts about the role of physiotherapy in modern day era. Ma’am emphasized that physiotherapy is one of the best program currently running in Galgotias University. We have one of the latest modalities and equipments in our Physiotherapy OPD
- Dr Avadesh shared his thoughts regarding combining Physiotherapy and Yoga to enhance holistic treatment of patients. Sir shared his personal experience of getting treated for Frozen Shoulder with help of physiotherapy. Sir promised for any financial help if required by the department.
- All the other respected dignitaries such as Dr. P K Sharma and Dr. Rajiv shared their thoughts regarding Physiotherapy and motivated students and faculty members.
- Cultural events were performed by students and faculty members.
- Dr. Megha Yadav delivered a talk on “Workplace Ergonomics” where effects of COVID in longer term were shared. Ma’am explained how community has now started to work on desktops for longer duration of time and what possible health issues are arising from desktop work. Hands on demonstration of workplace exercises and stretches were also provided to students and faculty members.
- Best performers from faculty members were also recognized and certificate of appreciation was awarded to them.





## CONFERENCE ON DEVELOPMENTS AND OBSTACLES IN RECENT DECADES IN THE FIELD OF PHYSIOTHERAPY - 2021

- The “CONFERENCE ON DEVELOPMENTS AND OBSTACLES IN RECENT DECADES IN THE FIELD OF PHYSIOTHERAPY” was organized by the Department of Paramedical and Allied Health Sciences, SMAS, in collaboration with IAP Women Cell on 22/10/2021- 23/10/2021 from 10:00am to 3:30pm on Zoom Platform.
- Physiotherapy is an emerging filed in the healthcare system plays vital role in prevention, cure & diagnose severe conditions. There are certain obstacles & development in the field of physiotherapy with role of tele-rehabilitation, video consultation, assistive technologies, devices for neuro flexion like FES and its outcome over month etc.
- A holistic mode of managing musculoskeletal system, science of symptoms, incorrect treating plans, ways to inhibit overacting muscles, effects of kidney ptosis. the dependency of the world on technologies during pandemic, emergence of virtual mode of physio-therapeutic consultation, overcoming challenges arising during the virtual session faced by the patients.
- The healthcare sector is expanding day by day with the expansion of medical condition & physios plays an important part in daily life modification & quality life assurance. Both technology & human interactions are needed to deal with chronic illness now a days.





2:49 PM

REC

**SPORTS AUTHORITY OF INDIA**

Designation	Remuneration
Exercise Physiologist (Grade III)	80,000/- to 1,00,000/-

Exercise Physiologist (Grade II)	60,000/- to 80,000/-
Exercise Physiologist (Grade I)	40,000/- to 60,000/-

Annual increment of 10% (maximum) may be considered subject to satisfactory performance.

REC

## BRANCHES OF PHYSIOTHERAPY

**Conventional Job Profiles**

- Consultant Physiotherapist in Multi-specialty Hospitals, Health Care Centres, NGOs
- Private Practitioners running Private Physiotherapy Practice
- Physiotherapist in Special Schools for Physically Challenged Children
- Physiotherapist in Old Age Residential Homes
- Community home care Physiotherapist
- Entrepreneurs in Rehabilitation Centers/ Organizations

**New Era Job Profiles**

- Academics
- Sports Physiotherapists along with Sports Associations, Sports Team, individually hired physiotherapists by elite athletes
- Clinical Researcher
- Sports Physio-Rehabilitator
- Corporate Physiotherapist in MNCs
- Health Care Physiotherapy Instructor in Modern Gymnasiums
- Ergonomics Care Advisor
- Veterinary Physiotherapy
- Mental health Prac

Physiotherapy

444 284 8045's screen

## Event Report

<b>Title of Activity*</b>	Research and Innovations in Paramedical and Allied Health Sciences
<b>Organized by (School/Centre Name) *</b>	Department of Paramedical and Allied Health Sciences and URD Galgotias University
<b>Program Theme*</b>	FDP
<b>Date*</b>	22 <sup>nd</sup> Nov 2021 to 26 <sup>th</sup> Nov 2021
<b>Time*</b>	5-9 pm
<b>Poster*</b>	
<b>YouTube/Facebook Link: (if live steamed or video posted on FB/YT)</b>	<a href="https://www.facebook.com/229022860490339/posts/4613809212011660/">https://www.facebook.com/229022860490339/posts/4613809212011660/</a>
<b>Social media link (promoting in any one Facebook/Instagram/ Twitter is mandatory)</b>	<a href="https://www.instagram.com/p/CWVdKIpPNrI/?utm_medium=copy_link">https://www.instagram.com/p/CWVdKIpPNrI/?utm_medium=copy_link</a> <a href="https://twitter.com/GalgotiasUni/status/1460572299866697731?t=jM5_jcaV4T0-cYj_gA&amp;s=19">https://twitter.com/GalgotiasUni/status/1460572299866697731?t=jM5_jcaV4T0-cYj_gA&amp;s=19</a>
<b>No. of Students* (only no. to be written, list in excel or word should be maintained at department level as proof for any further requirement)</b>	1
<b>No. of Faculty* (only no. to be written, list in</b>	1

excel or word should be maintained at department level as proof for any further requirement)

**No. of External Participants (students+faculty) [write NA if not applicable]**

5

**Photograph-1\***

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide titled "How many of you have taken up a research project?". The slide content includes:

- Why take a research project?
  - Self motivation: dissemination
  - As requirement
- Points to be aware of :
  - Never grab an idea from others, do what you are interested?
  - Take help from a mentor
  - Present your idea
  - Get it reviewed
  - Apply for grants
  - Plagiarism

On the right side of the screen, there is a video feed of a participant named Dr. Sheetal Harakuni. The Zoom toolbar at the bottom shows various controls like Mute, Start Video, Security, Participants, Share Screen, Chat, Pause/Stop Recording, Raise Hand, and End. The top of the screen shows the browser address bar with the URL "us06web.zoom.us/jc/84758011890/start".

Below the main window, there is another screenshot of the Zoom meeting interface. This one shows a list of participants at the top, including Galgotias University, SMAS\_Vikas Shrivastava, Anamika Chawadi, and SMAS\_Nirajan Kumar OPT. The main area displays a message: "Dharmendra Gopal entered the waiting room" with an "Admit" button. Below that, a message states: "Galgotias University is currently host. Reclaiming host may disrupt breakout rooms, polls, and screen share." with "Stay Co-Host" and "Reclaim Host" buttons. The name "Kalpana Zutshi" is prominently displayed in the center. The bottom toolbar shows "Mute", "Start Video", "Security", "Participants", "New Share", and a notification that "us06web.zoom.us is sharing a window." with "Stop sharing" and "Hide" buttons. The "Leave" button is also visible.



**WE ARE HONORED BY YOUR PRESENCE AS A**  
**DISTINGUISHED SPEAKER**  
**AT**  
**FACULTY DEVELOPMENT PROGRAM**  
**ON**  
**"RESEARCH AND INNOVATIONS IN PARAMEDICAL AND ALLIED HEALTH SCIENCES"**  
**22ND-26th NOVEMBER, 2021**

**DR. KAIPANA ZUTSHI**  
**Associate Professor**  
**Dept. of Rehab Sciences,**  
**Jamia Hamdard**  
**University, New Delhi**

Department of Paramedical and Allied Health Sciences.  
 School of Medical and Allied Health Sciences.  
 Galgotias university

**DEPARTMENT OF PARAMEDICAL AND ALLIED HEALTH SCIENCES. SCHOOL OF MEDICAL AND ALLIED SCIENCES. GALGOTIAS UNIVERSITY**

us06web.zoom.us is sharing a window. [Stop sharing](#) [Hide](#)

FDP on Research and Innovations

us06web.zoom.us/jc/84758011890/start

Apps LMS proposals research proposal Gmail Online Notes NCBI Sci-Hub WA Google Scholar AI NCBI passport

REC

You are viewing YSA's screen. [View Options](#)

# Research Writing & Tools

(Taking Case Studies of Biomedical & Public Health)

VIJANTH SAGAYAN ASIRVADAM  
 UNIVERSITI TEKNOLOGI PETRONAS  
 23<sup>RD</sup> NOVEMBER 2021

**GALGOTIAS UNIVERSITY**  
 Presents  
**ONLINE ONE WEEK FACULTY DEVELOPMENT PROGRAM (FDP)**

EE 2021  
 INFERENCE  
 IMAGE  
 CATIONS  
 YSA

Unmute Start Video Security Participants Share Screen Chat Pause/Stop Recording Raise Hand More

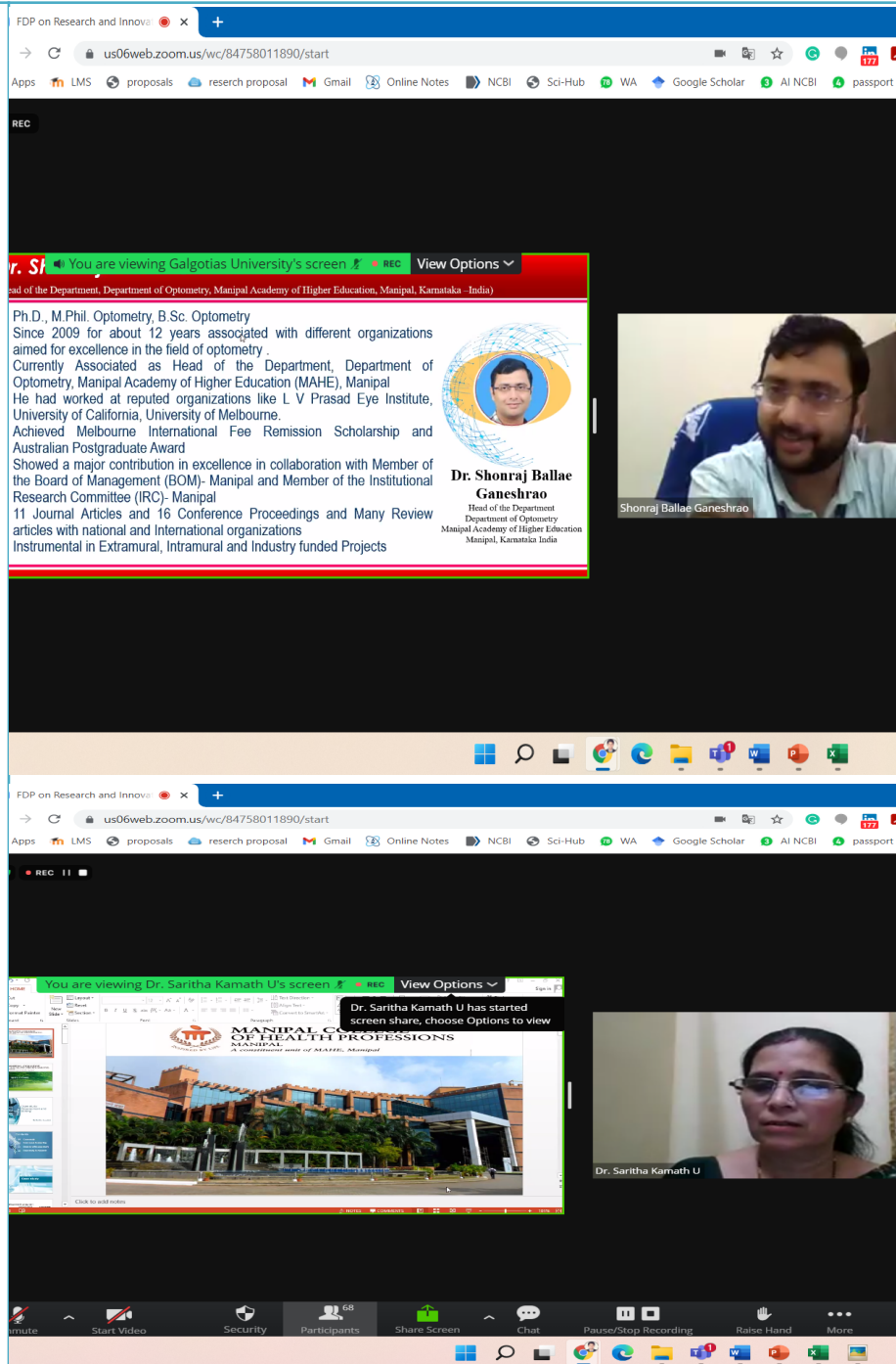
**WE ARE HONORED BY YOUR PRESENCE AS A**  
**DISTINGUISHED SPEAKER**  
**AT**  
**FACULTY DEVELOPMENT PROGRAM**  
**ON**  
**"RESEARCH AND INNOVATIONS IN PARAMEDICAL AND ALLIED HEALTH SCIENCES"**  
**22ND-26th NOVEMBER, 2021**

**Dr Vijanth Sagayan Asirvadam**  
**Associate Professor**  
**UTP, Perak Darul Ridzuan**  
**Malaysia**

DEPARTMENT OF PARAMEDICAL AND ALLIED HEALTH SCIENCES  
 SCHOOL OF MEDICAL AND ALLIED SCIENCES  
 GALGOTIAS UNIVERSITY

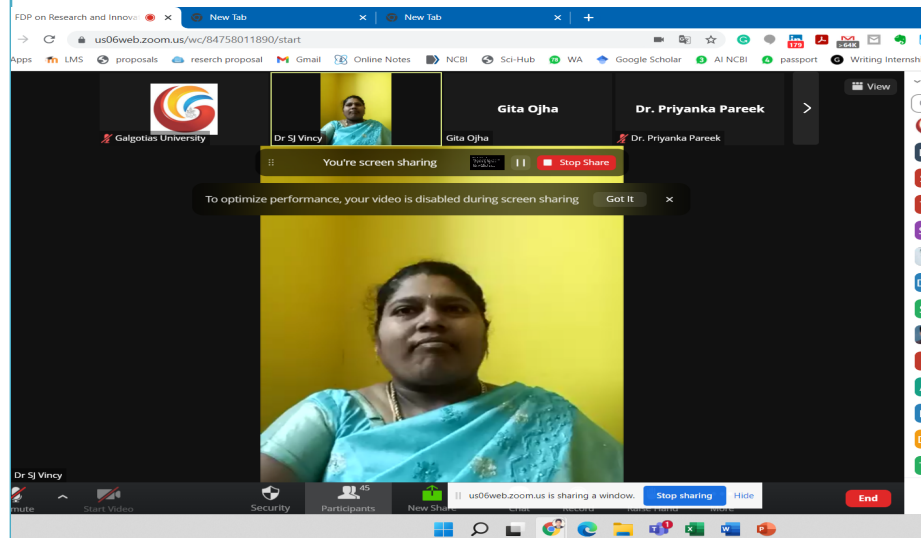
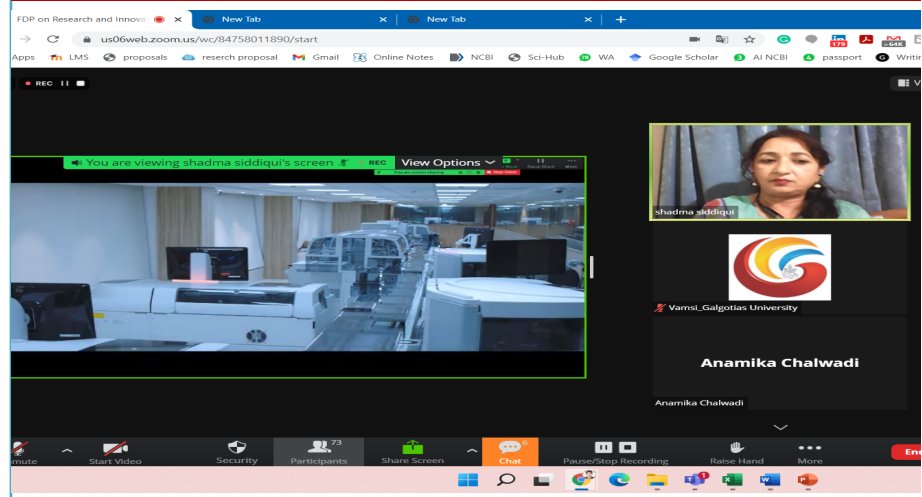
**DEPARTMENT OF PARAMEDICAL AND ALLIED HEALTH SCIENCES. SCHOOL OF MEDICAL AND ALLIED SCIENCES. GALGOTIAS UNIVERSITY**


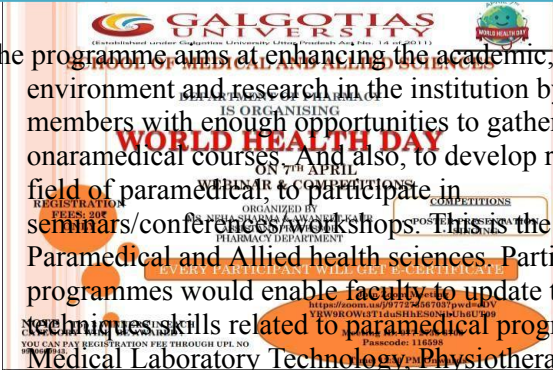




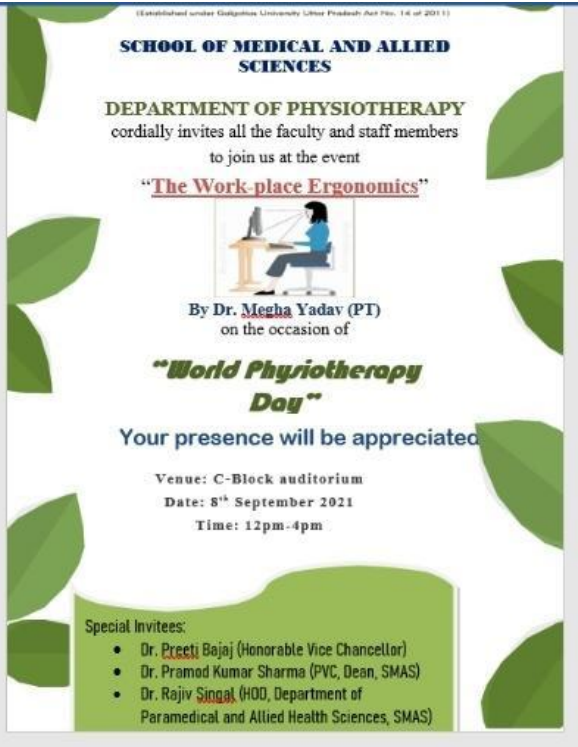
(Geotag) Photograph-2





	
<p><b>Description (min 250 to max 800 words) *</b></p>	 <p>The programme aims at enhancing the academic, intellectual environment and research in the institution by providing faculty members with enough opportunities to gather knowledge on paramedical courses. And also, to develop research skills in field of paramedical, to participate in seminars/conferences/workshops. This is the first FDP to relate Paramedical and Allied health sciences. Participation in such programmes would enable faculty to update their research, current techniques/skills related to paramedical programmes such as Medical Laboratory Technology, Physiotherapy, Optometry, Cardiovascular technology and other programs</p> <p><b>Objective of FDP:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> To Understand the importance of Research &amp; innovations in the Paramedical Programmes</li> <li><input type="checkbox"/> To provide an opportunity to the teachers to publish research papers, patents and share knowledge and ideas.</li> <li><input type="checkbox"/> To understand the role of robotics in medical diagnosis and treatment</li> <li><input type="checkbox"/> To understand the areas to improve technological advancements in paramedical sciences..</li> <li><input type="checkbox"/> To understand general concepts of Research, how to write a research and guidance for publication..</li> <li><input type="checkbox"/> To understand the need of AI and its application in the medical field</li> <li><input type="checkbox"/> How we can improve patient care by making intelligent clinical decisions based on research findings.</li> </ul>
<p><b>Attendance Sheet*</b></p> <p><b>Report Submitted by (write faculty coordinator name)</b></p>	<p>Attached at the end of Report</p> <p>Jal Arora</p>



<b>Title of Activity*</b>	<b><i>“World Physiotherapy Day Celebration”</i></b>
<b>Organized by (School/Centre Name)*</b>	SMAS, Department of Physiotherapy
<b>Program Theme*</b>	Physiotherapy Day Celebrations
<b>Date*</b>	8 <sup>th</sup> September 2021, Wednesday
<b>Time*</b>	12:00 PM-04:00 PM
<b>Poster*</b>	
<b>YouTube/Facebook Link: (if live streamed or video posted on FB/YT)</b>	NA

<b>Social media link</b> ( <i>promoting in any one Facebook/Instagram/ Twitter/ MS Teams is mandatory</i> )	<p>You're invited to a Teams meeting!</p> <p>World Physiotherapy day</p> <p><a href="https://teams.microsoft.com/l/meetup-join/19%208vFT5d9FPccscKTQT3FCn8UJTVVSSa7mn%20toVHx1ssk1%40thread.tacv2/1631077028510?context=%7b%22Tid%22%3a%22d988180a-47c-497e-b3d8-ee0146495fcb%22%2c%22Oid%22%3a%22b35a4f91-1e47-4ae6-bf76-343fc78d5862%22%7d">https://teams.microsoft.com/l/meetup-join/19%208vFT5d9FPccscKTQT3FCn8UJTVVSSa7mn%20toVHx1ssk1%40thread.tacv2/1631077028510?context=%7b%22Tid%22%3a%22d988180a-47c-497e-b3d8-ee0146495fcb%22%2c%22Oid%22%3a%22b35a4f91-1e47-4ae6-bf76-343fc78d5862%22%7d</a></p>
<b>No. of Students*</b> ( <i>only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement</i> )	200
<b>No. of Faculty*</b> ( <i>only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement</i> )	30 Faculty
<b>No. of External Participants (students+faculty)</b> <i>[write NA if not applicable]</i>	NA

(Geotag) Photograph-1\*



**(Geotag) Photograph-2**





<p><b>Description (min 250 to max 800 words)*</b></p>	<ul style="list-style-type: none"> <li>● Inauguration of the event was done by honorable Vice Chancellor Madam-Dr. Preeti Bajaj Ma'am, Dr. Avadesh Kumar-Pro VC and Dr. P.K. Sharma- Pro VC &amp; Dean SMAS by lightening diya</li> <li>● After which Ganesh Vandana was performed by Rakhi, student from 3<sup>rd</sup> year</li> <li>● Respected VC Ma'am shared her thoughts about the role of physiotherapy in modern day era. Ma'am emphasized that physiotherapy is one of the best program currently running in Galgotias University. We have one of the latest modalities and equipments in our Physiotherapy OPD</li> <li>● Dr Avadesh shared his thoughts regarding combining Physiotherapy and Yoga to enhance holistic treatment of patients. Sir shared his personal experience of getting treated for Frozen Shoulder with help of physiotherapy. Sir promised for any financial help if required by the department</li> <li>● All the other respected dignitaries such as Dr. P K Sharma and Dr. Rajiv shared their thoughts regarding Physiotherapy and motivated students and faculty members.</li> <li>● Cultural events were performed by students and faculty members.</li> <li>● Dr. Megha Yadav delivered a talk on "Workplace Ergonomics" where effects of COVID in longer term were shared. Ma'am explained how community has now started to work on desktops for longer duration of time and what possible health issues are arising from desktop work. Hands on demonstration of workplace exercises and stretches were also provided to students and faculty members</li> <li>● Best performers from faculty members were also recognized and certificate of appreciation was awarded to them.</li> </ul>
<p><b>Attendance Sheet*</b></p>	<p>Attached at the end of Report</p>

**Report Submitted by** *(write faculty coordinator name)*

Dr. Vikas Sharma (Assistant Professor)

Name	Semester	Section	Enrollment Number
Ritika Singh	3	1	20SMAS1010048
Ravi kumar	5	1	19SMAS1010162
MD Taufique umar	5th	1	19SMAS1010123
Saurabh Raj	5	2	19smas1010003
Mansi singh	7	1	18021010718
Sandhya Sharma	5	2	19021010132
ARPIT TIWARI	Sem-3	1	20SMAS1010070
Vandana Sharma	3rd	B	20smas1010120
Priya Rani	5	1	19021010117
NANDANI RAJ	Sem-V	Sec-2	19021010116
Mohammad hammad khan	5th	2nd	19SMAS1010008
Shaheen khan	3rd	Sec-2	20smas1010022
Swati Chaudhary	3rd	2	20SMAS1010033
Sambhavi Yadav	Semester-5	Section-2	19SMAS1010075
Ritik Sharma	5	B	19SMAS1010154
Umesh saini	5	2nd	19smas1010203
Puja	5th	1	19smas1010136
Vanisha jain	7th	2nd	187313531
Muskan Surana	5	3	19SMAS1010125
Anshika verma	Fifth	2	19SMAS1010120
Purnima Kumari	7th	1	18021010686
Shivank khare	7th	1	18021010758
PRIYANKA KUMARI	7th	1	18021010708
Md Raiyan alam khan	7th	1	18021010654
Chahina Sharma	7	1	18021010678
Divyam Sharma	5th	BPT - 1	19021010217
Mahreen bano	5th	Second	19SMAS1010176
Nitish kr Pandey	5th	3rd	19021010198
Anas Ahmad	7	3	18SMAS1010131
Km.Bhawna	5- sem	2	19SMAS1010168
Sanjali Thakur	V	2	19021010241
Reena Roy	3rd	1	20smas1010032
Tanisha Bhardwaj	7th	1	18021010621
Ritika	5	3	19021010224
Ayushi thapliyal	7th	Second	18021010721
Kanika Gupta	7th	2	18021010638
Saurabh Dwivedi	7	1	18021010059
Chhavi	5	3	19smas1010189
Sarwar Alam	VII	1	18SMAS1010105
Priya panda	Sem 5	3rd	19smas1010071
Mohini sharma	7	1	18021010062
Anurag Kanaujia	3	1	20smas1010051
TRISHA kumari	V	3	19021010104
Ritu sinha	7	2	1801010065
PRASHANT SHUKLA	3rd	1	20smas1010025
Taruna singh	5	1	19021010096
Gulfam ahmad	7	3	18021010699

Payal chaudhary	5	3	19021010065
Sonam Satti	3	2	201011133
Aditi Sharma	3rd	2	20smas1010122
RAHUL ANAND	3rd	Sec 1	20SMAS1010003
Akanksha kumari	7th	A	18021010705
Prerna Varshney	7	1	18021010745
Anmol	7th	1	18SMAS1010115
Sulaiman Abubakar	7	1	18021012087
Aditi Gautam	5th	1	19021010105
Jashandeep Singh	8	2	1.80201E+11
Anju Rani	5th	1	19SMAS1010063
Ananya Rai	5	1	19021010095
Muskan Tiwari	7	1	18smas1010002
Abhinav Aryan	VII	1	18SMAS1010037
Fatimah Ibrahim Goni	7	1	18SMAS1010159
Somya singh	5	1	1
Bince Biju	7	2	18021010060
Priyanka verma	7	2	18021010697
Sharad Chandra awasthi	3rd	2	20smas1010101
KAMAL UPADHYAY	Vii	1	18021010065
Atul Kumar Rai	7th	1st	18SMAS1010019
Kanchan singh	3	2	20smas1010109
Karan singh	7	1	18SMAS1010020
Priti Kumari	7th	2	18SMAS1010040
Ritu Tomar	7th	2nd	18021010679
Shuaib Akhtar	5	1	19SMAS1010078
AMAN KUMAR	5th	1	19021010151
Kunana khan	7	3	18021010755
Hisham khan	7th	2	18021010716
AGIL AJITH	7	2	18021010632
Anuradha Swamy	5	1	19SMAS1010046
ABHISAR SHUKLA	3rd	1	20SMAS1010049
Aayushi Shrivastava	5th	1st	19SMAS1010069
Nikki	7th	2nd	18021010693
Smita kumari	7 th	1	18021010726
Ayush Singh	5	1	1902101070
Radha Rani	7	2	1.8021E+11
Priyanka sharma	5th	2	1902101006
Sanjay D Sharma	7	3	18021012038
Sakshi jaiswal	7	2	18021010652
Ravi Ranjan	3rd	1	20SMAS1010005
Apeksha gaur	3rd	A	20SMAS1010057
Rupakshi Tyagi	3rd	1	20smas1010037
Dishu Singhal	3	1	20smas1010001
Sakshi joshi	7	2	18SMAS1010162
Somya tiwari	7	2	18021010054
Md Moazzam Raza	3rd	A	20SMAS1010063
RASHMI CHAUHAN	VII	2	18SMAS1010071
Chanvi Rajput	5	2	19SMAS1010052
	3rd		
Karuna Sahu	Semester	Section-1	20SMAS1010095
Mohd Tasarruf	7	2	18021010734
Nisha jaiswal	3rd	1	20SMAS101006
Nameera Khan	7th	2	18021010715
Nurjahan Begum	3rd	1	20SMAS1010098

Ritika madaan	7th	2	18021010692
Vartika Gupta	3	1	20SMAS1010043
Preeti kumari	3rd	1	20smas1010094
Shivika Agarwal	5th	Sec-2	19021010129
Snehi	3rd	1	20smas1010069
Shashilata prajapati	7th	2	18021010644
Kalpana	3rd	1st	20SMAS1010082
Abhavya Dixit	III	1	20SMAS1010065
CHHAVI CHAUHAN	3	1	20SMAS1010075
Himanshi	7	2	18021010634
Sneha	3rd	1	20smas1010071
Md.Tonmoy	3	1	20smas1010008
Pallavi Singh	7th	2	18SMAS1010016
Mansi chauhan	7	3	18021010717
Pranjal Baranwal	Semester 3	Section 1	20Smas1010092
Farheen	7	2	18SMAS1010126
Aayushi raj	5	2nd	19021010239
Somiya Bhatnagar	3rd	1	20smas1010052
Pranjal Gupta	7	2	18SMAS1010132
Priya Yadav	VII	2	18SMAS1010077
Poonam Jha	7	2	18021010655
Sanjana	7	2	18SMAS1010102
Anupriya mishra	5	2	19021010149
Adarsh Kumar Yadav	VII	2	18SMAS1010084
Faraz ali	Sem 7	3	18021010747
Utsav kumar	3	1	20smas1010077
Aakash singh	5	1	19SMAS1010080
Prabal Singh Sood	6th	2	18021010687
Arun Saini	7	3	1821010713
Vaishnavi Verma	3rd	1	20SMAS1010099
Vidhi bhati	7	3	18smas1010013
Kriti Lodhi	7	2	18021010649
Aradhna Arzoo	7	A	18021010629
Shubham Kumari	7th	1st	18SMAS1010147
Tabrez ahmad	7	3	1821010688
Hammad	7	3rd	18021010648
ISRAR khan	7	3	18SMAS1010051
Rishu kumar singh	7	3	18SMAS1010135
Pushpanjali Sharma	5	3	19021010144
Aditi Sriwastva	7	3	18021010639
Muskaan Kumar	7	1	18021010681
Punit gupta	5	1	19SMAS1010030
Himadri sakat	3rd semester	Section 1	20SMAS1010096
Vishal upadhyay	Semester - 3	1	20SMAS1010062
Sumit Kumar	5	A	19smas1010092
Tadar judy	7	3	18021010677
Karan	5	2	19smas1010017
Mohd khalid	VII	3	18SMAS1010041
Shubham Bhati	7	2	18021010730
SHASHANK KUMAR	7th	3rd	18021010623
Sakshi	7	3	18021010735
Adnan Hakeem	3 sem	A	20smas1010100
Ibrat jahan	VII	3	18SMAS1010136
Anushka singhal	7th	3rd	18021010667
Richa Rathod	V	2nd	19SMAS1010174

Yamini upadhyay	7	3	18SMAS1010052
Aamir Reza	7	1	18021010753
Hrithika Nagar	3	1	20SMAS1010044
Wasim Ahmad	7th semester	3rd	18021010683
Divya	5	2	19smas1010111
Tsering Yangzom	5	1	1.9021E+11
Mohini Kumari	7	1	18021010688
Second section			
Manender tushir	5th	p3batch	19smas1010018
SHALINI singh	5	2	19SMAS1010019
Fakhruddin siddiqui	7th	3rd	18021010703
Shivangi Singh	7th	2nd	18021010698
Shivani kumari	5th	1st	19smas1010081
Nayeem khan	7	2	18010010633
Md Faisal ehsan	5	3	19SMAS1010149
Aniket kumar	5	3	19SMAS1010114
Shahswar	5	1	19021010118
Aarti	5th	3	19SMAS1010186

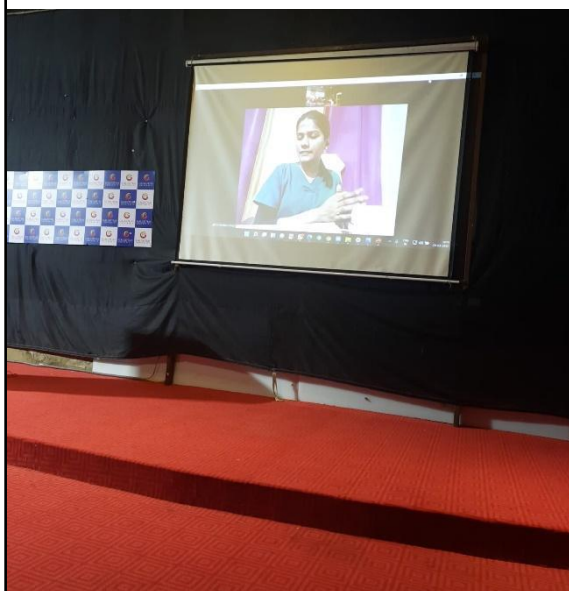
*Fields marked with '\*' are mandatory*

### Event Report

<b>Title of Activity*</b>	“PERIODPOSITIVE” (GLORIFY YOUR FLOW)
<b>Organized by (School/Centre Name)*</b>	SMAS, Department of Physiotherapy
<b>Program Theme*</b>	Expert Talk/Seminar
<b>Date*</b>	29 March 2022, Tuesday
<b>Time*</b>	12:00 pm- 3:00pm
<b>Poster*</b>	Yes
<b>YouTube/Facebook Link:</b> <i>(if live steamed or video posted on FB/YT)</i>	NA
<b>Social media link</b> <i>(promoting in any one Facebook/Instagram/ Twitter is mandatory)</i>	NA
<b>No. of Students*</b> <i>(only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)</i>	223
<b>No. of Faculty*</b> <i>(only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)</i>	5
<b>No. of External Participants (students+faculty)</b> <i>[write NA if not applicable]</i>	NA
<b>(Geotag) Photograph-1*</b>	



**(Geotag) Photograph-2**



**Description (min 250 to max 800 words)\***

A magnificent and memorable seminar/expert talk was organized by the Department of Physiotherapy on



“PERIODPOSITIVE: Glorify your Flow” on 29/03/2022 in C-block auditorium of Galgotias University. The program was commenced with the speech of Respected PVC and Dean, SMAS Prof. (Dr.) P.K. Sharma Sir. Further few valuable words were added by Prof. (Dr.) A.K. Jain, DSW and Dean SBAS.

Presentation on Menstrual Health and Hygiene was given by Dr. Rituraj Verma, HOD Department of Physiotherapy, SMAS. She has imparted the knowledge about the normal physiological changes during menstruation along with the myths related to it. Topic “Effect of exercise during menstruation” was enlightened by “Dr. Deeksha Singh (an expert of pelvic floor strengthening), in online mode through zoom link. {Meeting ID: 741 7164 8652, Passcode: BPT1234567}

To add further values to the event there was presentation by BPT final year students Ms. Prerna Varshney and Ms. Chahina Sharma. They made awareness about various other menstrual devices like Menstrual cups and tampons, which can be used during menstruation in a more hygienic and easily accessible way as compared to sanitary pads.

Event was successful as, few students from other than SMAS had took part in this, as this conference was the part of research study for BPT final year students to conduct RCT. During the event research students have randomly distributed the products to respective participants after screening general health.

The session was ended by Vote of thanks and words of appreciation by Dr Ritu Raj Verma, HOD Department of Physiotherapy for all the participants, guests, student coordinators & Research students

<b>Attendance Sheet*</b>	Attached at the end of Report
<b>Report Submitted by</b> ( <i>write faculty coordinator name</i> )	r. Rituraj Verma

*Fields marked with '\*' are mandatory*

Student's Name  
Arti Sharma

Contact No.  
999104513

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	735271899
IBRAT JAHAN	4
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Anushka Singhal	7
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Misba Ali	1
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Amisha Patel	0
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Muskan	1
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Rakhi	8
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Priyanka Sharma	3
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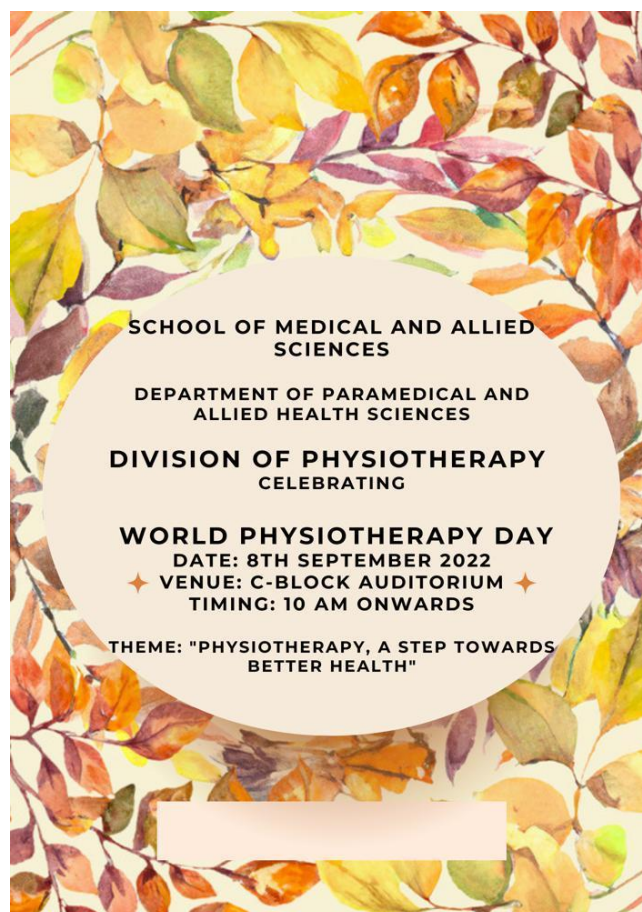
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## ***“WORLD PHYSIOTHERAPY DAY CELEBRATION”***

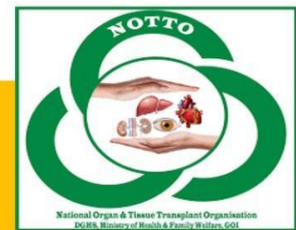
- Inauguration of the event was done by honorable Vice Chancellor Madam-Dr. Preeti Bajaj Ma'am and Dr. P.K. Sharma- Dean SMAS by lamp lightening
- Further program proceeded with prayer song by student sakshi kumari from 2<sup>nd</sup> year
- After that felicitation of honorable Vice Chancellor Madam-Dr. Preeti Bajaj Ma'am, Dean SMAS- Dr. P.K. Sharma, Chief guests – Dr. Manoj chaudhary and Dr. Pawan khatana and other respected dignitaries such as Mr. Yashwant (HOD, Dept. of paramedical and allied health sciences), Dr. Yash (PT) and Dr. Ritu Raj verma (PT) was being done.
- Honorable VC Ma'am shared her thoughts about the role of physiotherapy in modern day era. Ma'am encouraged students for the research and innovation in the field of physiotherapy.
- Cultural events were performed by students and faculty members.
- Best performers from faculty members were also recognized and certificate of appreciation was awarded to them.





### *Talk/Symposium on Organ Donation”*

- A Sensitization Program on Organ Donation & Transplant was organized by ORGAN India Galgotias University, on Tuesday **11th October 2022**. The session was aimed at disseminating knowledge on organ donation, law governing organ donation, brain death declaration and organ allocation process.
- The program was the outcome of ORGAN India’s collaboration with SMAS, PHYSIOTHERAPY DIVISION Galgotias University to carry out activities related to organ donation and transplant including awareness and sensitization programs for medical professionals.
- We would like to specially thank the event coordinator of BPT Division who appreciated the initiative by ORGAN India and encouraged all doctors to come forward for the cause. **Sunayana Singh**, CEO - ORGAN India, **Aprajita Verma**, COO - ORGAN India and **Dr. Sourabh Sharma**, Manager - Projects & Outreach who coordinated the entire event.



## TALK ON ORGAN DONATION

Date: 11<sup>th</sup> October 2022

Time: 12:00PM-1:00PM







